

Check out our BLOGS

Greg Kostiuk, Principal https://gregkostiuk.com

Ken Sampson, Superintendent https://blog.holyspirit.ab.ca/ DATES TO REMEMBER

OCT. 5 — Picture Day



A PRAYER FOR OUR STUDENTS

DEAR GOD, THANK YOU FOR THE GIFT OF EDU(ATION IN EVERY FORM. AS OVR (HILDREN PREPARE TO START A NEW YEAR MAY (ONFIDENCE BE THEIR FOUNDATION, MAY GRACE BE THEIR GUIDE AND MAY HOPE BE THEIR (OMPASS TOWARD A BRIGHT FUTURE. I PRAY THEY WOULD HAVE EYES TO SEE THE NEEDS OF THOSE AROUND THEM AND A HEART TO LOVE WELL. MAY THEY FACE EACH DAY WITH POSITIVITY KNOWING THAT NO MATTER WHAT (OMES THEIR WAY, THEY DO NOT HAVE TO FACE IT ALONE. AMEN

PLEASE WELCOME

CAROL SWANSON – ADMINISTRATIVE ASSISTANT

As with everyone, I am excited and scared with all that is a new beginning.

Writing on Stone Park was our playground as the family farm was 5 miles north. After graduating high school in 1987, I raised 5 children with the youngest starting university this fall and now a move to Lethbridge.

Since 2010, I have been the administration assistant at Erle Rivers High and prior to that, was the Librarian/Education Assistant at Milk River Elementary.

2021 has been a big year, getting back into hiking and summiting mountains which took a hiatus while raising kids. A few stiff muscles are letting me know I am not 20 anymore. The homerun was becoming a grandmother in July. That is everything Mom said it would be!

Moving from a school with 85 students to 700 students is a welcoming challenge. The Father Leonard Van Tighem team has been warm and welcoming. Sometimes we do not know how many blessings we have.

PATTI KROKER – GRADE S TEACHER

My name is Patti Kroker, I am excited to be teaching a variety of junior high classes at Father Leonard Van Tighem School.

My husband and I have twins, Josh and Michela. In my spare time I like to travel, bike and walk my dog Buddy.

RHIECE CORDES - SUCCESS COACH

Hello Father Leonard Van Tighem parents and families, my name is Rhiece Cordes and I am so excited to be joining Father Leonard this fall as a Mental Health Capacity Building Facilitator. As a Mental Health Capacity Building Facilitator, I work as part of a team to recognize, understand and adapt to the changing needs of the school community related to mental health and wellness. My role in the school is to provide universal programming to promote resilience and improve student's overall mental wellbeing.

I am new to the Holy Spirit Division, though I initially moved to Lethbridge in 2015 to attend post secondary as a varsity athlete for the Lethbridge College Kodiaks Women's Volleyball Team. Following my time at Lethbridge College, I completed my Undergrad in Psychology at the University of Victoria where I also learned that 'home is where the heart is'. Shortly after my time at Uvic I found myself back in Lethbridge with a greater appreciation for wide open spaces, cheaper cost of living, smaller yoga classes, and arguably better local coffee shops.

I am so grateful to be a part of the Father Leonard family this fall/winter where I will get to know the amazing students and staff while pursuing my passion for promoting mental health and wellness.







PLEASE WELCOME

CALI WRIGHT - PSIII WITH MRS. ROGERS & MRS. MARTIN

Hello!

My name is Cali Wright. I am a PS3 student from the University of Lethbridge and I am so excited to be teaching at FLVT until Christmas! This fall, I will be teaching several classes of music and a math 8 class. I finished my Bachelor of Music in April 2020, and I hope to graduate with a Bachelor of Education in December.

Before coming to FLVT, I had the opportunity to teach elementary music at Raymond Elementary and teach a grade 2/3 class at Senator Buchanan in Lethbridge. I look forward to getting to know the students, parents, and staff and continuing to develop as a teacher at FLVT. Thank you so much for welcoming me to you school for the fall!

Outside of school, I really enjoy playing piano, singing, painting, baking, and playing sports. Volleyball and waterskiing are two of my favourites.

MEGAN NORTON – PSIII WITH MRS. ALVAREZ

I am so pleased to have been selected to spend time at Father Leonard Van Tighem School for my Professional Semester III experience! My Professional Semester I placement was in a grade 4/5 Montessori classroom at Fleetwood-Bawden Elementary School, and I loved the time I spent there! I was then placed at Victoria Park High School for my Professional Semester II experience and enjoyed it so much!

