



**FATHER LEONARD VAN TICHEM SCHOOL**  
 25 Stoney Cres. W. Lethbridge, AB T1K 6V5  
 www.flvt.ca  
 Principal: Greg Kostiuk - Assoc. Principals: Patti Pilsner  
 & Travis Magierowski

**HONEST  
 ACCEPTING  
 WISE  
 KIND  
 SPIRITUAL**

FLVT

FEBRUARY 2021

**MESSAGES & BLOGS**

Greg Kostiuk, Principal  
<https://gregkostiuk.com>

Ken Sampson, Superintendent  
<https://blog.holyspirit.ab.ca/>



**DATES TO  
 REMEMBER**

**FEB. 9**

⇒ School Council Mtg.  
 7:00 p.m.

**FEB. 15—19 - NO SCHOOL**

⇒ Family Day  
 ⇒ Teacher's Convention  
 Week. **No School for  
 students**

**FEB. 22**

⇒ Jr. High Qtr. 3 begins



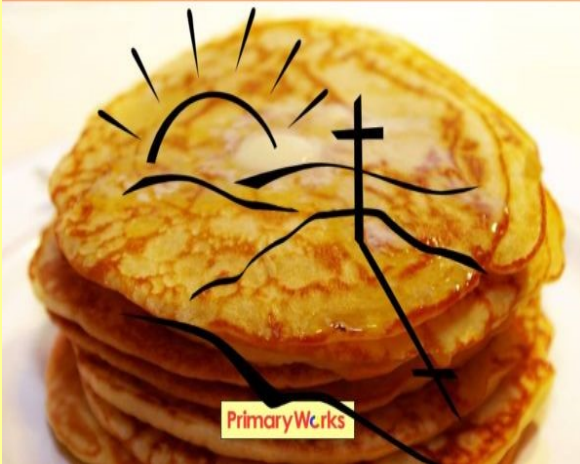
**MESSAGE FOR LENT**

*Fast from hurting words and say kind words  
 Fast from sadness and be filled with gratitude,  
 Fast from pessimism and be filled with hope,  
 Fast from worries and trust in God,  
 Fast from pressures and be prayerful,  
 Fast from bitterness and fill your heart with  
 joy,  
 Fast from selfishness and be compassionate to  
 others,  
 Fast from grudges and be reconciled,  
 Fast from words and be silent, so you can listen.*

*~ Pope Francis*

# Shrove Tuesday

'Pancake Day'



School Council will again sponsor 'Shrove Tuesday.' Since Shrove Tuesday is during the February break we will be serving the pancakes the week before the break. The current plan is for Kayla in the canteen to make the pancakes and distribution will be done throughout the week as follows:

- ⇒ Grade 1 to 3—Monday, Feb 8 at 10:15ish
- ⇒ Kinder., Grade 4 to 6— Tuesday, Feb 9 at 10:15ish (Kinder p.m. at 2 pm)
- ⇒ Grade 7—Wednesday, Feb 10 at 9ish
- ⇒ Grade 8—Thursday, Feb 11 at 9ish
- ⇒ Grade 9 & 8/9L —Friday, Feb 12 at 9ish
- ⇒ ELP Tuesday, Feb 9 & Wednesday, Feb. 10

Please note this is not to supplement a meal, and lunches should still be sent with your child.



*Catholic Central  
High School*

(403) 327-4596

## GRADE 10 PREPARATION FOR CCHS

### PARENT INFORMATION VIDEO

FEBRUARY 1— MARCH 5, 2021

An information video will be available on the CCHS website for viewing

<https://cch.holyspirit.ab.ca/>

This video will cover information about program selection and registration

### CCHS Gr. 10 STUDENT ORIENTATION

WEDNESDAY, FEBRUARY 10

1:30—3:00 p.m. (Virtual Tour)

There will be a question/answer time at the end of session

*Happy Valentine's Day*



**The students in Ms. Campmans' Grade 4 class** wrote short essays and entered them in a "Habitat for Humanity —What does home mean to you?" contest for Grades 4, 5 and 6. Each entry results in a \$10 donation to a local Habitat and the winner in each grade gets to direct a \$30,000 grant to a local Habitat build. There are also nine runners-up (3 per grade) who will also get to direct a \$10,000 grant towards a local Habitat build as well as additional prizes including an iPad and a class pizza party for each of the grand prize winners.

The 4LC class would like to challenge other classes and individuals in grades 4—6 to enter the contest and raise funds for this worthwhile cause. See <https://meaningofhome.ca/> for details.



# Meaning of Home

## 2021 LIMBO CONTEST WINNERS



**Division 1—Cohen & Evans**

**Division 2—Maddock & Isabella**

**Division 3—Nathan & Brynlee**

### VIRTUE VOUCHERS

When staff members notices a student displaying one of our Van Tighem Virtues, they can give that student a Virtue Voucher. The student can then fill it out and enter their name in the office for a monthly draw to receive a \$20 indigo gift certificate. There will be three draws; K-3, 4-6 and 7-9. All names collected throughout the year will also be eligible for an end of the year draw of a \$100 Amazon card (one for each division).

