



FATHER LEONARD VAN TIGHEM SCHOOL

25 Stoney Cres. W. Lethbridge, AB T1K 6V5

www.flvt.ca

Principal: Greg Kostiuik - Assoc. Principals: Patti Pilsner & Travis Magierowski

**HONEST
ACCEPTING
WISE
KIND
SPIRITUAL**

FLVT

NOVEMBER 2020

Check out our
BLOGS

Ken Sampson,
Superintendent

[https://](https://blog.holyspirit.ab.ca/)

blog.holyspirit.ab.ca/

Greg Kostiuik, Principal

<https://gregkostiuk.com>

PRINCIPAL'S MESSAGE

The principal's message will now be sent out separately in his blog and will not be included in the newsletter. Please see his link to the right.

Our Newsletter will be sent out throughout the month and will include things that may be of importance, interest, school happenings, monthly calendars and parents corner.

DATES TO REMEMBER

NOV. 1—Daylight Savings Ends
(Fall Back)

NOV. 5 — Picture Retakes

NOV. 9 & 10—No School
(Wellness Days)

NOV. 11 — No School
(Remembrance Day)

NOV. 12 — Q 2 begins

NOV. 13—Conference Manager
opens for booking Interviews

NOV. 17—Elem. Report Cards
- School Council Mtg.

NOV. 19—Grade 1-9 Parent/
Teacher Phone Interviews

NOV. 20—No School
(P. D. Day for staff)

