



MESSAGES & BLOGS

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DATES TO REMEMBER

DEC. 1



⇒ FUNDRAISER PLANT
PICK-UP 2:30—6:30 PM

DEC. 20—JAN. 3

⇒ NO SCHOOL
Christmas Holidays

JAN. 4

⇒ RETURN TO SCHOOL



TO OUR

FLVT Families

May Heavenly
blessings of ~

Love
Peace
& Joy

Rain down on all of you
This Christmas



School Council Winter Fundraiser



Delivery date is tomorrow, December 1

PLEASE NOTE: Delivery time may be later than expected.

We will send out an email when items are available for pick up. If someone other than yourself is picking up, please pass this information on to them.

Sorry for the inconvenience.

Thank you for your support!



CHRISTMAS SWEATER / HAT DAY


Wednesday, Dec. 15



Toonie Tuesday!



Bring a Toonie every Tuesday during Advent. All proceeds will go to the Soup Kitchen.



Lethbridge Soup Kitchen
Providing Meals For Those in Need



**FAMILY
CENTRE**

Family Centre's program registration for the January – March session will be open on December 6th.

For more information check out the website

[All Programs – Family Centre \(famcentre.ca\)](http://famcentre.ca)

VIRTUE VOUCHERS

When staff members notices a student displaying one of our Van Tighem Virtues, they can give that student a Virtue Voucher. The student can then fill it out and enter their name in the office for a monthly draw to receive a \$20 indigo gift certificate. There will be three draws; K-3, 4-6 and 7-9. All names collected throughout the year will also be eligible for an end of the year draw of a \$50 Amazon card (one for each division).

CONGRATULATIONS to our November winners:

Luke H. (3A)

Grayson C. (4CC)

Jayda G. (8P)

Become a Homestay Family

More International Students Arriving in January!



Have a fun and caring family?

- Enjoy learning about other cultures?
- Have a spare bedroom?
- We offer \$800 per month

**Open your home to an
International Student this year!**

Please contact Wendy Urquhart

(403) 331-4458



Mobile Food Support



2021 Locations

December 7th—Seventh Day Adventist Church
2606-16 Avenue South

December 14th—Universidty Drive Alliance Church
55 Columbia Blvd. West

Working people are welcome – no income testing.

Lethbridge Food Bank LFB arrive on site pre 5 pm with their 3 ton truck aka Mobile Food Support truck - full of great fresh food for anyone who shows up

LFB will provide free fresh store-bought food - pick value over \$50.00 if you take some of everything - it is up to the person - what they take.

You pick what you want / fresh fruit & veggies and much more.

Additional Resources

With the cold weather upon us, should you be in need of winter jackets, boots gloves, please utilize the following resources.

Streets Alive Warehouse

587-257-7046

My City Care:

403-942-1379

Your Guiding Adventure Starts Here!

At Girl Guides, we aim to empower every girl to be everything she wants to be by providing them a safe space to shine, take the lead and explore new challenges and interests. Registration for the 2021-2022 Guiding year is now open!

Register at www.girlguides.ca/joinnow



PARENTS make the difference!

~Printed with permission of The Parent Institute

Show your child how to give meaningful gifts that are free

Many people exchange gifts over the holiday season. While kids enjoy receiving gifts, they also enjoy being able to give gifts. Giving gifts can give your child a sense of pride.

Does your child know that the most meaningful gifts don't have to cost money? They take time and come straight from the heart.

Share a few of the many ways your child can give gifts this holiday season. They can:

- ◆ **Offer to do chores** for an elderly neighbour.
- ◆ **Record themselves reading a book** for a younger sibling to read along with.
- ◆ **Make a list**, such as "My 10 Best Memories With Grandpa".
- ◆ **Do a chore** for an entire month without whining.
- ◆ **Play a favourite game** with a family member or a neighbor who is home-bound.
- ◆ **Record an audio or video message** for a loved one who is far away.
- ◆ **Bake Cookies** and deliver them to someone who may not receive many homemade gifts.
- ◆ **Create a calendar** for 2022 and decorate it with personalized artwork, one drawing for each month.