I was born and raised in Lethbridge and love the community. I am a single parent and have three daughters: Ivy, Clara, and Lila. I graduated with a Business Degree before I had my children but have chosen to return to school to pursue my dream of becoming a teacher.

Besides caring for my home and children, I have a variety of interests. I enjoy baking, music, playing the piano, reading, and doing any kind of yard work. My girls and I enjoy bike rides, long walks, swimming, camping, and skiing. We also love spending time with extended family.

STEPHANIE WALZ - PSIII WITH MR. TEMPLIN

WELCOME BACK!

Hello, my name is Miss Walz and I am an undergrad, mature student who's come back to school after a very long break. I'm excited to be doing my third and final practicum at the University of Lethbridge. My goal is to complete my teaching degree so that I may one day have the pleasure of teaching elementary school. I enjoy walking in nature, cooking and yoga. I have three grown children and two grandchildren, so I now have the time to focus on my own dreams, which include becoming an elementary school teacher.

During this fall semester, I will be working with Mr. Templin in his grade one classroom. I am extremely excited to get to know your child and aid in their learning through fun activities and lessons. I can't wait to meet your child and work with them for the next four months! I'm excited to be given the opportunity to complete my teaching internship at Father Leonard Van Tighem school this fall.







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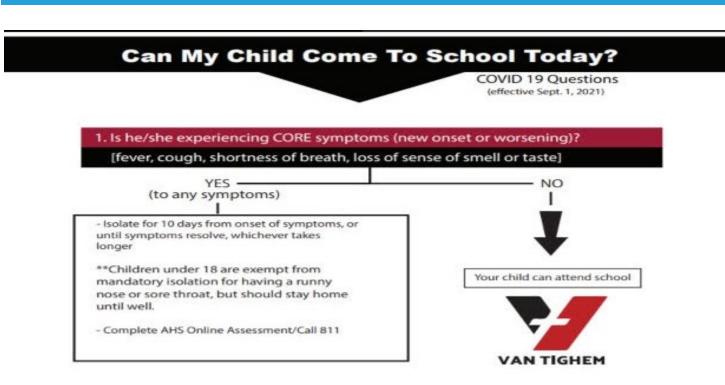


<u>SCHOOL MIGHT BE BACK, BUT SUMMER ISN'T</u> <u>OVER YET!</u>

FVLT and Kona Ice have partnered up for a FUNdraiser on Thursday, Sept. 16!

Students and staff can say Aloha! to a brand new school year with a refreshing Kona Ice AND 20% of sales will come to the FLVT HAWKS virtues fund! Orders can be paid for on School Cash online by September 14.

Enjoy those last sips of summer with a Kona Ice!



FLVT



Tuesday, October 5

All grades will be accommodated on this day. If you are in Early Learning and do not attend on this day, please stop into the school in between 8 a.m. and 12:00 p.m. for your child's photo to be taken.

Photos this year will be taken by LifeTouch

Just a few reminders of school bus regulations:

- Masks must be worn at all times on the bus.
- Parents/Guardians must be at their child's bus stop if they are in Kindergarten -Grade 1 for both drop off and pick up unless they are with an older sibling. If a parent/guardian is not at the Bus Stop, the child will be taken back to the school and it



will be the school's responsibility to contact the parent.

- Students must be at their designated Bus Stop at least five minutes before their pick time. We are unable to stop and wait for students due to the timing and the amount of students transported, if students are not at a bus stop and visible to the school bus operator they will continue on to the next designated Bus Stop.
- Friends may not take the bus for play dates, to daycare, to grandparents, etc.
- Please do not to park in the School Bus Parking Zones.

BELL TIMES AND SCHEDULES

BELL TIMES – Start time (first bell) 8:26 (please be at muster point around 8:20) **MONDAY—THURSDAY** — Elementary End time 3:16 / Junior High: 3:10 FRIDAY - EARLY DISMISSAL - Elementary 1:00 P.M. / Junior High 12:56

NUTRITION / LUNCH BREAKS

MONDAY - THURSDAY

Grades 1 - 6 - 10:23-10:53 & 12:44-1:24 Grades 7 – 9 – 12:20 –1:01

FRIDAYS

GRADES 1 – 6 – 10:30–11:00. Because this is a very short break, please **do not send items** needing a microwave.

GRADES 7 – 9 – 11:16–11:31 (15 minute nutritional break)

Bus students will catch the bus at regular bus pick up time of 1:10. All other students are free to leave for home at 1:00 or when dismissed.

