



FATHER LEONARD VAN TIGHEM SCHOOL
 25 Stoney Cres. W. Lethbridge, AB T1K 6V5
 www.flvt.ca
 Principal: Greg Kostiuik - Assoc. Principals: Patti Pilsner
 & Travis Magierowski

**HONEST
 ACCEPTING
 WISE
 KIND
 SPIRITUAL**

FLVT

MARCH 2020

Check out our
 BLOGS

Greg Kostiuik, Principal
<https://gregkostiuk.com>

DATES TO REMEMBER

MARCH 9— No school for students - Divisional P. D. Day

MARCH 16— No school for students - Spiritual Development Day

MARCH 26 — Parent/Teacher Interviews
 5—8 p.m.

**BADMINTON TRYOUTS
 STARTING MARCH 2nd**

Check our website for details:



This year our school's faith plan theme is *Beginning the Journey: Be mindful...Be prayerful...* This theme is part of our three-year faith plan entitled *Making Our Mark: Journey of an Intentional Disciple*. This school year, we have challenged each other to reflect on the purpose of our faith journey. Lent provides us with a great opportunity to discover how our actions and thoughts are intentional as we travel on our Lenten journey.

On Ash Wednesday, we started this Lenten journey, a period of 40 days that we set aside for prayer, fasting, and doing good things for others. In this way, we prepare for Easter, the greatest day in our faith, when we celebrate Jesus' rising from the dead. On Ash Wednesday, all over the world, Catholics received a cross of ashes on their foreheads. Wearing ashes was a sign of sorrow for sin. It was a public sign. It told our friends and neighbours that we know we are not perfect. We sometimes do what is wrong. We break the law of God. We hurt other people. We act with selfishness. During our Lenten journey, we tell God and each other that we are sorry for our sins. We are going to try, with God's help, to become better people. The cross of ashes we received means all of these things.



This Lent, I invite everyone to follow the three traditional practices during Lent: prayer, fasting, and almsgiving.

Prayer – Every morning, our staff meet for prayer at 8:25 am in our staffroom. Morning prayer is an excellent opportunity for our staff to grow on their Lenten journey. Also, as a school community, we will be praying together in our weekly Lenten prayer services.

Fasting – Like many, I will be giving something up for Lent. Lent can be more than a time of fasting; it can be a season of feasting. We can use Lent to fast from certain things and to feast on others. It is a season in which we can:

- Fast from criticism, and feast on praise;
- Fast from anger, feast on joy;
- Fast from jealousy, and feast on love;
- Fast from selfishness, and feast on service;
- Fast from fear, and feast on faith;

What will you fast from, and feast on this Lent?

Almsgiving – Individually and as a group, we will continue to help our needy.

Finally, our Lenten journey is an opportunity for us to reflect as a faith-based learning community. One reflection tool is for us to measure up to Archbishop Miller's five characteristics or marks that identify a school as authentically Catholic. Please check out this link of the [Five Marks of a Catholic School](#).

Lenten blessings,

Greg Kostiuik



NEXT YEAR SCHOOL REGISTRATIONS

As we are moving to an online registration system, we will be ensuring that each child's family has access to a "Parent Portal" account in PowerSchool; our student information system. To assist with this transition, we will be manually creating accounts for the primary contact of each child in our schools.

If you do not already have a PowerSchool Parent Portal Account, you can expect to receive an email from powerschoolhelp@holyspirit.ab.ca letting you know that changes have been made to your account.

To access your new PowerSchool Parent Portal Account after it has been set up:

Go to your child's school website, or the division website at <https://www.holyspirit.ab.ca>.

Click on the PowerSchool icon button on the top right corner of the website:

Your username will be the same as the email prefix that you have provided to the school.

E.g. If your email is JohnDoe@gmail.com, your username will be **JohnDoe**. Please note that usernames are case sensitive.

The initial password for your account will be **Changeme123!** You will be prompted to change this after your first log in.

Over the next couple of weeks, you can expect to receive another email asking you to submit a *Registration Update Form* for your child. This form will allow you to review and update the information currently on file for your child to ensure that it is accurate. You will also be asked to renew any legal declarations and update preferences/consents, as per Alberta Education regulations.