"It's not how much we give, but how much love we put into giving."

~Mother Teresa

Household chores offer five key benefits for your child

In early American history, children knew they mattered to the family's well-being. They made real and important contributions.

Today's children don't always have family responsibilities. And that's too bad. There are significant benefits for kids who do chores—that also carry over into school

Chores help children:

1. **Become "shareholders"**. When your child does some of the tasks that keep the household running, they make a real investment in your home. A child who swept out the front hall is less likely to walk through it in muddy soccer cleats.
2. **Develop skills**. Each time you give your child a new chore, they not only learn how to do the job, they also learn skills they will use throughout their life.
3. **Understand** that the world doesn't revolve around them. We all know people who expect others to clean up the messes they make. Your child won't grow up to become one of those people.
4. **Develop a sense of pride**. If your child is responsible for doing their laundry, having a stack of clean shirts is an accomplishment. They can take pride in what they have done.
5. **See that they are an important** part of the family. Your child will know they are helping to keep your home running smoothly.

December

Together on the Journey

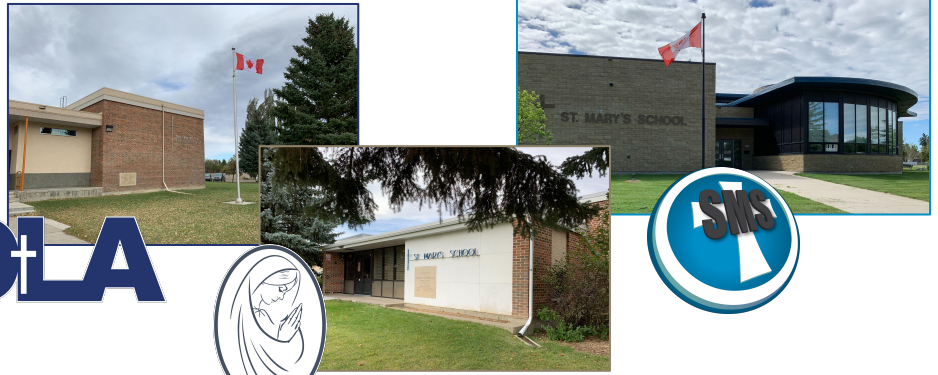


St. Mary

Schools: École St. Mary, St. Mary Taber
Our Lady of the Assumption

“And Mary said, “My soul magnifies the Lord, and my spirit rejoices in God my Savior, for he has looked with favor on the lowliness of his servant. Surely, from now on all generations will call me blessed; for the Mighty One has done great things for me, and holy is his name.”

Luke 1:46-49



ST. MARY

Mary, the mother of Jesus, commonly referred to as Mary, Mother of God, Saint Mary, Virgin Mary and Blessed Virgin Mary, is one of the most admired figures in Scripture, and considered by many to be the greatest of all Christian saints. She was chosen and prepared by God to be the mother of His Son, because she freely chose to cooperate fully in the graces given to her and in the vocation she received. She was a willing servant who trusted God and obeyed His call. While her life held great honour, her calling also required great suffering. Though there was joy in motherhood, there was great pain in the privilege of being the mother of the Messiah. Despite these things, she responded to God with great obedience and submission to His plan. Her life never robbed Jesus of His glory, for her mission was to witness the glory of the Son of God.

The Miraculous Medal

"The religious sense of the Christian people has always found expression in various forms of piety surrounding the Church's sacramental life, such as the veneration of relics, visits to sanctuaries, pilgrimages, processions, the stations of the cross, religious dances, the rosary, medals, etc." (CCC 1674). There are many devotions that Catholics have to Mary, from devotion to Our Lady of Guadalupe to Mary, Undoer of Knots. One particular sacramental devotion is the Miraculous Medal, which has held a special place in the heart of many Catholics since 1830, when the Blessed Mother appeared to St. Catherine Labouré and asked her to create it.

