



FATHER LEONARD VAN TIGHEM SCHOOL
 25 Stoney Cres. W. Lethbridge, AB T1K 6V5
 www.flvt.ca
 Principal: Greg Kostiuk - Assoc. Principals: Patti Pilsner
 & Travis Magierowski

**HONEST
 ACCEPTING
 WISE
 KIND
 SPIRITUAL**

FLVT

MARCH 2021

MESSAGES & BLOGS

Greg Kostiuk, Principal
<https://gregkostiuk.com>

Ken Sampson, Superintendent
<https://blog.holyspirit.ab.ca/>



DATES TO REMEMBER

MARCH 16 — School Council Meeting 7 p.m.—Virtual

MARCH 12 — Parent/Teacher Phone Interview booking opens

MARCH 18 — Parent/Teacher Phone Interviews 5—8 p.m.

MARCH 19— NO SCHOOL for students - Divisional P. D. Day

MARCH 22— NO SCHOOL for students - Spiritual Development Day

**7 Prayers for
 March**



**May your finances multiply.
 May your health improve.
 May your family be loved.
 May your friends be blessed.
 May your pains lessen.
 May your worries disappear.
 May God bless you.
 Amen.**

**HAPPY
 MARCH**





LOOKING FORWARD TO A NEW YEAR

2021/2022 REGISTRATION

HOLY SPIRIT CATHOLIC SCHOOL DIVISION
...where students are cherished and achieve their potential



HAVE YOU REGISTERED FOR NEXT YEAR!!!

If not, we ask that you do this as soon as possible to help us plan for next year. Parents can either go through the link in the Holy Spirit email that was sent to you the first week of February or you can follow the instructions below.

1. Go to our website <https://flvt.holyspirit.ab.ca/>
2. Click on the "P" icon in the top right corner of the page. It is alongside facebook/twitter, etc.
3. Enter your username & Password
** If you have forgotten your password or if it is not working for you, please contact the office and we will help you.
4. Scroll down on the left hand side of your screen to "SchoolEngage". When you click on it, you will see an incomplete document. This is the registration form. Click on it and complete.

Younger siblings new to the division will also have the opportunity to do this at the same time as they re-register older students.

New students to our district who do not have a sibling at FLVT are welcome to register through our FLVT website.



Gr. 1—9 Parent-Teacher Conferences

THURSDAY, MARCH 18, 2021

The link for the Conference Manager is:

<https://vantighem-leth.schoolsoft.com/login.jsf> (DO NOT include “www”). The link will be available on our website on **March 12**.



Grades 1 - 9 (5:00—8:00 p.m.)

Now that we are well into the school year, marks are getting established. If you have concerns about your child’s mark(s), please book an interview with the subject teacher.

Elementary Report cards will be sent home March 12.

Junior High will not receive report cards. The most up to date Marks can be accessed on PowerSchool.

Kindergarten will be doing a virtual St. Patrick’s Activity in lieu of interview—Refer to Kindergarten newsletter for details.

PLEASE NOTE: Due to Covid-19, parent/teacher conferences will be conducted by phone calls. This is the phone number the teacher will call you at for the designated time.

Please note: If the teacher is booked up or you are not able to make the available times, please email the teacher directly to make alternate arrangements.

St. Michael’s Health Centre ‘hall of love’



St. Michael’s health Centre’s post-acute rehabilitation patients and staff are treated to uplifting messages from local students each time they walk down the rehab hallway, just in time for Valentine’s Day.

Thoughtful students from three schools-Ecole St. Mary, Father Leonard Van Tighem and Dorthy Dalgliesh—unable to visit residents during the pandemic, teamed up with St. Michael’s recreation theapists to create the “hall of love”. The students created and decorated the colourful hearts with messages of kindness and hope, which the recreation therapists pinned to the hallway walls to ensure patients see them as they walk to and from their appointments.

“The words of encouragement are so inspiring,” says recreation therapist Colene Bareton.. “We’ve heard patients say the messages make them feel good and that they love how the hallway looks.”

While staff and patients miss having local students come to visit, they are touched by the students’ creativity and determination to spread cheer during the pandemic.

Mrs. Campman’s grade 4 class was happy to be involved with this project, sending in their contributions to brighten the day of many





Students in 4LC were excited about their virtual field trip to The Royal Tyrell Museum! Thank you to Ms. Torres, their student teacher, for organizing this enriching experience!



SPRING PHOTOS by Lifetouch

April 13 - Spring Pictures and Kindergrad Photos -

The spring pictures are a fundraiser for FLVT. It will be the same format as the beginning of the year pictures where every student gets their pictures taken and proofs go home. There is no obligation to parents to buy, but they may order pictures if they wish. The school will receive \$2 for each child who sits in front of the camera to get their picture taken. With 600 plus students, this could mean \$1200 going to our school.



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VIRTUE VOUCHERS

When staff members notices a student displaying one of our Van Tighem Virtues, they can give that student a Virtue Voucher. The student can then fill it out and enter their name in the office for a monthly draw to receive a \$20 indigo gift certificate. There will be three draws; K-3, 4-6 and 7-9. All names collected throughout the year will also be eligible for an end of the year draw of a \$100 Amazon card (one for each division).