To complete your child's Registration Update:

1. Log in to your PowerSchool Parent Portal.
2. Click on the "**School Engage**" link on the bottom left corner.
3. Verify and update your information on the form. Save and submit.

Thank you in advance for your assistance while we transition to this new online process. Should you have any questions, contact your child's school for more information.

**Please Note: All registrations will now be paperless and will need to be done online.
Please contact the school if you are having problems.**



NEXT YEAR GRADE 7 - PARENT INFORMATION EVENING @ FATHER LEONARD VAN TICHEM SCHOOL

Tuesday, March 10 at 7:00 p.m.

At this meeting we will be talking about the grade seven curriculum, complementary subjects (options), co-curricular activities, preparation for junior high and academic requirements for junior high. This evening will conclude with a question period and a tour of the school. Computers will be available to complete your online registration.

Booking Parent-Teacher Conferences THURSDAY, MARCH 26, 2020

The link for the Conference Manager is:

<https://vantighem-leth.schoolsoft.ca/login.jsf> (DO NOT include “www”).

The link will be available on our website on March 20.

If you do not have Internet access, you are welcome to use the computer in our school library or contact Wendy in the office and she will help you schedule your conferences.

Please Note: *Interviews are more productive and helpful for the student when the student is part of this interview process. We encourage your child to accompany you to these interviews.*

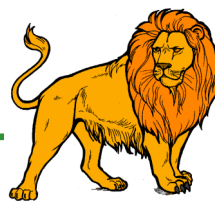
NOTES FROM THE LIBRARY

The Book Fair Jungle will be taking over the FLVT Library from March 23-27th! There will be Elephants, Tigers and Books, OH MY! Come on in and see what adventures await you!

Thank you in advance for supporting our Scholastic Book Fairs! They are our main source of funding for new books for our FLVT Library for all to enjoy! This is even more important now during this time of government cutbacks. For every \$20 you spend at our book fairs, our library receives a MINIMUM of \$10 in FREE books!

Don't forget to fill out the entry ballot on the Book Fair Flier that will be coming home with each student. Bring it into the fair for a chance to win \$25 in Free books for the winning student, and \$25 in Free books for their teacher!

Be careful though..... It's a Jungle out there! ROAR!



BASKETBALL SEASON

Thank you to our coaches and players for a great season. **Special thanks to our coaches:**

- | | | | | |
|---------------------|-------------------|----------------|---------------|------------------|
| Andrea Tkach | Jarik Langenfurth | Kristy Gabruck | Jessie Kress | Mike Medhurst |
| Kevin Turner | Kyle Turner | Jim Speiss | Gerard Dower | Christian Carino |
| Gabrielle Spiess | Abi Clapton | Shane Bevans | Elyse Haglund | Stephanie Groten |
| Ann-Marie Giannetti | | | | |



HUMAN SEXUALITY

Grades 4 to 9 will be covering Human Sexuality in their Health Classes between April and June.

A variety of teaching materials will be used that are designed to foster and encourage a personal awareness of one's own body with the Catholic ideals and teachings.

If you have questions or concerns, feel free to contact the school.

BADMINTON

Tryouts start

The week of March 2

Check our website for details



SPRING PHOTOS by Lifetouch

March 10 - **Cast Pictures** for Musical Aladin Jr.

March 18 - **Spring Pictures and Kindergrad Photos** - The spring pictures are a fundraiser for FLVT. It will be the same format as the beginning of the year pictures where every student gets their pictures taken and proofs go home. There is no obligation to parents to buy, but they may order pictures if they wish. The school will receive \$2 for each child who sits in front of the camera to get their picture taken. With 600 plus students, this could mean \$1200 going to our school.



MARATHON CLUB

STARTING APRIL 1

FOR GRADES 1- 6

M/W/F MORNINGS—8 A.M.

(Detailed information available in the office)

LITTLE SOULS MARATHON—MAY 27

@ 6:30 P.M. -Register online at

<https://raceroster.com/events/2020/29177/little-souls-2020>



AFTER SCHOOL SKATING

March 12 & 19

March 5 & 26—No skating

April 2—last skating day



ATTEND TODAY, ACHIEVE TOMORROW

GOOD SCHOOL ATTENDANCE MEANS...