"O Mary, conceived without sin, pray for us who have recourse to thee."



The rays that shoot out from Mary's hands "symbolize the graces I shed upon those who ask for them."

Mary standing on the globe, with the head of a serpent beneath her feet.

12 stars represent the 12 Apostles.



The cross reminds us of Jesus' cross of redemption.

The "M" reminds us that Mary is both Mother and Mediatrix.

Two flaming hearts. The left heart, circled with thorns, represents Jesus. The right heart, pierced by a sword, symbolizes Mary.

The year 1830 on the Miraculous Medal is the year the Blessed Mother gave the design of the Miraculous Medal to St. Catherine Labouré .

There is no superstition, nothing of magic, connected with the Miraculous Medal. The Miraculous Medal is not a "good-luck charm". Rather, it is a great testimony to faith and the power of trusting prayer. Its greatest miracles are those of patience, forgiveness, repentance, and faith. God uses the Medal, not as a sacrament, but as an agent, an instrument, in bringing to pass certain marvelous results. "The weak things of this earth hath God chosen to confound the strong." (1 Corinthians 1:27)

*“Then Mary said,
“Here am I,
the servant of the Lord;
let it be with me
according to your word.”
Then the angel departed from her.”*

- Luke 1:38

December

Together on the Journey



St. Mary

Schools: École St. Mary, St. Mary Taber
Our Lady of the Assumption

Feast Days and Celebrations December 2021

- 8** Immaculate Conception of the Blessed Virgin Mary
- 12** Feast Day of Our Lady of Guadalupe
- 12** National Day of Prayer in Solidarity with Indigenous People
- 25** Christmas Day/The Nativity of the Lord
- 26** Feast of the Holy Family
- Jan. 1** The Solemnity of Mary, the Holy Mother of God

As you journey with St. Mary this month...

WEEK ONE

What do you think it was like for Mary and Joseph to talk about this baby having been conceived miraculously? To receive the visit of the wise men, to fly by night into Egypt, to return to Nazareth? Imagine yourself in one of these scenes. What might God be teaching you through this scene?



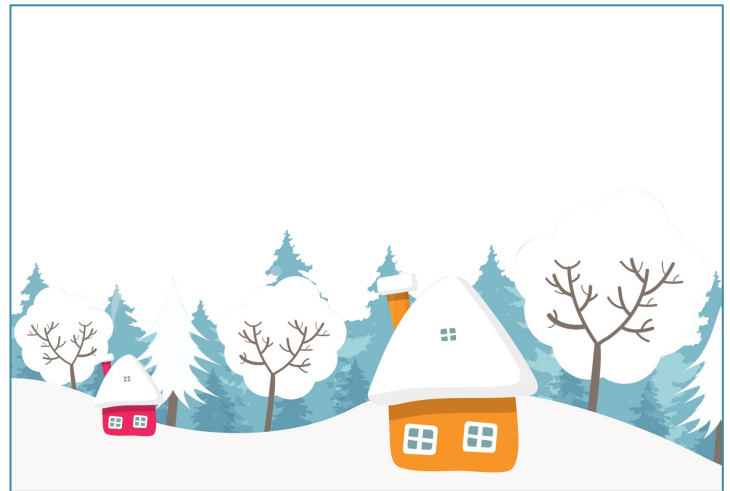
WEEK TWO

We all have many memories of Christmas - memories of family, food, presents, and the rest. When you think of Christmas, what makes you think of Jesus? Spend a few moments today thanking God for that memory.



WEEK THREE

Think about your mother today. How has her life blessed you? Where does she need your prayers? Offer a prayer to God today for your mother.



WEEK FOUR

Who do you consider a spiritual parent? Who in the Church has handed on the faith to you? Who in the Church has taught you about the Bible? Which family members? Which priests or deacons or bishops? Remember their teaching and thank God for them today.