### *CONGRATULATIONS*

January winners were:

Ola O. (2TJ)

Emilio P. (5R)

Addison P. (8P)



What kind of flowers do you never give on Valentine's Day?



**Answer: Cauliflowers**

What do you call two birds in love?



**Answer: Tweethearts**



LOOKING FORWARD TO A NEW YEAR

# 2021/2022 REGISTRATION

**HOLY SPIRIT CATHOLIC SCHOOL DIVISION**  
...where students are cherished and achieve their potential



## Re-Registration for Current Students

Families who already have students in our system should expect an email during the week of **February 1-5, 2021** asking you to complete the online “Registration Update Form” for all of your children. This update allows us to make sure the information on file is accurate and that any legal declarations, preferences and consents are renewed. It also allows our schools to plan for the upcoming school year.

Parents/guardians who are hoping to register younger siblings new to the division will also have the opportunity to do this at the same time as they re-register older students.

## New Student Registration

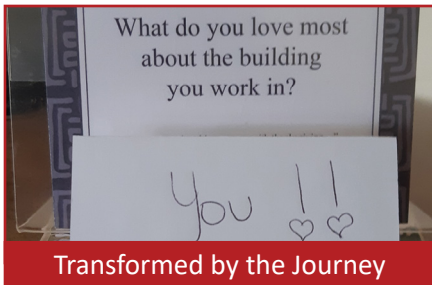
Students new to the division who wish to enroll for the 2021/2022 school year are invited to register online starting on **Monday, February 22, 2021**.

- Our [Early Learning Program](#) is designed to stimulate the growing curiosity of children 3 and 4 years of age.
- Our [Kindergarten Program](#) is designed for children 5 years of age on, or before, December 31, 2021.

For information about our Early Learning and Kindergarten Programs, or to discuss your child’s specialized programming requirements, contact Early Learning Coordinator Lynn Saler at 403-381-8495 or [salerl@holyspirit.ab.ca](mailto:salerl@holyspirit.ab.ca).

## **For More Information**

If you need assistance with the online registration process, or have any questions, contact your child’s school or visit the [school division’s website](#).



Transformed by the Journey

# FEBRUARY

Monthly Theme: Mercy



## Special Days to Remember Month of the Holy Family

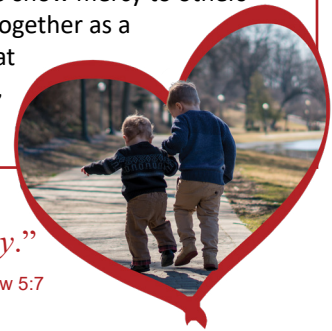
- 2 Feast of the Presentation of the Lord
- 14 Feast of St. Valentine
- 17 Ash Wednesday/Lent Begins
- 21 1st Sunday of Lent
- 28 2nd Sunday of Lent

## Be Grateful

A few years ago, some of you may have seen a movie called *Won't You Be My Neighbor?* It was about Fred Rogers, "Mister Rogers", who had a long running children's show in the US. Mister Rogers was actually a minister and he used his folksy humour and gentle kindness to teach about radical goodness and truth. He was famous for teaching children to "Look for the helpers" in scary times. Knowing his background, I have no doubt that he was pointing these children to look for people who were showing the presence of God through their merciful acts to help others in need. As William Barry observed, Mister Rogers knew that, "People can be the images of God because of the presence of the Spirit of God moving all of us in that direction." So this month, let us be grateful for the helpers — those who show our children how to show mercy to others in times of need. And let's all work together as a community to teach our children that by showing mercy to others in need, they can be the helpers too!

*"Blessed are the merciful,  
for they shall receive mercy."*

Matthew 5:7



## Catholic Education

While we follow the traditional calendar of the school year, another important calendar that we follow in Catholic schools is the liturgical calendar. This month, we begin the liturgical season of Lent on Ash Wednesday which falls on February 17 this year. Because we will not be in school to receive our ashes, we encourage you to check with your parish to see about the Ash Wednesday services that your family can participate in. During this season, we are called to repent for our sins and to engage in the three pillars of Lent — prayer, fasting, and almsgiving. Consider posting this [Lenten Family Calendar](#) so that you can engage in those 3 calls to action during your family's Lenten journey.



We hope you are enjoying the Mass Transit Cards to discuss the Sunday Gospel with your family. To access the February cards, click [here](#).

Resources: *Experiencing God in the Ordinary*, William A. Barry, SJ  
*Teaching Kids to Care*, Sr. Janet Schaeffler, OP

God of mercy,  
when there is hurt or anger in our home,  
show us how to settle our disagreements.  
Remind us to listen to each other.  
Help us to forgive each other.  
Keep laughter and kindness  
a part of our daily lives.  
Keep peace in our family.  
Amen.