PRESCHOOLERS
build skills and develop good habits for showing up on time



ELEMENTARY STUDENTS
read well by the end of third grade



HIGH SCHOOLERS
stay on track for graduation



COLLEGE STUDENTS
earn their degrees



WORKERS
succeed in their jobs

Too many absences—excused or unexcused—can keep students from succeeding in school and in life. How many are too many? 10% of the school year—that's 18 missed days or 2 days a month—can knock students off track.



LOST AND FOUND

Lost and found items can be found in a bin in our gathering space. Please feel free to come in and look through it for lost items any time. There is also a bin of lost gym items inside the gym doors. All of these items will be displayed in the gathering space until March 6. After this time, all unclaimed items will be donated to charity. Smaller and more valuable items may be found in the office.



spring *forward*
SUNDAY, MARCH 8



VIRTUE VOUCHERS

When staff members notices a student displaying one of our Van Tighem Virtues, they can give that student a Virtue Voucher. The student can then fill it out and enter their name in the office for a monthly draw to receive a \$20 indigo gift certificate. There will be three draws; K-3, 4-6 and 7-9. All names collected throughout the year will also be eligible for an end of the year draw of a \$100 Amazon card (one for each division).

CONGRATULATIONS

February winners were:
Blake L. (3A)

Kian G. (5H)

Anna H. (8G)



CONGRATULATIONS

Sierra L., Sofia M. and Jordan B. with Perfect Storm Athletics earned a full paid bid to The Summit in Florida.

Avery A., Vivian L. & Breanna B. - U11 LFC Girls won a silver place finish in the FC Memorial Challenge in Edmonton on the Feb 8th weekend.

Avery A., Vivian L., Breanna B. — U11 girls won gold in Red Deer Family Day weekend

Charlie M. - U11 Girls won a Bronze in the Anthem United Communities Cup on the January 18th weekend.

Dante D., Owen L. - U15 LFC Boys won a Silver place finish in the Anthem United Communities Cup in Okotoks on the January 25th weekend.

Noah Y., Xander M., Jeter M., Kingston F. - U13 LFC Boys won a Silver place finish in the Anthem United Communities Cup in Okotoks on the January 25th weekend.

Sydney L., Alyssa P., Addison P. - U13 FLC girls team won a Bronze place finish at the Anthem United Communities Cup on the January 18th weekend

Sydney M. and Kaylee S. - U16 girls Ringette Association won a silver place finish at the Laurie Morton Ruppie Tournament in Strathmore on the February 1st weekend

Kaitlyn S. - U14 Lethbridge Ringette Association won a bronze place finish in the Regina Queen City Classic Tournament on the February 1 weekend.

SHARE YOUR CHILD'S ACCOMPLISHMENTS WITH US SO WE CAN CELEBRATE THEM TOO!



ST. FRANCIS JUNIOR HIGH

PRESENTS



MARCH 5—MARCH 15

Tickets: \$15

March 5, 6, 7, 10-14 Evenings—7 p.m.

Saturday & Sunday, March 7, 8, 14 & 15

Performances 2 p.m.



*Catholic Central
High School*

Musical Theatre

Production of

MATILDA


MARCH 6—MARCH 14

ROALD DAHL'S
Matilda
THE MUSICAL

Musical Theatre Fundraiser
CUPPER'S Coffee



MARCH REHEARSAL SCHEDULE

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday
1 Full Run Through – Gym 12:30 – 6:00 (MANDATORY ATTENDANCE)	2 Music & Choreo Rehearsal 3:30 – 5:00 – Prince Ali	3 Scene Rehearsal 3:30 – 5:00 – Scene 2 & 7	4 Speechless 8:00 - 8:30 am Scene Rehearsal 3:30 – 5:00 – Scene 4, 5, & 6	5 Music & Choreo Rehearsal 3:30 – 5:00 – One Jump Ahead Reprise, These Palace Walls & A Whole New World	6 Scene Rehearsal 1:15 – 3:00 – Scene 11
8	9 NO SCHOOL – No rehearsal	10 CAST PICTURES – 9:00 am – 12:00 pm Rehearsal 3:30 – 5:00 – Prince Ali Reprise & Scene 11	11 Speechless 8:00 - 8:30 am Music & Choreo Rehearsal 3:30 – 5:00 – Prince Ali	12 Music & Choreo Rehearsal 3:30 – 5:00 – Babkak, Omar, Aladdin, Kassim	13 Scene Rehearsal 1:15 – 3:00 – Scene 1-3
15 Full Run Through – Gym 12:30 – 6:00 (MANDATORY ATTENDANCE)	16 High Adventure Choreography - 3:30 - 5:00	17 High Adventure Choreography - 3:30 - 5:00	18 Speechless 8:00 - 8:30 am High Adventure Choreography - 3:30 - 5:00	19 	20 Please check the WEEBLY for the most up to date changes