Sources: *Daily Lessons from the Saints* by Fr. Brice Higginbotham
[6 Fascinating Facts about Mary, Mother of Jesus](#)
[What Is The Miraculous Medal](#)
[Association of the Miraculous Medal](#)



Sunday Gospel Readings

- Dec. 5th/2nd Sunday of Advent
Luke 3:1-6
- Dec. 12th/3rd Sunday of Advent
Luke 3:10-18
- Dec. 19th/4th Sunday of Advent
Luke 1:39-45
- Dec. 26th/Holy Family of Jesus, Mary and Joseph
Luke 2:41-52



Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p>First Sunday of Advent</p>		<p>Toonie Tuesday! Soup Kitchen fundraiser</p>  <p>Bring in a Toonie every Tuesday during Lent</p>	<p>1 Fundraiser Plant Pick-up 2:30—6:30 p.m.</p>  <p>Taco & Mexi Fries \$4</p>	<p>2 Super Silver Day</p> <p>Chicken Burger \$4</p>	<p>3 AM Kindergarten</p> <p>Smoothies \$3 Kraft Dinner \$2.50</p>	4
<p>5 Second Sunday of Advent</p>	<p>6 Advent Celebration</p> <p>Cheesy Garlic Fingers \$4</p>	<p>7 Toonie Tuesday! All ELP classes attend for Christmas video</p>  <p>School Council Mtg. 7 p.m.</p> <p>Mini Pepperoni Pizza \$4</p>	<p>8</p> <p>Chicken Nuggets with Veggies \$4</p>	<p>9 Glittering Gold Day</p> <p>Chicken Burger \$4</p>	<p>10 PM Kindergarten</p> <p>Smoothies \$3 Kraft Dinner \$2.50</p>	11
<p>12 Third Sunday of Advent</p> <p>Elementary Christmas Concert Video to be sent out this week</p> 	<p>13 Advent Celebration</p> <p>Cheesy Garlic Fingers \$4</p>	<p>14 Toonie Tuesday!</p>  <p>Pre-order Taco in a Bag \$5.25</p>	<p>15 Christmas Hat/Sweater Day</p>  <p>Loaded Nachos \$4</p>	<p>16 Red and Green Day</p> <p>Chicken Burger \$4</p>	<p>17 No Early Learning Program</p> <p>Smoothies \$3 Kraft Dinner \$2.50</p>	18
<p>19 Fourth Sunday of Advent</p>	<p>20 No School Christmas Vacation</p>	<p>21 No School Christmas Vacation</p>	<p>22 No School Christmas Vacation</p>	<p>23 No School Christmas Vacation</p>	<p>24</p>	<p>25</p> 
<p>26 Boxing Day</p>	<p>27 No School Christmas Vacation</p>	<p>28 No School Christmas Vacation</p>	<p>29 No School Christmas Vacation</p>	<p>30 No School Christmas Vacation</p>	<p>31</p>	

JANUARY

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p><i>The New Year stands before us, like a chapter in a book, waiting to be written. Write a good one, full of love, laughter and opportunity!</i></p>						<p>1 New Year's Day</p>
2	<p>3 No School Christmas Vacation</p>	<p>4 Classes Resume</p>	5	<p>6 Terrific Teal Day Chicken Burger \$4</p>	<p>7 AM Kindergarten</p>	8
9	<p>10 Cheesy Garlic Fingers \$4</p>	<p>11 Mini Pepperoni Pizza \$4</p>	12	<p>13 Hawaii Day </p> <p>Chicken Burger \$4</p>	<p>14 PM Kindergarten</p>	15
16	<p>17 Cheesy Garlic Fingers \$4</p>	<p>18 Mini Pepperoni Pizza \$4</p>	19	<p>20  Chicken Burger \$4</p>	21	22
23	<p>24 Cheesy Garlic Fingers \$4</p>	<p>25 Mini Pepperoni Pizza \$4</p>	26	<p>27 Quarter 2 Ends Career Dress Up Day Chicken Burger \$4</p>	<p>28 No School School PD Day</p>	29
30	<p>31 Quarter 3 Begins Cheesy Garlic Fingers \$4</p>			<p> Career Day</p>		