BEFORE AND AFTER SCHOOL

All entrance doors will be locked. Teachers will meet students at their designated muster point at 8:20 and take students to the classroom. There will be no staff supervision before 8:20 or after dismissal times at the end of the day. Students are expected to head straight home.

DRESS CODE

Dress in accordance with the following guidelines. Good social judgement includes knowing what is appropriate to wear (clean, neat, modest clothing free of offensive language, advertising or slogans). No underwear should be showing.

CANTEEN

Clip cards will be available again through cash online for \$20.00 each. The students can use these cards to purchase lunches or if requested, they can use them for milk only. Any money left on cards from last year has been carried over to this year.

NO FORKS OR SPOONS AVAILABLE—BRING FROM HOME

Please pay through cash-on-line, cash, making Cheques payable to KAYLA CHAPMAN or pay by e-transfer to kkchapman15@gmail.com. "Debit tap" is now available.

HEALTHY CHOICES

| Hamburger | \$3.50 |
|------------------------------|-------------------|
| Cheeseburger | \$4.00 |
| Hot Dog | \$2.00 |
| Milk (chocolate) | \$2.00 |
| Orange Juice | \$2.00 |
| Pizza Sub | \$4.00 |
| Chicken Wraps (Ranch, Caesar | , Buffalo) \$4.00 |

REGULAR MENU ITEMS

| Muffins | \$2.00 |
|------------------------------------|--------|
| Yogurt Berry Parfait. | \$3.00 |
| Fresh Fruit | \$1.00 |
| Veggies | \$2.00 |
| Grilled Chicken Vermicelli Salad . | \$6.00 |

NO MICROWAVES

GLUTEN FREE OPTIONS (Must be pre-ordered by 11 a.m. of that day -call or text Kayla at 403-360-9046)



Hot Dog \$4 Hamburgers

\$6.50

TEXTBOOK POLICY

Junior High Students have received their textbooks for the year. The average cost of a textbook is \$80.00, and they must last for many years. Please encourage your student to take good care of their texts. Should they lose a textbook, they will have to pay to replace it. Full cost will be charged for a new text and a portion for an older one, depending on the age of the book. Also, any damage they do to a textbook will be assessed a fee on an individual basis.

EMERGENCY PROCEDURES

Within the next few weeks we will be holding fire drills and practicing our lockdown and evacuation procedures. Sometime in September, the fire department will be working with us to ensure that our emergency plans function well for us. You can help us out a great deal by making sure that your children understand the importance of always having shoes on their feet. There is no time during an evacuation of any kind to be hunting for footwear.

NOTICE TO PARENT OR GUARDIAN OF RELIGIOUS PERMEATION

Section 58.1 of the *Education Act* requires a school board to give notice to a parent or guardian when courses of study, education programs, institutional materials, instruction or exercises include subject matter that deals primarily and explicitly with religion. All of the schools in this division are Catholic Separate Schools, the essential purpose of which is to fully permeate Catholic theology, philosophy, practices and beliefs, the principles of the Gospel and teachings of the Catholic Church, in all aspects of school life, including in the curriculum of every subject taught, both in and outside of formal religion classes, celebrations and exercises. Every course of study and educational program, all institutional materials, instruction and exercises will at all times include subject matter that deals primarily and explicitly with religion.



FAIR NOTICE LETTER

Dear Parents / Guardians,

The Holy Spirit Catholic School Division is committed to providing safe learning environments for all students, staff, school visitors and community members. When a student behaves inappropriately, principals use progressive discipline to help a student take responsibility for their actions, change their behavior and learn from their mistakes.

When students' behaviors pose a potential threat to safety or serious harm, the Southwest Alberta Regional Violence Risk Threat Assessment Protocol (VTRA) helps principals take further steps to protect the wellbeing of students and staff. The protocol helps schools respond quickly to threatening incidents such as: possession of a weapon or a replica weapon, bomb threats or plans, verbal, written or electronic (internet, text) threats to kill or injure oneself or others or other threats of violence, fire setting.

The Southwest Alberta Regional VTRA Protocol outlines how a school responds immediately to threatening behavior. Principals may first bring together a School Threat Assessment Team, which ideally includes the principal / associate principal, a school based counsellor / jurisdictional lead and police of jurisdiction. If the situation is serious the principal may also consult the Superintendent of Schools and call in members of the Community Threat Assessment Team. This community team may include representatives of community agencies who work with us to keep our schools safer such as, but not limited to, local police, children's mental health organizations or Child and Family Services. Parents / guardians will be notified as soon as possible in the Stage I - VTRA Process. If parents / guardians cannot be reached, but a concern for safety still exists due to threatening behavior, the threat assessment may still proceed. Personal information shared throughout this process will respect and balance each individual's right to privacy with the need to ensure the safety of all.