NOV. 26 & 27

⇒ K—EYE Phone Interviews

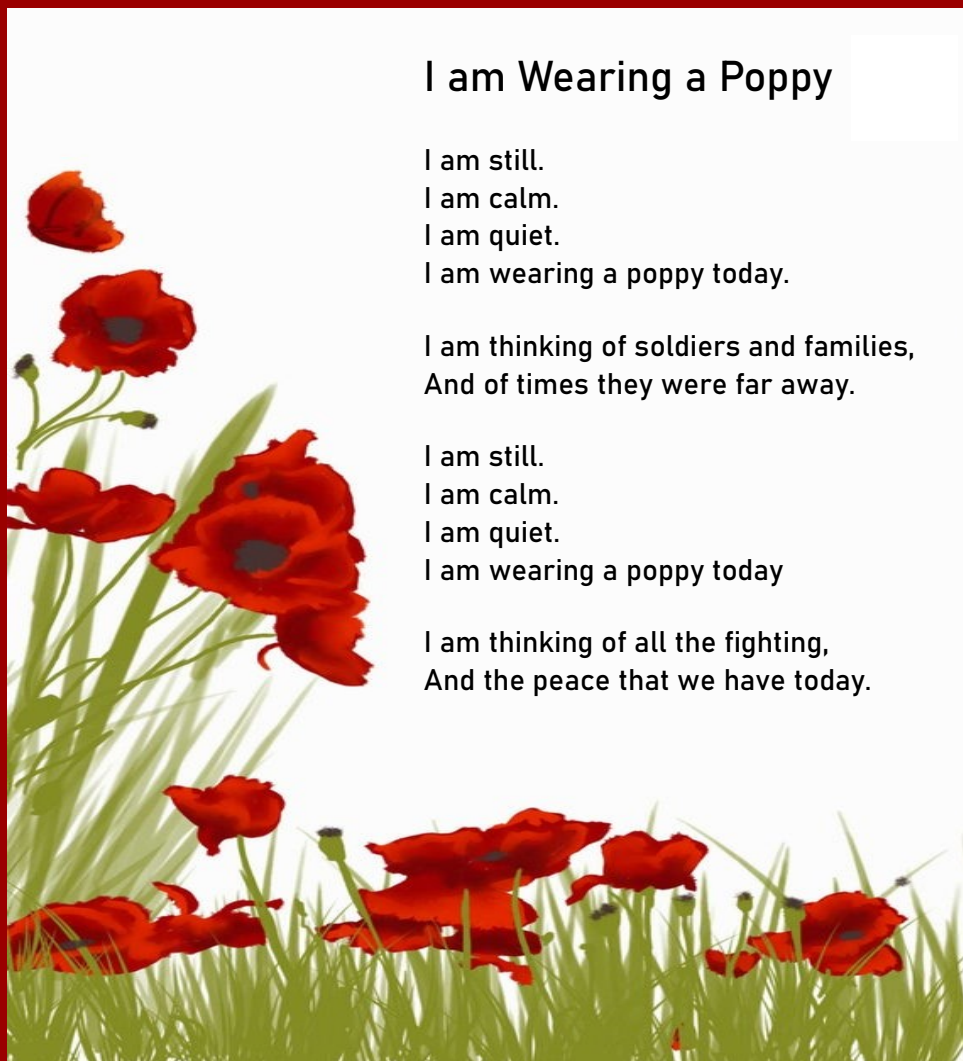
I am Wearing a Poppy

I am still.
I am calm.
I am quiet.
I am wearing a poppy today.

I am thinking of soldiers and families,
And of times they were far away.

I am still.
I am calm.
I am quiet.
I am wearing a poppy today

I am thinking of all the fighting,
And the peace that we have today.



PLEASE WELCOME

LAYNE LENHART – PRACTICUM TEACHER WITH MR. POLLIO

Interesting facts about Ms. Lenhart

- Primarily raised in Lethbridge
- Studied Biological Sciences with a secondary focus in Neuroscience/Psychology at the U of L, including work in research at the Canadian Centre for Behavioural Neuroscience
- Currently in my second year of an After-Degree in Education, specializing in secondary sciences
- Previous practicum experience in Chemistry 20/30, Science 9, Science 10
- Hobbies include horseback riding, hiking, and watching hockey
- VERY excited to be a part of the Father Leonard Van Tighem team!



PICTURE RETAKES THURSDAY, NOVEMBER 5

If you would like retakes, please bring your proof portrait sheet and form to the photographer on this day. Order after you see your new portrait; no payment is required on retake-day

Please remember to send your child to school with a water bottle.

Refill stations are available but drinking fountains are not.



Come away and rest a while.

Mark 6:31

Holy Spirit Catholic Schools is honoured to support "The Bench Project" at Martha Retreat Centre. This beautiful place has been an important part of the spiritual journey of so many of our staff, students, families, and trustees over the years. We would love for you to join us as we "make our mark" at the Centre as our way of honouring the legacy left by the Sisters of St. Martha. They were such strong supporters of Catholic Education and we want to show our support to ensure this gift in our community continues to be available for people as they seek spiritual renewal.

We are now gratefully accepting donations for the purchase of a "Holy Spirit Catholic Schools" bench at Martha Retreat Centre where people can come and rest awhile. What a beautiful way for our staff, trustees, and families to consider marking the upcoming Catholic Education Sunday by supporting this project in any way that you can. Tax deductible donations of any amount will be gratefully accepted, and can be made online using the Donations button on the Holy Spirit website.



PARENT / TEACHER INTERVIEWS

Gr. 1—9

Booking starts—November 13

Phone Interviews—Thursday, November 19 — 5:00—8:00 p.m.



Now that we are well into the school year, marks are getting established. If you have concerns about your child's mark(s), please book an interview with the subject teacher.

Elementary Report cards will be sent home November 17.

Junior High will not receive report cards. Marks are most up to date on PowerSchool.

Book your interview online @ <https://vantighem-leth.schoolsoft.com/login.jsf> starting November 13.

PLEASE NOTE: Due to Covid-19, parent/teacher conferences will be conducted by phone calls this round.

IMPORTANT: When booking a time, please include your phone number in the comments portion. This is the phone number the teacher will call you at for the designated time.

Please note: If the teacher you would like to see is booked up or you are not able to make the available times, please email the teacher directly to make alternate arrangements.

