



FATHER LEONARD VAN TIGHEM SCHOOL

25 Stoney Cres. W. Lethbridge, AB T1K 6V5

www.flvt.ca

Principal: Greg Kostiuk - Assoc. Principals: Patti Pilsner & Travis Magierowski

**HONEST
ACCEPTING
WISE
KIND
SPIRITUAL**

FLVT

OCT. 2019

Check out our
BLOGS

Chris Smeaton's Message

[http://
wordpress.holyspirit.ab.ca
/?p=2201](http://wordpress.holyspirit.ab.ca/?p=2201)

Greg Kostiuk, Principal
<https://gregkostiuk.com>

PRINCIPAL'S MESSAGE

Be Mindful

This summer my sister went to Italy. It reminded me of a past trip when my wife and I visited that country. Italy was a terrific trip filled with wonderful sites, places, foods, and people. The highlight of our trip wasn't actually in Italy but in the Vatican. Spending only one day at the Vatican was not enough, but it was a memorable day that I cannot forget. During this day I was star struck; not only did I get to hear Pope Francis, but I got to see him up-close (only 5 or 6 feet away). This pic of the Pope was taken by me using my iPhone. Seeing him was awesome, hearing his message was just as important. I could try to summarize his message, but I found a much better summary by [Junno Arocho Esteves - Catholic News Service](#):



DATES TO REMEMBER

OCT. 3

⇒ PARENT TEACHER
INTERVIEWS 5-8 PM

OCT. 14

⇒ No School—
Thanksgiving

OCT. 24

⇒ Awards Night @
FLVT - 7 p.m.

OCT. 25

⇒ No School
School P. D. Day

VATICAN CITY (CNS)—God did not choose perfect people to form his church, but rather sinners who have experienced his love and forgiveness, [Pope Francis](#) said. The Gospel of Luke's account of Jesus forgiving the sinful woman shows how his actions went against the general mentality of his time, a way of thinking that saw a "clear separation" between the pure and impure, the pope said Aug. 9 during his weekly general audience. "There were some scribes, those who believed they were perfect," the pope said. "And I think about so many Catholics who think they are perfect and scorn others. This is sad." Although Jesus' love toward the sick and the marginalized "baffles his contemporaries," it reveals God's heart as the place where suffering men and women can find love, compassion and healing, Pope Francis said. "How many people continue today in a wayward life because they find no one willing to look at them in a different way, with the eyes—or better yet—with the heart of God, meaning with hope," he said. But "Jesus sees the possibility of a resurrection even in those who have made so many wrong choices." Oftentimes, the pope continued, Christians become accustomed to having their sins forgiven and receiving God's unconditional love while forgetting the heavy price Jesus paid by dying on the cross. By forgiving sinners, Jesus doesn't seek to free them from a guilty conscience, but rather offers "people who have made mistakes the hope of a new life, a life marked by love," the pope said. The church is a people formed "of sinners who have experienced the mercy and forgiveness of God," Pope Francis said. Christians are "all poor sinners" who need God's mercy, "which strengthens us and gives us hope."

As part of our faith plan, we are challenged to 'be mindful and be prayerful' throughout the year. Pope Francis' words make me mindful of God's unconditional love, mindful that I am a sinner, mindful of God's mercy, and mindful of every present hope of a new life in Christ's love. As a teacher and principal of Father Leonard Van Tighem School, and as a member of the Catholic faith community of Lethbridge, I will be using Pope Francis' message to be mindful of God's presence.

Also, I wish everyone a blessed Thanksgiving as we thank God for the many gifts we have received.

Greg Kostiuk

**VOLLEYBALL
PRACTICE AND
GAME SCHEDULE
GO TO
WWW.FLVT.CA
Calendars & Events
Co-Curricular**

PARENT TEACHER INTERVIEWS

Gr. 1—9 (Kindergarten interviews in November)

Thursday, October 3

5:00—8:00 p.m.



On the 3rd we have our first interview evening. Marks will not yet be discussed at this interview as marks are not due until November. This first meeting is for both teacher and parent to meet and share any concerns they may have up to this point, and for teachers to let you know if there are any missing assignments. Book your interview online @ <https://vantighem-leth.schoolsoft.com/login.jsf>.