CONGRATULATIONS

February winners were:

Ayla H (2J)

G.L. U (5R)

Neala C (8/9 L)



Below are some great links shared by Joann Bartley, our Holy Spirit Director of Religious Education.
To access, press control button and point on link.

Lent Calendars

[Lenten Family Calendar \(Loyola Press\)](#)
[Digital Lent Calendar](#)

Videos

[Lent in Three Minutes \(Busted Halo\)](#)
[Bishop Barron on Lent](#)
[Fr. Mike Schmitz - The Purpose of Lent](#)

Lent Resources

[Living Lent \(Canadian Conference of Catholic Bishops\)](#)
[Celebrating the Season of Lent \(Canadian Conference of Catholic Bishops\)](#)
[Lent in the Diocese \(Roman Catholic Diocese of Calgary\)](#)
[Lent Frequently Asked Questions \(Loyola Press\)](#)
[25 Great Things You Can Do For Lent](#)
[Lent Resources \(Loyola Press\)](#)
[Lent Resources \(CARFLEO\)](#)
[Lent Resources - including infographics \(Archdiocese of Toronto\)](#)
[General Lent Resources \(Saskatchewan Catholic School Boards Association\)](#)
[General Lent Resources \(Toronto Catholic District School Board\)](#)
[Lent and Easter Resources for 2021 \(Pearson Canada - Growing in Faith, Growing in Christ\)](#)

2021 OUTDOOR SOCCER REGISTRATION

Online Registration begins March 1, 2021 at noon – Sunday April 4, 2021



www.lethbridgesoccer.com

403-320-5425

Boys and Girls

U4 – U6 (Co-Ed) \$115.00

U7 - U19 (Co-Ed) - \$165.00

Season to start May 10 – July 10, 2021



LFC Competitive information will be made available online at lethbridgesoccer.com or visit our Facebook Page at Lethbridge Soccer Association. LFC Registration will open online March 1, 2021

LETHBRIDGE MINOR SOFTBALL

ABOUT US: The Lethbridge Minor Softball Association is a non-profit organization which offers programs for Lethbridge and area youth to participate in the sport of softball. Girls and Boys from age five to nineteen are eligible to play in divisions of two year increments.

All age groups offer instruction so that the skills to play are fundamentally developed. Players will participate, twice a week in practices, training sessions or games which will run from late April, (weather permitting), through to the end of June. We have a house league as well as a competitive provincial team for players wanting to challenge themselves.

We believe that you are never too old to register and regardless of experience we would love to have you come out and learn the sport which is described as a lifelong sport that encourages physical activity along with social enjoyment!

YEAR OF BIRTH	DIVISION	FEES	NIGHTS
2015 – 2016	Timbits U6	\$80	M/W
2013 – 2014	Timbits U8	\$80	M/W
2011 - 2012	U10	\$80	Tu/Th
2009 – 2010	U12	\$120	M/W
2007 – 2008	U14	\$120	M/W
2005 – 2006	U16	\$120	T/Th
2002 – 2004	U19	\$120	T/Th

TO REGISTER OR FOR MORE INFORMATION GO TO:

www.lethbridgeminorsoftball.com

Due to Covid-19 Payment will not be required at time of registration but will be collected prior to the start of the season.

For more information, contact:

Jennifer Drader - President 403-360-7806

Lethbridge Minor Softball admin@lethbridgeminorsoftball.com



MARCH

Monthly Theme: Forgiveness



Special Days to Remember	
Month of St. Joseph	
5	World Day of Prayer
17	Feast Day of St. Patrick
19	Solemnity of Joseph, Spouse of the Blessed Virgin Mary
25	Annunciation of the Lord
28	Palm Sunday - Holy Week Begins
April 1 Holy Thursday April 2 Good Friday	

My God,
I am sorry for my sins with all my heart.
In choosing to do wrong
and failing to do good,
I have sinned against you
whom I should love above all things.
I firmly intend, with your help,
to do penance,
to sin no more,
and to avoid whatever leads me to sin.
Our Savior Jesus Christ
suffered and died for us.
In his name, my God, have mercy.
Amen.

Prayer Source: loyolapress.com

Click [here](#) for a printable version of this prayer.

Be Gracious



In the Gospel of Matthew, Peter asks Jesus how many times he must forgive someone who hurts him. Jesus tells him that he must forgive not seven times but seventy-seven times. Jesus placed great emphasis on forgiveness — both our need to seek forgiveness from others and from God but also our need to forgive others too.

Our families are where children first learn about how forgiveness can bring about healing and reconciliation. They learn to say sorry to their brothers and sisters for being mischievous and they learn to say sorry to their mom and dad for times when they are not doing as they have been asked. As children grow, they have more opportunities to ask for forgiveness at school when they make bad choices and they learn how to forgive classmates who have hurt them too. This is a healthy part of a child's development — we teach them to be gracious by being able to admit to making a mistake and then asking for forgiveness, as well as being able to offer forgiveness to those who have hurt us.

