

## FATHER LEONARD VAN TICHEM SCHOOL

25 Stoney Cres. W. Lethbridge, AB T1K 6V5

[www.flvt.ca](http://www.flvt.ca)

Principal: Greg Kostiuk - Assoc. Principals: Patti Pilsner & Travis Mageirowski

FLVT

JANUARY 2022



### MESSAGES & BLOGS

Greg Kostiuk, Principal  
<https://gregkostiuk.com>

Ken Sampson, Superintendent  
<https://blog.holyspirit.ab.ca/>

### DATES TO REMEMBER

#### JAN. 4

⇒ RETURN TO SCHOOL

#### JAN. 7

SCHOOL COUNCIL  
MTG. 7 P.M.

#### JAN. 28

⇒ NO SCHOOL  
P. D. DAY



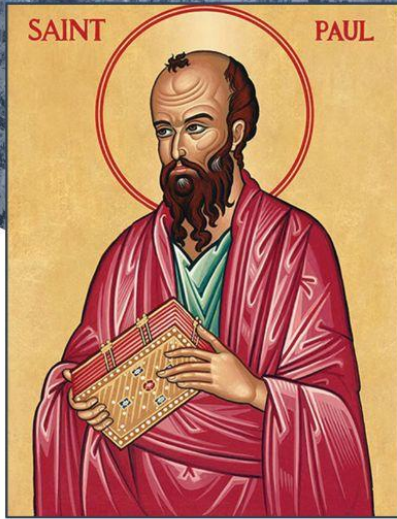
### *NEW YEAR PRAYER:*

Thank You Lord for giving me  
The brand new year ahead.  
Help me live the way I should  
As each new day I tread.  
Give me gentle wisdom  
That I might help a friend,  
Give me strength and courage  
So a shoulder I might lend.  
The year ahead is empty,  
Help me fill it with good things  
Each new day filled with joy  
And happiness it brings.  
Amen.



# January

Together on the Journey



**St. Paul**

School: St. Paul

*“My speech and my proclamation were not with plausible words of wisdom, but with a demonstration of the Spirit and of power, so that your faith might rest not on human wisdom but on the power of God.”*

1 Corinthians 2:4-5




## ST. PAUL

St. Paul is one of the most influential of all the saints. Many of his writings are contained in the Bible and have influenced the growth and development of the Church since the first century. St. Paul was originally known as Saul. He was a Roman citizen and a Jewish Pharisee who believed in the strict observance of God's Law. He persecuted the early Christians and was present at the martyrdom of St. Stephen. While on the road to Damascus, Saul had an encounter with the risen Christ. His encounter convinced him that Christ had come for all and the observances of Jewish Law were not necessary for those who believed in Christ. He was subsequently baptized and took the name of Paul.

Paul spent his life travelling and preaching, primarily to the Gentiles. In 67 AD, Paul was arrested in Rome and was beheaded under Emperor Nero. Throughout his life, he established churches and remained in communication with the faithful, often writing letters to answer questions and resolve disputes. The letters that have survived have become part of the Bible.

## Evangelization is the Work of God



### 7 TIPS FOR YOUR CONVERSION PROCESS

- 1 The people in your life didn't change, you did**  
The only difference is that you walk with the Lord now.
- 2 You can't be holy overnight**  
Holiness is a lifetime process. Keep going!
- 3 You may feel tempted to give up**  
Don't get discouraged and don't try to silence your conscience.
- 4 Remember that faith is not a feeling**  
Let your goal be to love God at all times, even when it gets hard.
- 5 Keep praying and learning**  
The spirit must be trained, set some real resolutions.
- 6 Talk about God**  
Bring God everywhere you go, with your words and actions.
- 7 And remember...you are Catholic everywhere**  
Be a Catholic outside your group or movement, the world needs you!

## Reflections on the Conversion of St. Paul

All of us are called to conversion — probably not in a sudden dramatic fashion like Saul — but still constantly day by day we are called ever more to surrender our lives to Christ. He calls us too by our own name with great mercy and tenderness; he calls us to abandon our special resistance to his will and plan for our lives and to conform ourselves to his will and plan.

If we are to respond to that call we, like Paul, must give ourselves up to prayer, stopping the whirl of frantic activities and putting ourselves before God, saying like Paul: "What shall I do?" (Acts 22:10).

St. Paul's conversion is not just an interesting historical episode from the beginning of the Church — is is paradigmatic for our own continued journey of conversion. All of its elements can be applied to ourselves.

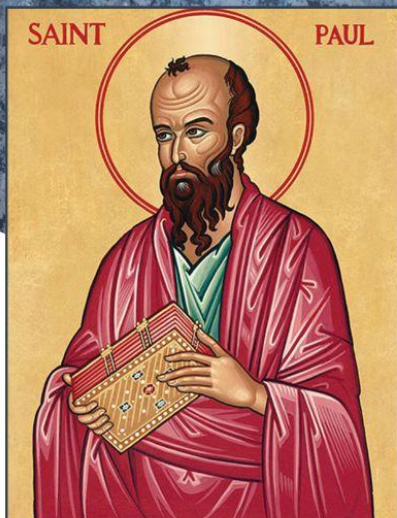


*“Therefore encourage one another and build up each other, as indeed you are doing.”*

- 1 Thessalonians 5:11

# January

Together on the Journey



St. Paul

School: St. Paul



## Feast Days and Celebrations January 2022

- 1 The Solemnity of Mary, the Holy Mother of God
- 1 World Day of Peace
- 2 Epiphany of the Lord
- 9 Baptism of the Lord
- 14 World Day of Migrants and Refugees
- 18-25 Week of Prayer for Christian Unity

As you journey with St. Paul this month...