"Praise Through the Arts."

**Southern Alberta
Bishop's Dinner**

Service to others

An Evening with Bishop McGrattan 5:00 to 9:00

Friday October 11th 2019

Black Tie Event / Exhibition West Hall

Cocktails 5:00 / Dinner 6:00 / Bishop's Talk to follow dinner

Tickets \$125.00

Available at All Saint's and St. Martha's Parish offices

All proceeds go to the Southern Alberta Food Banks
and the Holy Spirit School Division School Food
Programs

Adminallsaints@shaw.ca Shelley 403-308-5925

Diocese of Calgary

Supervision

Morning supervision – starts at 8:25am

Afterschool supervision – there is no afterschool supervision on the playground or fields

PD Days

October 25 will be a Professional Learning Day for all staff. The staff will be holding a staff meeting and participating in a variety of learning activities regarding Faith Formation, supporting student learning, and First Nations, Metis and Inuit Education.



THANKSGIVING CELEBRATION
9:30 in the FLVT Gym
Friday, October 11
We welcome you to join us!

NOTES FROM THE LIBRARY

Did you know that Parents can place and pay for their Scholastic Book Orders Online?
 To do this:

- 1) Go online to www.scholastic.ca
- 2) Click on Parents from the drop-down menu
- 3) Click on Place Your Reading Club Order
- 4) Parents: First Time Here?
- 5) Create an Account
- 6) Connect to a Teacher

From Drop Down Menu Choose Alberta, Lethbridge, FLVT, then Mrs. Hawker if you are ordering from any class other than Pre-K, 1T, or 2J.

Follow the rest of the instructions!

Thank you for your support and for encouraging your children to read to succeed!

Mrs. Hawker

VIRTUE VOUCHERS

When staff members notices a student displaying one of our Van Tighem Virtues, they can give that student a Virtue Voucher. The student can then fill it out and enter their name in the office for a monthly draw to receive a \$20 indigo gift certificate. There will be three draws; K-3, 4-6 and 7-9. All names collected throughout the year will also be eligible for an end of the year draw of a \$100 Amazon card (one for each division).

CONGRATULATIONS

September winners were: Arok A. (2TJ) Trayton D. (6L) Ryan N. (9 C)



27th ANNUAL AWARDS EVENING

"Celebration of Excellence"

Thursday, October 24, 2019 at 7:00 p.m.

IN THE SCHOOL GYM



We invite you and your family to attend this celebration and join us in honouring those students who have excelled spiritually, academically, artistically and athletically. They have worked very hard to achieve this level of excellence.

FLVT Grade 4 students had the opportunity to listen to writer and musician Lemony Snicket (Daniel Handler) at the Yates Memorial Centre. He is best known for his children's series "A Series of Unfortunate Events" and "All the Wrong Questions". Each student received an 'Unfortunate' gift today. It was indeed 'Unfortunate.'



RUN FOR THE PUMPKIN

This year's Run for the Pumpkin at Nicholas Sheran Park was not for the faint of heart! The temperature was below freezing and the snow was coming down! Our elementary running club members are HARD CORE however and they competed with smiles on their faces and toques on their heads! There were many personal bests and some high ranking finishes. In the 2km race, Charlie M. won a 1st place ribbon, Grace K. and Evans D. won 2nd place ribbons and Claire P. won a 3rd place ribbon. In the 4km race, Parker D. got 2nd place, Cole C. got 3rd place and Kallen W. and Riley C. got 4th place. Congrats to all who ran! A big thank you to all of the families who bundled up, came out and supported their children.



OCTOBER 31 – HALLOWEEN ACTIVITIES

A Halloween costume parade will take place in the afternoon in the gym. The time will be determined and sent out through social media. Students may dress up at lunch time for the afternoon. Please join us and feel free to wear your costume as well. Seating will be available for parents in the mezzanine. Following the parade, students will return to their homeroom for classroom activities.



Following the protocol of our school and as Halloween is meant to be a fun and safe time for children, we ask that students do not bring any form of weapons with their costumes, plastic, cardboard or otherwise. If a student does bring one with them, it will be taken and held in the office until the end of the day.