KINDERGARTEN INTERVIEWS

Booking starts—November 13

Phone Interviews — November 26 & 27



Please remember to book an interview as there will not be a written report card given out at this time. At your interview the teacher will discuss the results from the Early Years Evaluation—Teacher Assessment (EYE-TA.) This is a checklist to evaluate the learning of our Kindergarten students that our School Division has implemented. A written report card will be given for the March and June reporting periods.

Interviews can be booked online at <https://vantighem-leth.schoolsoft.com/login.jsf> starting November 13.

PLEASE NOTE: Due to Covid-19, parent/teacher conferences will be conducted by phone calls this round.

IMPORTANT: When booking a time, please include your phone number in the comments portion. This is the phone number the teacher will call you at for the designated time.

Please note: If the teacher you would like to see is booked up, please email the teacher directly to make alternate arrangements.

ANNUAL AWARDS 2019-2020

Father Leonard Van Tighem will be celebrating our annual awards differently this year. Since we are not able to gather because of Covid-19 regulations, administrative staff will be visiting the students individually to recognize and hand out their award and pass on congratulations for a job well done.

These students will receive their awards for having exemplified our HAWK virtues, excelled academically, demonstrated perseverance, and leadership qualities.

On behalf of our school staff, we would like to congratulate these students as well as all of our students who have worked hard and persevered through these extreme times. We commend you and encourage you to continue to work hard and stay positive.

**Congratulations to all the award winners and
thank you to our school community for their continued support.**

We would like to thank the following sponsors for their generous donations to this valuable program and those who came forward to present the awards.

St. Martha's Parish

St. Martha's CWL

Anonymous Donors

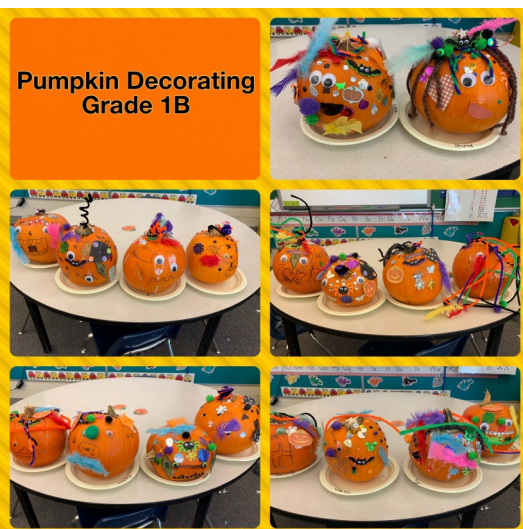
ATA Local #5

Esther Lambert

FLVT School Council



If you are interested in being a donor to our awards, please contact Patti Pilsner at pilsnerp@holyspirit.ab.ca or 403-381-0953.



**Pumpkin Decorating
Grade 1B**

**A huge THANK YOU to
Safeway—Dave Sawchuk,
Store Manager and Ron
Viney, Produce Manager for
donating the pumpkins to our
school.**



**Pumpkin
Decorating
By Grade 1T**



Kindergarten Fun!

Whether it's in class instruction or At Home Learning, attendance is more important than ever. Don't let this year go to waste by not being present.

School helps with . . .

- **Social skills / making friends**
- **Creating a routine**
- **Preparation for the real world**
- **Time management**
- **Learning to read, write, count & balance finances in the future**
- **Finding interests and talents**
- **Learning responsibility**
- **Growth and expansion of character**
- **Creating independence and decision making**
- **Build self-esteem and confidence**



When someone brings up school in a conversation what is the first thing one thinks about? Kindergarten? Elementary? High school? College? Regardless of the level of education they are all significant in their own way, thus, here are five reasons why one should go to school.

The first reason why one should go to school is because school helps one find their major. Ever since Kindergarten the teachers asked students what career they would like to pursue when they grow older. When those students transition to elementary and high school they begin to gravitate towards a certain discipline and when they finally make it to college a discipline may be chosen and pursued. But school does not only prepare you for your future major it prepares one for the real world. The stress, time management, and the priority making begins in the classroom. Students are given homework in order to complete before certain deadlines, prioritize specific assignments and activities.