This letter complies with procedure 2 of *Administrative Procedure 322: Violence Threat / Risk Assessment (V-TRA) Protocol,* which states that parents / guardians will be provided with "fair notice" that each threat will be taken seriously. Should you wish to further review this Administrative Procedure, please visit our website at www.holyspirit.ab.ca.

If you have any questions regarding the Holy Spirit Catholic School Division's use of the Southwest Alberta Regional V-TRA Protocol, please contact the Director of Support Services at the St. Basil Catholic Education Centre. We appreciate your support in ensuring our schools are safe environments for our students, staff and community partners.

Sincerely, Ken Sampson, Superintendent of Schools



"Let all that you do be done in love."

1 Corinthians 16:14

Together on the Journey



School: St. Teresa of Calcutta





Born Anjeze Gonxhe (in English, "Agnes Little Flower") Bojaxhiu in what is now called North Macedonia, Agnes was fascinated by stories of saintly missionaries. By age 12, she was convinced she should give her life completely to Jesus as a nun. After many spiritual conversations with her mother and her priest, who guided her in this discernment, Agnes left home at 18 years old to join the Sisters of Loreto, where she took the name Teresa. Soon she was sent to Ireland for her formation as a nun and as a missionary. She later left the convent to devote herself to caring for the sick and poor, a ministry she selflessly continued until her death in 1997.



THE CORPORAL WORKS OF MERCY

We do not perform good works in order to please God. We do not do good works in order to earn grace or salvation. We do good works because God is love and we yearn to live in God. By sharing love with others, we encounter the living God. The Catholic Church identifies for us various works of mercy - the Corporal Works of Mercy and the Spiritual Works of Mercy. The Corporal Works of Mercy can be traced to the Parable of the Last Judgment in Matthew 25. These works are kind acts by which we help our neighbours with their everyday material and physical needs. The following are some suggestions for how we can practice these in our everyday lives.

1 & 2 Feeding the Hungry/Give Drink to the Thirsty - Support and volunteer for food pantries, soup kitchens, and agencies that feed the hungry and give drink to the thirsty; make a few sandwiches to hand out as you walk through areas of your city or town where you may encounter people who are in need of food.

3 Clothe the Naked - Go through your drawers and closets and find good condition clothes to donate to agencies that accept clothing; participate in clothing drives in your community.

4 Shelter the Homeless - Help neighbours to care for their homes and do repairs; support and/ or volunteer at a homeless shelter; support and/or volunteer for Catholic Charities initiatives, Habitat for Humanity etc.

5 Visit the Sick - Spend quality time with those who are sick or homebound; take the time to call, send a card, or an email to someone who is sick.

6 Visit the Imprisoned - Support and/or participate in ministries to those who are incarcerated;

support programs sponsored by agencies that advocate on behalf of those who are unjustly imprisoned. Visit people "imprisoned" by loneliness, sickness, or old age.

7 Bury the Dead - Be faithful about attending wakes/visitation; support or volunteer at a hospice; participate in a bereavement ministry; spend time with widows and widowers; take friends and relatives to visit the cemetery; support ministries that offer free Christian burials to people unable to afford time.

RESOURCES

Lukas Storyteller: Mother Teresa (FORMED video)

Mother Teresa: Seeing the Face of Jesus (FORMED video)

Saint Teresa of Calcutta by Dr. Tim Gray & Dr. Mark Giszczak (FORMED video)

"Be faithful in small things because it is in them that your strength lies."

- St. Teresa of Calcutta



Together on the Journey

SAINT TERESA OF GALUTTA

School: St. Teresa of Calcutta



WEEK TWO

How can you go out of your way to share in the experiences of someone else, especially someone different from you who might be struggling.



Feast Days and Celebrations September 2021

- 1 World Day of Prayer for the Care of Creation
- 5 Feast of St. Teresa of Calcutta
- 15 Memorial of Our Lady of Sorrows
- 29 Feast of St. Michael

As you journey with St. Teresa this month...

WEEK ONE

Agnes's (St. Teresa's) mother remembered the words of Jesus and encouraged her daughter to be totally devoted to Him. Write a prayer asking God to help you to be totally devoted to Jesus.