Santa's Anonymous

PUMPKIN SALE

Saturday, Oct. 19th
9am until we sell out
London Road Market
538 - 13 Street South

Christmas Hamper Project
Thank you for your support!

PAINT THE TOWN TEAL

TRIGEMINAL NEURALGIA AWARENESS EVENT

ALL AGES EVENT

\$5.00 BBQ

Activities free of charge

Bring a working flashlight

It's Rare But It's Real Trigeminal Neuralgia

For more info contact:
Jackie 403-715-4510 or jackieleakcc@gmail.com

**Dress in Teal or come with a TN Themed Team for a chance to win a prize *optional*

Great Time ~ Great People ~ Great Cause ~ Don't Miss It!

WHEN
Saturday, October 05, 2019
5pm-9pm

WHERE
Nicholas Sheran Lake Picnic Shelter

FEATURING: Barbecue ~ "TN Can Kick Rocks" Project ~ Prizes ~ Music ~ Children's Activities ~ TN Fact Hunt ~ Lake Lantern Walk ~ and more...

New for 2019-2020

The IAP Kids Accident insurance plan has been discontinued. However, there is a new plan to take its place. This program is called **Family Accident Insurance Plan (FARP)**.

A link can be found in Business Services Insurance page on the school division's website. The links include the FARP website, newsletter, and claims form.

Just like the IAP Kids Plus Program, parents must apply for the Family Accident Insurance Plan themselves. Please see <https://www.solutionsinsurance.com/mercer> for more information.

MEDIC ALERT'S — NO CHILD WITHOUT PROGRAM

The *No Child Without* program offers a free Medic Alert membership to students who attend our school and are between the ages of 4 up to their 14th birthday. If your child has a medical condition, allergy or is required to take medication on a regular basis then you should consider a Medic Alert membership through this program.



Further information is available in the office or visit www.nochildwithout.ca. To register your child you will need a "No Child Without" brochure from the office.

If your child is already part of the *No Child Without* program and there have been changes to their medical condition, medications or emergency contact information, call Medic Alert at 1-866-679-3220 Ext 1 to update your child's file.

Thank you to the LeRoy family for the donation of a second shooter tutor. Your generosity is greatly appreciated.



How Sick Is Too Sick?

Illness plays a significant role in early childhood absences. Help families understand when to send a child to school or keep her home and manage chronic conditions. When illness-related absences begin to add up, you can bring it to the attention of others, such as the school's family outreach or health staff members.

Families often don't understand when their child is too sick for school, and when they can safely send them in. This handout provides some clarity.

WHEN IS SICK TOO SICK FOR SCHOOL?



Send me to school if...

I have a runny nose or just a little cough, but no other symptoms.

I haven't taken any fever reducing medicine for 24 hours, and I haven't had a fever during that time.

I haven't thrown up or had any diarrhea for 24 hours.



Keep me at home if...

I have a temperature higher than 100 degrees even after taking medicine.

I'm throwing up or have diarrhea.

My eyes are pink and crusty.



Call the doctor if...

I have a temperature higher than 100 degrees for more than two days.

I've been throwing up or have diarrhea for more than two days.

I've had the sniffles for more than a week, and they aren't getting better.

I still have asthma symptoms after using my asthma medicine (and call 911 if I'm having trouble breathing after using an inhaler).



Adapted with permission from Baltimore City Public Schools.



GROWING IN FAITH GROWING IN CHRIST

Our School uses the *Growing in Faith, Growing in Christ* program for Religious Education!

Growing in Faith, Growing in Christ features a Student-Home Website with videos, songs, bible stories, prayers, interactive activities and more – all designed for students and families to explore their faith together.

Log in at:

www.pearsoncanada.ca/growinginfaith/student-home

Grades: 1-6 available!

Username: holyspirit99

Password: Student99



GROWING IN FAITH GROWING IN CHRIST

Welcome to Your Student Website!



Grade 1

Sign In



Grade 2

Sign In



Grade 3

Sign In



Grade 4

Sign In



Grade 5

Sign In



Grade 6

Sign In



Auditions:


Thursday, October 10, 6:00-8:30 p.m.
Friday, October 11, 1:00 - 8:00 pm

Dance: Tuesday, October 15, 6:00 - 7:30 p.m.