The third reason why to go to school is because school helps develop networking and social skills. Students are surrounded by students in the classrooms, hallways, bathrooms, and lunchrooms so students have no choice but to socialize and garner friends throughout their educational career; the relationships that are made during school are relationships that will help others get things that would be more difficult if that student had not made those friendships. Moreover, by going to school one will inevitably learn something throughout their years in kindergarten and elementary, especially high school and college, if attended, compared to someone who does not pursue a higher echelon of learning. For example, someone who attends school 5 days a week, 8 hours out of the day for 9 months will retain a significant amount of information compared to someone who does not have education being imparted on them.



The fifth and final reason why one should go to school is because school helps develop interest for extracurriculars. For example, people who attend school have the capability to participate in after school activities. That student can develop a talent in dance, football, chess, math club, and many other extracurricular activities, thus, showing it is important for one to go to school.

One will now realize that education is a key tool in life and its successes. School is a method of growth and expansion of character and will continue to have reasons why one should go to school.



NOVEMBER

I can do all things through him who strengthens me!

Philippians 4:13



Special Days to Remember	
Month of the Holy Souls in Purgatory	
1	All Saints' Day
2	All Souls' Day
8	Catholic Education Sunday
11	Remembrance Day
25	Feast Day of St. Catherine of Alexandria

Prayer for Catholic Education

Lord Jesus Christ, we give thanks for the gift of Catholic Education. May we always appreciate the beauty that we enjoy in having our children attend a Catholic school. Guide us as we labour to bring the virtues of faith, hope, and love into a global society in great need of them. Lead us to proclaim your Good News in our schools, in our families, and in our communities. We make this prayer in your name. Amen.

Adapted from Called to Pray (Justin McClain)

Be Gracious

The "fruit of the Spirit" is evidence that our character is becoming more like Christ's. Faithfulness is one of these nine fruits. When we think about this attribute, we cannot help thinking about the saints who so faithfully answered the call to holiness. When saints are canonized, we recognize someone who has been honoured as a hero or model of faith. But guess what? We are all called to be saints by virtue of our Baptism and we are called to imitate Christ by living a life of holiness. Our children though are not called to seek holiness in any particular way but according to their own nature, their own character, and the conditions of their own life.

This month, talk to your children about what their God-given talents are and encourage them to use them to demonstrate in their own special way God's compassionate love. This is how they will learn to connect that when they are being gracious at home and at school, they are actually doing what they can to faithfully live a holy life. Learn more about how you can help your child answer their call to holiness by watching a short video by Joe Paprocki [here](#).

Catholic Education

On November 8, we proudly celebrate our schools as faith-filled learning communities on Catholic Education Sunday. Holy Spirit Catholic Schools has created a booklet to explain the basics of our Catholic faith tradition and how you will experience this being lived out in your child's school. You can access the booklet [here](#).



Holy Spirit Catholic Schools... where children are cherished and achieve their potential.

Be Grateful

We are all called to live holy lives but as Pope Francis always reminds us, we are not alone in this quest. Catholics believe in the communion of saints and we know that the saints who walk with us protect and guide us. We are grateful that they sustain and carry us when times are difficult. While we can always pray directly to God, we also know that we can ask that the saints pray for us too.

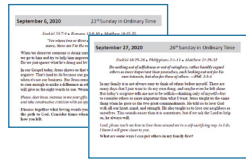
This month, after your family says your prayers, ask your favourite saint, or perhaps the patron saint of your child's school, to pray for your family. It's as simple as saying at the end of your prayer, "St. Francis, pray for us."



Faith & Family

Living a virtuous life makes salvation possible. Ken Yasinski, a popular Catholic speaker from Saskatoon, reminds us that, "As Catholic parents, our number one goal is to get our children to heaven." He and his wife Janelle have a wonderful video called "How to Teach Virtue to Children" that you can watch [here](#). Each time your children hear our call to action to "be gracious" from our faith plan this year, it is a reminder to use the virtues to guide their day to day actions. This does not just happen at school of course. It is actually in the home where we first learn to live out our vocations. If we want to live each day with holiness, we must start with our own surroundings.