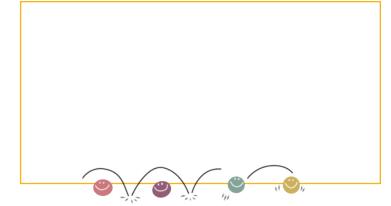
WEEK THREE

St. Teresa's energy and conviction came from her daily visits to Jesus in the Blessed Sacrament. Write a prayer asking for the grace to show God's love to the people you encounter.



WEEK FOUR

St. Teresa loved to say, 'Perhaps I don't speak their language, but I can smile.' Who do you want to share a smile with today?



Sources: Daily Lessons from the Saints by Fr. Brice Higginbotham, A Well-Built Faith by Joe Paprocki



Sunday Gospel Readings

Sept. 5/23rd Sunday in Ordinary Time Mark 7:31-37

Sept. 12/24th Sunday in Ordinary Time Mark 8:27-35

Sept. 19/25th Sunday in Ordinary Time Mark 9:30-37

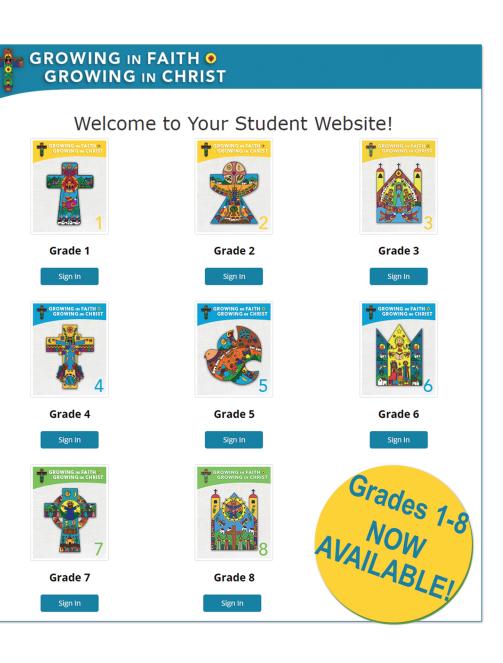
Sept. 26/26th Sunday in Ordinary Time Mark 9:38-43, 45, 47-48

GROWING IN FAITH • GROWING IN CHRIST

Our School uses the *Growing in Faith, Growing in Christ* program for Religious Education!

*Growing in Faith, Growing in Chris*t features a Student-Home Website with videos, songs, bible stories, prayers, interactive activities and more – all designed for students and families to explore their faith together.

Log in at: www.pearsoncanada.ca/growinginfaith/student-home Grades: 1-8 available! Username: holyspirit99 Password: Student99



Ages 4 - 12 Sibling Discount Full Day & Half Day Options

For more information and to register visit our website

www.westwindgym.com events/pd day camps & clinics



0ct. 12 - 15 Nov. 12 Dec. 28 - 31 Jan. 3 Jan. 28 Feb. 22 - 25 Mar. 18 Apr. 18 - 22 Apr. 25 May 24



PD DAY CAMPS 245 10th Street N Lethbridge, AB T1H 0H6 403 -320 -1373

PARENT'S NIGHT \$35 OUT!

> Ages 4 - 12 5:30 - 8:00 PM Pizza Dinner Included

Pyjamas and Gymnastics -Sept 25 Monster Bash - October 23rd Cupcake Battles - November 20 Reindeer Games - December 11 Glow in the Dark - January 22

245 10th Street N Lethbridge, AB T1H 0H6 403 -320 -1373

For more information and to register visit our website

westwindgym.com events/parent's night out



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Online September 17–18, 2021

Additional Events September 14-25

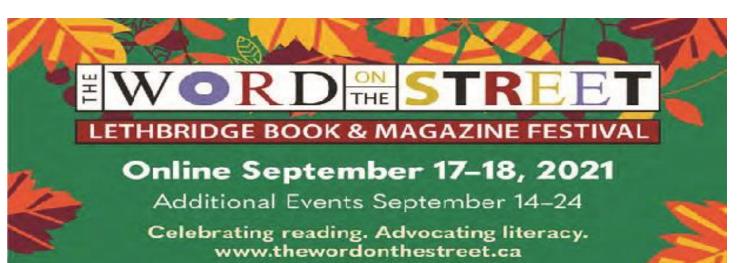
Celebrating reading. Advocating literacy. www.thewordonthestreet.ca

Friday, September 18th CVS Midwest Tapes Kids' Program (ASL)