Show Dates: April 27th and 28th, 2019

Large parts, small parts, and ensemble actors
needed! Every role is a great one!

**See Miss Loman in Room 27 for an audition
package!**



ST. MARTHA'S PARISH

FIRST RECONCILIATION

SESSION #1 PARENT & CANDIDATE

Dates: Thursday, October 3 or Saturday, October 5
 Time: 6:30—8:00 p.m. 9:30—11:00 a.m.
 Place: St. Martha's Parish St. Martha's Parish

SESSION #2 PARENT & CANDIDATE

Dates: Thursday, October 24 or Saturday, October 26
 Time: 6:30—8:00 p.m. 9:30—11:00 a.m.
 Place: St. Martha's Parish St. Martha's Parish

CONFIRMATION

SESSION #1 PARENT & CANDIDATE

Dates: Thursday, October 17 or Saturday, October 19
 Time: 6:30—8:00 p.m. 9:30—11:00 a.m.
 Place: St. Martha's Parish St. Martha's Parish

Parents if for some reason you must miss a session, please contact the parish as we are very willing to assist you in supporting your child's learning. You are encouraged and welcome to contact the parish office or parish priest.

*There is always
 something for which to be*





HAWKS TEAMS

2019-2020

SENIOR GIRLS

Daniela B.
Kirstin D.
Emery D.
Julia D.
Hadlee F.
Leslie H.
Brooke J.
Myah L.
Sydney M.
Olivia O.
Kyra P.
Sadie V.

COACHES

Tim Craddock
Travis Meyer

SENIOR BOYS

Carter C.
Karsen H.
Jackson H.
Owen L.
Rylen N.
Ben N.
Ty O.
Easton O.
Ife P.
Ben P.

COACHES

Cam Weitz

JUNIOR GIRLS

Tatum C.
Lily C.
Kate H.
Jessica H.
Kiana J.
Kiana M.
Kahlan P.
Libby P.
Addison P.
Alyssa P.
Isla R.
Ezra R.
Olivia S.

COACHES

Michele Loman
Carl Mix

JUNIOR BOYS

Kyle D.
Dante D.
Tyson G.
Everett H.
Xander M.
Carter R.
Julian R.
Ryder S.
Lucas S.
Ethan S.
Noah Y.

COACHES

Andrea Tkach
Stephanie Groten

GR. 7 GIRLS

Mercy A.
Lia B.
Lyla B.
Emily C.
Autumn G.
Kami I.
Destiny K.
Sydney L.
Kyleigh M.
Genna M.
Ashlyn P.
Kaitlyn S.
Jessica S.
Hannah T.
Alli W.
Miya D.

COACHES

Ann-Marie Giannetti
Mariah Besplug

GR. 7 BOYS

Connor B.
Riley B.
Yonathon H.
Tristan I.
Cole J.
Jeter M.
Will S.
Javin V.

COACHES

Kristy Gabruck
Jessie Kress
Tyler Johns



Come out and cheer us on.
Check out our game schedules on our
website:

www.flvt.ca

Calendars and Events
Hawks Co-Curricular Events



Improving Our Schools' Communication with Home!

Holy Spirit Catholic School Division has contracted with SchoolMessenger to improve our schools' communication with parents and guardians.

This service does not replace other school communication methods. It is simply intended to extend beyond what we've traditionally used to ensure timely communications and reduce the amount of papers being sent home. Principals and teachers will still be available for face to face meetings and some paper notices may still be sent home occasionally.

In the meantime, we're excited to announce that two new methods of communicating with our students' families using SchoolMessenger have been launched!

Text (SMS) Messaging

1) *Did you receive a text from us?*

When a new mobile number is entered by the school, within 24 hours, a text should be sent to that number asking if you would like to subscribe.