We hope your family is enjoying the Mass Transit Cards to discuss the Sunday Gospel with your family. To access the November cards, click [here](#).



Therefore, my beloved, be steadfast, immovable, always excelling in the work of the Lord, because you know that in the Lord your labor is not in vain.

1 Corinthians 15:58


Resources: Peter Gohn-Good Catholic-Catholic at Home (Peter Gohn); Saint of the Day (Leonard Foley and Pat McCloskey)



"I thank my God every time I remember you."

(Philippians 1:3)

November 2020

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p>1</p> <p>Daylight Savings Ends</p> 	<p>2</p> <p>Cheesy Garlic Fingers \$4</p>	<p>3</p> <p>Mini Pepperoni Pizza \$4</p>	<p>4</p> <p>Baked Spaghetti \$4</p>	<p>5</p>  <p>Picture Retake Day</p>  <p>Chicken Burger \$4</p>	<p>6</p> <p>Quarter 1 Ends</p> <p>Remembrance Day Celebration (in classrooms)</p> <p>Kraft Dinner \$2.50 Smoothie \$3</p>	<p>7</p>
<p>8</p> <p>Catholic Education Sunday</p>	<p>9</p> <p>No School Wellness Day</p>	<p>10</p> <p>No School Wellness Day</p>	<p>11</p> <p>No School Remembrance Day</p> 	<p>12</p>  <p>Quarter 2 Begins</p> <p>Elementary Marks due.</p> <p>Chicken Burger \$4</p>	<p>13</p> <p>Booking for phone Interviews opens</p> <p>Kraft Dinner \$2.50 Smoothie \$3</p>	<p>14</p>
<p>15</p>	<p>16</p> <p>Cheesy Garlic Fingers \$4</p>	<p>17</p> <p>School Council Meeting 7 p.m.</p> <p>Elementary Report Cards</p> <p>Mini Pepperoni Pizza \$4</p>	<p>18</p> <p>Taco & Mexi Fries \$4</p>	<p>19</p>  <p>Gr. 1-9 Parent Teacher Phone Interviews 5-8 p.m.</p> <p>Chicken Burger \$4</p>	<p>20</p> <p>No School Divisional PD Day</p>	<p>21</p>
<p>22</p>	<p>23</p> <p>Cheesy Garlic Fingers \$4</p>	<p>24</p> <p>Mini Pepperoni Pizza \$4</p>	<p>25</p> <p>Taco in a Bag \$5.25</p>	<p>26</p>  <p>Kindergarten Parent Teacher Interviews 4-8 p.m.</p> <p>Chicken Burger \$4</p>	<p>27</p> <p>Kindergarten Parent Teacher Interviews 9 a.m.-12 p.m.</p> <p>Kraft Dinner \$2.50 Smoothie \$3</p>	<p>28</p>
<p>29</p> <p>First Sunday of Advent</p>	<p>30</p>					

December 2020

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1 Advent Celebration	2	3 Super Silver Day	4 AM Kindergarten	5
6 Second Sunday of Advent	7 Advent Celebration K am & Gr. 5	8	9	10 Glittering Gold Day	11 PM Kindergarten	12
13 Third Sunday of Advent	14 Advent Celebration K pm & Gr. 4	15	16 Christmas Hat/Sweater Day 	17 Red and Green Day  Advent Mass	18	19
20 Fourth Sunday of Advent	21 <i>No School Christmas Vacation</i>	22 <i>No School Christmas Vacation</i>	23 <i>No School Christmas Vacation</i>	24 <i>No School Christmas Vacation</i>	25 <i>No School Christmas Day</i>	26
27	28 <i>No School Christmas Vacation</i>	29 <i>No School Christmas Vacation</i>	30 <i>No School Christmas Vacation</i>	31 <i>No School Christmas Vacation</i>		