*Save
the
Date!*

Comin' Alive Camp 2020

@ All Saints Parish Lethbridge
Tuesday, July 7 to Friday, July 10 this year.
More information to come next month!

LENTEN PREPERATION

Lent is a time of preparation for Easter, the holiday that celebrates the resurrection of Jesus Christ, the son of God. The forty days of Lent are an opportunity to change our daily lives and become as close to God as possible. Services in the Gym are as follows:

Monday March 2nd 11:40 pm First Week of Lent Celebration – 9C & 2J leading

Tuesday March 10th 9:30 am Second Week of Lent Celebration – 1B & 7T leading

Thursday, March 19th 1:30 pm Third Week of Lent Celebration – 1T & 6W leading (**Note date change**)

Monday, March 23rd 9:30 am Fourth Week of Lent Celebration— 8G & 2TJ

Wednesday, April 1st 1:30 pm - Lenten Mass @ FLVT

Please mark your calendars, and we hope to see you at one or all of our services.

Below are some great links shared by Joann Bartley, our Holy Spirit Director of Religious Education

Lent Calendars:

Solidarity Calendar (Development and Peace) - https://www.devp.org/sites/www.devp.org/files/documents/materials/devpeace_sharelent2020_solidarity_calendar_en.pdf

Lenten Family Calendar (Loyola Press) - <https://www.loyolapress.com/~media/Images/Loyola%20Press/ocf-articles/Lent/lent-assets/LentenFamCalendar.ashx?la=en>

Digital Lent Calendar - <https://lent.bustedhalo.com/>

Videos:

Video - Busted Halo Lent in Three Minutes - <https://bustedhalo.com/video/watch-lent-3-minutes>

Video - Bishop Barron on Lent - <https://www.youtube.com/watch?v=Vm3JK7JYAKs>

ST. MARTHA'S PARISH

PREPARATION FOR THE SACRAMENTS

FIRST EUCHARIST MEETINGS

Session #2 Parent & Candidate

When: Thursday, March 5 6:30—8:00 p.m.	or	Saturday, March 7 9:30—11:00 a.m.
Where: St. Martha's Parish		St. Martha's Parish

Session #3 Parent & Candidate

When: Thursday, April 2 6:30—8:00 p.m.	or	Saturday, April 4 9:30—11:00 a.m.
Where: St. Martha's Parish		St. Martha's Parish



CONFIRMATION MEETINGS

Session #6 Parent & Candidate

When: Thursday, March 19 6:30—8:00 p.m.	or	Saturday, March 21 9:30—11:00 a.m.
Where: St. Martha's Parish		St. Martha's Parish



FREE WORKSHOPS

Session 1 – 3:00pm to 5:00pm
“He went away sad!”

Understanding and responding to the disaffection of young people with the church.

Session 2 – 7:00pm to 9:00pm
“Wonderfully Complicated Lives”
Ministry to Families and Parents.

You are welcome to attend one or both workshops.

Friday, March 20
St. Francis Junior High
333 - 18th Street S. (Gym)

Guest Speaker: David Wells

Author and entertaining Catholic speaker, David has travelled the globe inspiring thousands. His focus is helping people work through “life” issues with inspiration, relatability and a healthy dose of wit. You will leave his sessions feeling refreshed, engaged and above all, with a new perspective on life.