Simply respond with your preference:

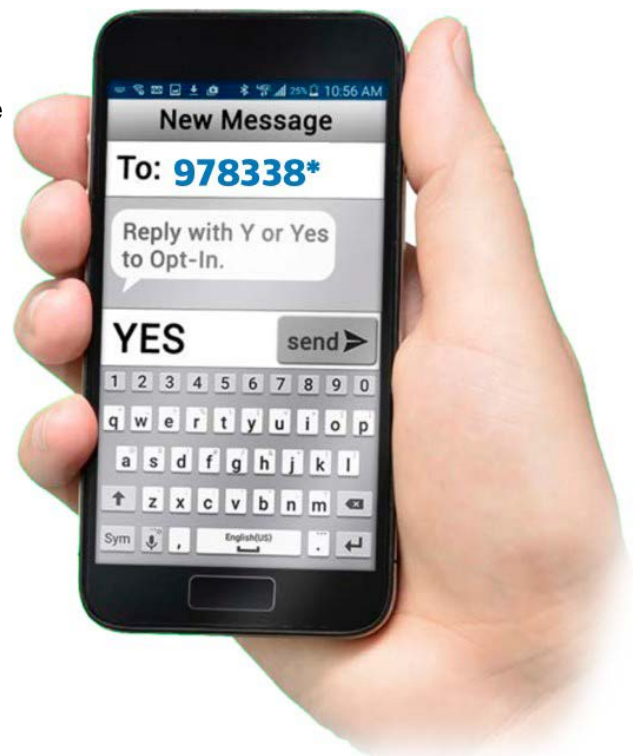
- Type "Y" or "Yes" to receive messages by text.
- Type "N" or "Stop" if you'd prefer not to receive messages by text. You can do this to unsubscribe at any time.

2) *You haven't received a text and you'd like to?*

You can always subscribe to receive texts from the school by sending a "Y" to **978338**. You will receive a notification that your opt-in is complete if successful.

3) *Do you have a new or different device you'd like to receive texts to?*

First, make sure your child's school has this new number in their system! You should receive a message in 24 hours asking you to respond with a "Y." If you don't, send a "Y" directly to **978338**. You will receive a notification that your opt-in is complete if successful.



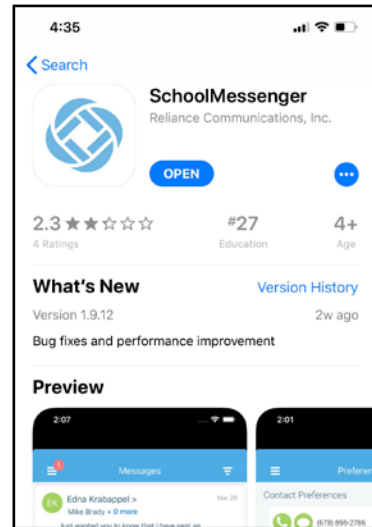
**While this service is free, standard message and data rates may apply. Please check with your device's data provider if you have any questions related to charges.*



SchoolMessenger App

The School Messenger App allows parents to:

- Access important school notifications 24/7/365
- Set your communications preferences for calls, emails, texts, and more
- Receive all kinds of school messages in one single app (classroom and group updates, activity alerts, school and division notifications)
- Review your messages on any device (smartphone, laptop, etc...)



1) Download the School Messenger App:

Go to the GooglePlay or Apple Stores to download “SchoolMessenger” (the version with the blue logo).


You can also download the app, or set up your account, from <http://go.schoolmessenger.com>.

2) Sign up for an account:

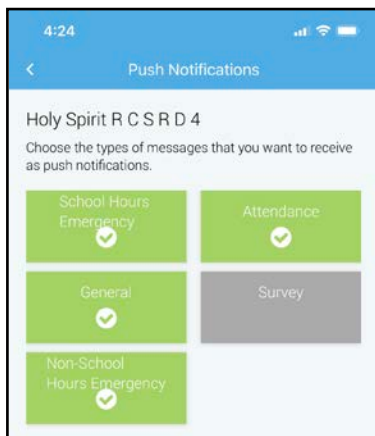
Make sure you enter the email address that the school has on file for you. This will allow the app to find all of the students associated with you. Also, make sure you select “Canada” as your location.