Be Grateful

During the season of Lent, we focus on repentance, being truly sorry for our sins and expressing our sorrow to God for the mistakes we have made. Let us remember to be grateful that one of the beautiful gifts of our Church are the Sacraments we receive, including the Sacrament of Reconciliation. When we receive this Sacrament, we are reminded that we do not have to hold onto our burdens. We can confess our sins and we can be forgiven — this is so important for our mental, physical, and spiritual health.

If your child has received their First Reconciliation, encourage them to receive this Sacrament often so it becomes a healthy spiritual habit. And of course if we model to our children how grateful we are to receive this Sacrament ourselves, they will be encouraged to make it part of their life as well.

If your child has not received the Sacrament of Reconciliation, encourage them to talk to God in their prayers about the choices they are making so that they can hear his voice guiding them to live a good and holy life. We are so blessed in our faith that we have a gracious, merciful, and forgiving God. Let us be grateful for that!



Catholic Education

The school and home are partners in Catholic Education and we must work together to teach our students the power of forgiveness. When your child brings home stories of their struggles during the day, take a moment to flesh out if reconciliation has occurred. If not, perhaps model with your child how he/she might consider handling the situation tomorrow so that there is healing for everyone. This is what Jesus asks us to do. It greatly helps all aspects of a child's wellness if together, we can help them learn how important it is to both forgive others and to ask for forgiveness too!

Faith & Family

During this season of Lent, we are asked to pray, fast, and give alms as part of our penance. Does your family have a special place devoted to prayer? Please see this [article](#) to get some ideas about how to create such a space in your home if you don't already have one.

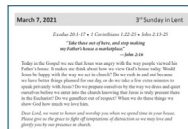


An Ignatian prayer tradition is the Daily Examen which is a great way to reflect on our day while offering thanksgiving for our opportunities to see God at work as well as asking for forgiveness when we have sinned. This [article](#) shows you how to teach your children to pray a Daily Examen. Perhaps this would be a nice prayer for your family to practice over the Lenten season.



Forgiveness

Forgive, and you will be forgiven.
- Luke 6:37b




We hope you are enjoying the Mass Transit Cards to discuss the Sunday Gospel with your family. To access the March cards, click [here](#).







“Be kind to one another, tender-hearted, forgiving one another, as God in Christ has forgiven you.”

(Ephesians 4:32)

March 2021

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1 Lenten Celebration 3A & 3K Cheesy Garlic Fingers \$4	2 Mini Pepperoni Pizza \$4	3 Taco & Mexi Fries \$4	4 "Wear Stripes" Day  Chicken Burger \$4	5 Kraft Dinner \$2.50 Smoothie \$3	6
7 Third Sunday of Lent	8 <i>Elementary Marks Due</i> Lenten Celebration 8K Cheesy Garlic Fingers \$4	9 Mini Pepperoni Pizza \$4	10 Baked Spaghetti \$4	11 <i>Crazy Hair Day</i>  Chicken Burger \$4	12 <i>Elementary Report Cards</i> Parent/Teacher Phone Interview bookings start Kraft Dinner \$2.50 Smoothie \$3	13
14 Daylight Savings Begins 	15 Cheesy Garlic Fingers \$4	16 School Council Mtg. 7 p.m. Mini Pepperoni Pizza \$4	17 Lenten Celebration 1T & 6W Kindergarten Virtual Activity Pancakes & Sausage \$4 	18 Parent Teacher Interviews 5-8 p.m. Chicken Burger \$4	19 No School Collaborative PD Day	20
21 Fifth Sunday of Lent	22 No School Spiritual Development Day	23 Lenten Celebration 7J Mini Pepperoni Pizza \$4	24 Chicken Nuggets & Veggies \$4	25  Chicken Burger \$4	26 Kraft Dinner \$2.50 Smoothie \$3	27
28 Palm Sunday 	29 Cheesy Garlic Fingers \$4	30 Mini Pepperoni Pizza \$4	31 Grade 7 Registrations Due Green Shirt Day Pre-order Taco in a Bag \$5.25	1 HOLY THURSDAY Activities/Celebration	2 No school  GOOD FRIDAY	

April 2021

Sun	Mon	Tue	Wed	Thu	Fri	Sat	
				1 Holy Thursday Activity/ Celebration Chicken Burger \$4	2 No School Good Friday 	3	
4 Easter Sunday 	5 No School Easter Monday	6 No School - Easter Break →				7	8
11	12 Classes Resume Cheesy Garlic Fingers \$4	13 Kindergarten Grad and Spring Pictures Mini Pizza \$4	14 Pajama Day! 	15 Chicken Burger \$4	16 Kraft Dinner \$2.50 Smoothie \$3	17 St. Kateri Day	
18	19 Cheesy Garlic Fingers \$4	20 Mini Pizza \$4	21 Western Dress-Up Day 	22 Chicken Burger \$4	23 AM Kindergarten Kraft Dinner \$2.50 Smoothie \$3	24	
25	26 Cheesy Garlic Fingers \$4	27 Mini Pizza \$4	28 Retro Day 	29 Chicken Burger \$4	30 PM Kindergarten Q3 Ends Kraft Dinner \$2.50 Smoothie \$3		