9AM MST: Wild About Nature with Jill Heinerth and Kathy Stinson

10AM MST: Picture Book Showcase with Eric and Terry Fan
11AM MST: Middle Grade Mystery with Kevin and Basil
Sylvester, Michael Hutchinson, and Marty Chan
12PM MST: Powwow: A Celebration Through Song and
Dance by Karen Pheasant-Neganigwane





Friday, September 17th Lethbridge Herald Teen Program (ASL)

1:15PM MST: It's Kind of a Funny Story with Ben Phillipe and Heather Smith

2:15PM MST: Belonging with Sabina Khan and Louisa Onomé

3:15PM MST: Other Worlds with Tanaz Bhathena and Adan Jerreat Poole

4:15PM MST: Mystery and Murder with June Hur and Tash McAdam



thewordonthestreet.ca/lethbridge/ www.facebook.com/LethbridgeWOTS twitter.com/WOTS_Lethbridge

The full festival schedule is here: https://thewordonthestreet.ca/lethbridge/festival/schedule/ The list of participants is here: https://thewordonthestreet.ca/lethbridge/festival/participants/ There is a Tuesday kids and YA comic panel here, including Shirley and Jamila author Gillian Goerz: https://thewordonthestreet.ca/lethbridge/events/tues-sept-14-comics-for-the-young-at-heart/ The Friday kids' program is here: https://thewordonthestreet.ca/lethbridge/festival/schedule/#s=3:t=0:g=0 The Friday teen program is here: https://thewordonthestreet.ca/lethbridge/festival/schedule/#s=6:t=0:g=0 There is an additional children's author event on Sat, Sept 25 with Charlene and Wilson Bearhead, authors of the Siha Tooskin Knows early chapter book series: https://thewordonthestreet.ca/lethbridge/festival/schedule/#s=6:t=0:g=0 HONEST ACCEPTING WISE KIND KIND SPIRITUAL

| Sun | Mon | Tue | Wed | Thu | Fri | Sat |
|-----|--|--------------------------------------|--|--------------------------------------|--------------------------------------|-----|
| | | Aug. 31 | 1 | 2 | 3 | 4 |
| | | | First Day of School for Students | | | |
| | | | Kindergarten Intake Interviews | Kindergarten Intake Interviews | Kindergarten Intake Interviews | |
| 5 | 6 | 7 | 8 | 9 | 10 | 11 |
| | No School | Kindergarten Intake Interviews | Kindergarten Intake Interviews | Kindergarten Intake Interviews | Kindergarten Intake Interviews | |
| | Labour Day | | | Radical Red Day | | |
| | | Mini Pepperoni Pizza \$4 | Taco & Mexi Fries \$4 | Chicken Burger \$4 | | |
| 12 | 13 | 14 | 15 | 16 | 17 | 18 |
| | 1st Day for Kindergarten and Early Learning | School Council Meeting 7 pm | JH Meet the Teacher 4:30-5:30 pm | Great Green Day | Blast Off Run | |
| | Cheesy Garlic Fingers \$4 | Mini Pepperoni Pizza \$4 | French Toast & Hashbrowns \$4 | Chicken Burger \$4 | | |
| 19 | 20 | 21 | 22 | 23 | 24 | 25 |
| | | | | Yummy Yellow Day | | |
| | Cheesy Garlic Fingers \$4 | Mini Pepperoni Pizza \$4 | Loaded Nachos \$4 | Chicken Burger \$4 | | |
| 26 | 27 | 28 | 29 | 30 | | |
| | | | EVERY | | | |
| | | | Orange shirt day | Truth & Reconciliation Day | | |
| | Cheesy Garlic Fingers \$4 | Mini Pepperoni Pizza \$4 | Chicken Nuggets & Veggies \$4 | | | |



October 2021



| Sun | Mon | Tue | Wed | Thu | Fri | Sat |
|-----|---|-------------------------------------|-----|--------------------------------|-----|-----|
| | | | | | 1 | 2 |
| 3 | 4 | 5 School Picture Day | 6 | 7 Bouncing Brown Day | 8 | 9 |
| 10 | 11 No School Thanksgiving Day | 12 No School School PD Day | 13 | 14 Perfect Pink Day | 15 | 16 |
| 17 | 18 | 19 | 20 | 21 Powerful Purple Day | 22 | 23 |
| 24 | 25 No School Divisional PD Day | 26 | 27 | 28 Outrageous Orange Day | 29 | 30 |
| 31 | | | | | | |