3) Set your preferences:


When you first log in, click on the  icon in the upper left corner of your screen and select “Preferences.” For each category, you can select how you would like to be notified:

- *School Hours Emergency* –For urgent messaging during school hours
- *Non-School Hours Emergency* - For urgent messaging before and after school hours
- *Attendance* – For calls regarding your child’s attendance.
- *General* – Day to day information from the school.



4) Enable push notifications:

Even if you turn off most types of notifications (phone, text, email), you can still receive those messages through push notifications on your phone.

To set your push notifications, click on the  icon in the upper left corner of your screen. Select “Settings,” then “Push Notifications.”

Click on all of those boxes for which you would like to receive push notifications on your device.

OCTOBER 2019

**HONEST
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KIND
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Sun	Mon	Tue	Wed	Thu	Fri	Sat
			Elementary Choir 12:30 every Wednesday	Gr. 3 & 4 Bookclub 12:25 in Rm Rm 41 Every Thursday		
	 <p>FOOD DRIVE Oct. 1-11</p>	1	2 K-Save-on-Foods 4L-Author Field Trip French Toast with Berries \$4	3 Terrific Teal Day Parent Teacher Interviews Gr.1-9 & Choir Bakesale 5:00-8:00 Cheesy Garlic Fingers \$4	4 4L Wastewater Treatment Plant PICTURE DAY Kraft Dinner \$2.50	5
6 FOOD DRIVE Oct. 1-11	7 Jr. High Book Club 3:30-5:00 Cheesy Garlic Fingers \$4	8 Father William School visit School Council Mtg. 7 p.m.	9 Baked Pizza Sub \$4	10 Bouncing Brown Day Free After School Skating 3:45-4:30 JH Dance 6-8:30 Aladdin Auditions Chicken Burger \$4	11 Thanksgiving Prayer Service 9:30 a.m. 6-8:30 Aladdin Auditions Kraft Dinner \$2.50 Smoothies \$3	12
13	14 No School Thanksgiving Day	15 4C Bake Sale Aladdin Dance Audition 6-7:30	16 K-Helen Schuler Field Trip Mini Pepperoni Pizza \$4	17 Perfect Pink Day Free After School Skating 3:45-4:30 Pancakes & Hash-brown \$4	18 Kraft Dinner \$2.50 Smoothies \$3	19
20	21 Cheesy Garlic Fingers \$4	22	23 <i>Board Mtg. @ CEC 6:00-8:30</i> Chicken Nuggets & Veggies \$4	24 Powerful Purple Day Free After School Skating 3:45-4:30 Bus Evacuation practice Awards Night 7-8:30 @ FLVT Baked Pasta & Garlic Toast \$4	25 No School School PD Day	26
27	28 <i>SIS-Gr. 1</i> Cheesy Garlic Fingers \$4	29 Scrapbooking Club 3:30-5:00	30 K-Season's Seniors Residence Gr. 1 Helen Schuler-a.m. Taco in a Bag \$5 (pre-order)	31  Halloween Outrageous Orange Day		



2019

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Sun	Mon	Tue	Wed	Thu	Fri	Sat
			Elementary Choir 12:30 every Wednesday	Gr. 3 & 4 Bookclub 12:25 in Rm Rm 41		
					1	2
3 Daylight Savings Ends	4 Jr. High Book Club Gr. 1-6 9:30 am Alberta Opera (Sleeping Beauty)	5	6 Take Your Kid to Work Day Gr. 6 Immunizations	7 Bold Black Day After School Skating 3:45— 4:30	8 Quarter 1 Ends Remembrance Day Celebration 11 a.m.	9
10	11 No School Remembrance Day	12 No School Divisional PD Day	13 Quarter 2 Begins Groovy Grey Day	14 Picture Retake Day After School Skating 3:45— 4:30	15	16
17	18 No School Collaborative PD Day	19 Scrapbooking Club 3:30-5:00	20	21 Beautiful Blue Day After School Skating 3:45— 4:30	22 Elementary Report Cards	23
24	25 K- SAAG	26 Scrapbooking Club 3:30-5:00	27 <i>Father William Visit</i> <i>Board Mtg. @ CEC 6:00-8:30</i>	28 Wintry White Day Parent Teacher Interviews 5:00-8:00 ECS Eye Interviews	29 ECS Eye Inter- views	30