Adapted from *Prayers and Rituals for the Home* (Kathy Hendricks)

Click [here](#) for a printable version of this prayer.

## Be Gracious

One of the days in February that often gets a lot of focus for children is Pink Shirt Day which occurs the last Wednesday of the month. The theme this year is "Lift Each Other Up," which connects so beautifully to our call to action this year — "Be Gracious". In our Catholic faith, one of the ways in which we lift others up is to show them mercy. Sr. Janet Schaeffler, OP describes mercy as, "Compassionate kindness and steadfast love shown to others, especially toward people who are suffering or in distressing situations." Perhaps each day this month, each person at your dinner table could share an example of mercy they have seen that day. What a beautiful way to help your child remember to keep their eyes open to the goodness in the world!



## Faith & Family



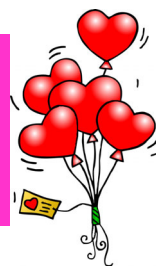
God sent his Son, Jesus to teach us about the great kindness and mercy of God. Jesus showed with his actions who God is and we are called to do the same. As a family, you might consider this month working together to model the way of Jesus by coming up with a plan to intentionally engage in the Works of Mercy. Deanna Bartalini reminds us that it is in our family, the domestic church, "where the faith is first seen and passed on, in all the little things we do each day with and for each other." Check out her [article](#) to see her suggestions for ways to keep your family focused on the works of mercy during the upcoming Lenten season.





*"Be merciful just as your Father is merciful."*






(Luke 6:36)

# February 2021



Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1 <b>RE-REGISTRATION BEGINS this week for Sept.</b>  Cheesy Garlic Fingers \$4	2 FLVT Gr. 7 Orientation 6W-11:40 6P-12:17  Mini Pizza \$4	3  Taco & Mexi Fries \$4	4 World Cancer Day (wear <b>blue &amp; orange</b> )  Chicken Burger \$4	5 AM Kindergarten  Kraft Dinner \$2.50 Smoothie \$3	6
7	8  Cheesy Garlic Fingers \$4	9 School Council Mtg. 7-8 pm (virtual)  Mini Pizza \$4	10 Gr. 10 virtual CCH Orientation 1:30-3:00  Gr. 7 Parent Orientation via google meet for FLVT—7 pm  Baked Pasta \$4	11 Quarter 2 Ends  Gr. 7 Parent Orientation via google meet for CSM, SPFA & others—7pm  Chicken Burger \$4	12 PM Kindergarten  <b>Red/Pink Day</b> for Valentines (Heart Health)  Kraft Dinner \$2.50 Smoothie \$3	13
14 	15 <b>No School Family Day</b>	16 Shrove Tuesday  <b>No School for students Teachers Convention Week</b>	17 Ash Wednesday  <b>No School for students Teachers Convention Week</b>	18  <b>No School for students Teacher's Convention</b>	19  <b>No School for students Teacher's Convention</b>	20
21 First Sunday of Lent	22 Quarter 3 Begins  Lenten Celebration in classroom  <b>NEW REGISTRATION BEGINS for next year</b>  Cheesy Garlic Fingers \$4	23  Mini Pizza \$4	24 <b>Pink Shirt Day</b>    Chicken Nuggets &	25  Chicken Burger \$4	26  Kraft Dinner \$2.50 Smoothie \$3	27
28 Second Sunday of Lent						

# March 2021

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1 Lenten Celebration  <b>Cheesy Garlic Fingers \$4</b>	2  <b>Mini Pizza \$4</b>	3	4 "Wear Stripes" Day  <b>Chicken Burger \$4</b>	5  <b>Kraft Dinner \$2.50 Smoothie \$3</b>	6
7 Third Sunday of Lent	8 Lenten Celebration  <b>Cheesy Garlic Fingers \$4</b>	9  <b>Mini Pizza \$4</b>	10	11 Crazy Hair Day  <b>Chicken Burger \$4</b>	12 Elementary Report Cards  <b>Kraft Dinner \$2.50 Smoothie \$3</b>	13
14 Daylight Savings Begins 	15  <b>Cheesy Garlic Fingers \$4</b>	16  <b>Mini Pizza \$4</b>	17 Lenten Celebration 3A & 3K 	18 Parent Teacher Interviews 5—8 p.m.  <b>Chicken Burger \$4</b>	19  <b>No School Collaborative PD Day</b>	20
21 Fifth Sunday of Lent	22  <b>No School Spiritual Development Day</b>	23 Lenten Celebration  <b>Mini Pizza \$4</b>	24	25  <b>CRAZY SOCK DAY</b> <b>Chicken Burger \$4</b>	26  <b>Kraft Dinner \$2.50 Smoothie \$3</b>	27
28 Palm Sunday	29 Lenten Celebration  <b>Cheesy Garlic Fingers \$4</b>	30  <b>Mini Pizza \$4</b>	31 Grade 7 Registrations Due	1  <b>HOLY THURSDAY</b>	2  <b>No school GOOD FRIDAY</b>	