Holy Spirit Roman Catholic Separate School Division
Phone: 403.327.9555
www.holyspirit.ab.ca



March

2020

**HONEST
ACCEPTING
WISE
KIND
SPIRITUAL**

Sun	Mon	Tue	Wed	Thu	Fri	Sat
*Scientists in School (SIS)		Tuesday Crocheting Club 12:25 in Room 42	Wednesday Elementary Choir 12:30 Crocheting club 12:25 in Room 42	Thursday Gr. 3 & 4 Bookclub 12:25		
1 First Sunday of Lent	2 11:40 am Lenten Celebration Gr. 1 SIS * Jr. High Book Club Cheesy Garlic Fingers \$4	3 Mini Pepperoni Pizza \$4	4 Beef & Cheese Taco & mexi Fries \$4	5 Grade 7 Student Orientation a.m. (CSM & SPFA) 5G - U of L Tour Chicken Burger \$4	6 Kraft Dinner \$2.50 Smoothies \$3	7
8 Second Sunday of Lent Daylight Savings Begins 	9 No School for Students Collaborative PD Day for staff	10 9:30 am Lenten Celebration Aladin Jr. Cast Photos Grade 7 Parent Orientation Meeting -7:00 Gr 1-6—Frozen Jr. @SFJH 11:30-2:15 Cheesy Garlic Fingers \$4	11 Jr. High—Frozen Jr. @ SFJH 11:30-2:15 Baked Spaghetti & Garlic Bun \$4	12 Ski Trip  K-both classes Frozen Jr @SFJH 8:35-11:45 After School Skating 3:45—4:30 Chicken Burger \$4	13 Kraft Dinner \$2.50 Smoothies \$3	14
15 Third Sunday of Lent	16 No School for Students Spiritual Development Day	17  Elementary Marks Due Student Retreat Cheesy Garlic Fingers \$4	18 K-Grad Pictures Spring Photos School Council Mtg. 7p.m. Chicken Nuggets & Veggies \$4	19 Lenten Celebration 1:30 pm After School Skating 3:45—4:30 Chicken Burger \$4	20 Elementary Report Cards Interview booking opens online Kraft Dinner \$2.50 Smoothies \$3	21
22 Fourth Sunday of Lent	23 9:30 am Lenten Celebration Cheesy Garlic Fingers \$4	24 Scrapbooking Club Mini Cheese Pizza \$4	25 Board Mtg. @ CEC 6:00—8:30 Taco in a Bag \$4 (pre-order)	26 Science Sizzle 3:30-5:00 Parent Teacher Interviews 5:00—8:00 Chicken Burger \$4	27 Kraft Dinner \$2.50 Smoothies \$3	28
29 Fifth Sunday of Lent	30 Cheesy Garlic Fingers \$4	31 Grade 7 Registrations Due Mini Cheese Pizza \$4				

April

2020

**HONEST
ACCEPTING
WISE
KIND
SPIRITUAL**

Sun	Mon	Tue	Wed	Thu	Fri	Sat
*Scientists in School (SIS)		Tuesday Crocheting Club 12:25 in Room 42	Wednesday Elementary Choir 12:30 <hr/> Crocheting club 12:25 in Room 42	Thursday Gr. 3 & 4 Bookclub 12:25		
			1 <i>Lenten Mass</i> @FLVT 1:30 p.m.	2 Science Sizzle 3:30-5:00 LAST After School Skating 3:45-4:30	3 *SIS - AM Kindergarten	4 Quebec Trip Leaves
5 	6 Jr. High Book Club	7	8 K- Aggie Days	9 Quarter 3 Ends Science Sizzle 3:30-5:00 Quebec Trip Returns	10 <i>No School Good Friday</i>	11 
12 	13 <i>No School Easter Monday</i>	14 <i>No School Easter</i>	15 <i>No School Easter</i>	16 <i>No School Easter</i>	17 <i>No School Easter</i> St. Kateri Day	18
19	20 <i>Classes Resume</i> Quarter 4 Begins	21 Musical Production Dress Rehearsal 8:30-4:30	22 Western Dress- Up Day <i>Board Mtg. @ CEC 6:00-8:30</i>	23 Gr. 6 Sacramental Retreat	24	25
26	27 Musical Production Yates Centre Matinee-11:00 Evening-7:00 Quarter 3 Marks Due	28 Musical Production Yates Centre Matinee-11:00 Evening-7:00 Scrapbooking Club 3:30	29	30		