### WEEK ONE

Paul's conversion was quite dramatic. Not all of us will have a similar conversion experience in our relationship with God. Consider the infographic on page one - is there one area that speaks to you the most and might be an area for growth in your life?

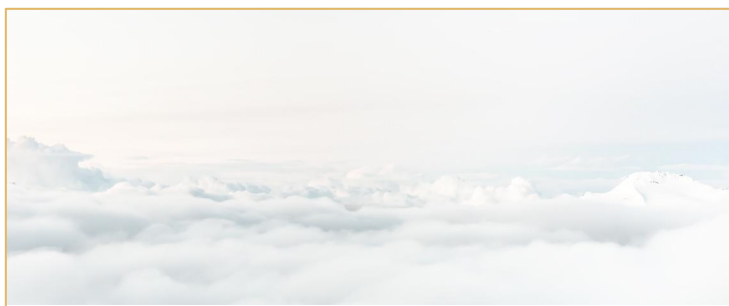
### WEEK TWO

When Saul (Paul) was suffering (temporarily blind), he entered into prayer and fasting, even though suffering usually makes us want to "check out." With St. Paul as an example, contemplate this verse and how it may help you during a difficult time: *"For I, the Lord your God, hold your right hand; it is I who say to you, "Do not fear, I will help you."* - Isaiah 41:13



### WEEK FOUR

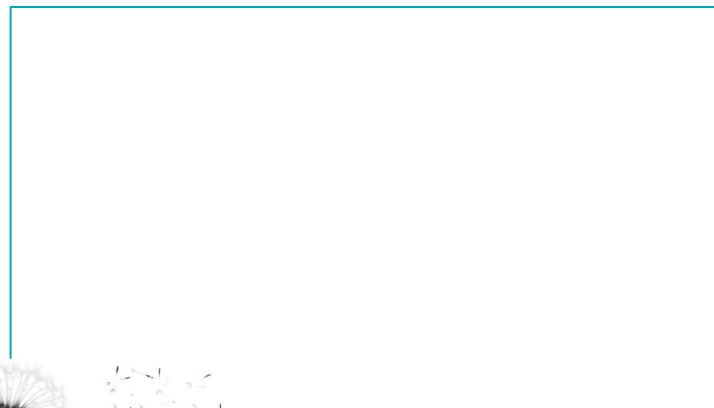
Paul's mission flowed from his relationship with God. He took time away from the mission to seek the "one thing necessary" (Luke 10:42). When is the last time you went on "retreat"? It's the beginning of a new year. Look at your calendar this week and include time alone with God. Whether it's a specific location or alone in your room, think of ways to include God in your life.



Source: *Daily Lessons from the Saints* by Fr. Brice Higginbotham

### WEEK THREE

Stephen had, like Jesus, prayed for God to forgive his murderers. God heard his prayer and extended forgiveness to Saul. But the rest of the Church still had to live the hard task of forgiveness. Could you have forgiven Saul? Ask for the grace to forgive your enemies or anyone who has hurt you.



Forgive, and you will be forgiven.

Luke 6:37b



### Sunday Gospel Readings

Jan. 2nd/Epiphany of the Lord  
Matthew 2:1-12




Jan. 9th/Baptism of the Lord  
Luke 3:15-16, 21-22

Jan. 16th/2nd Sunday in Ordinary Time  
John 2:1-12

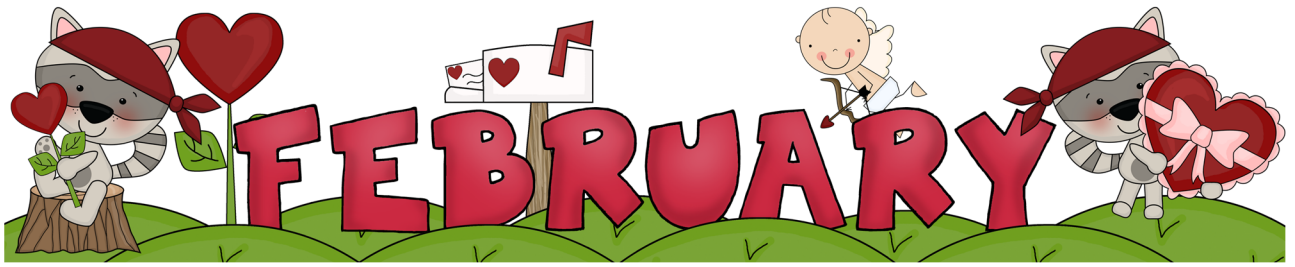
Jan. 23rd/3rd Sunday in Ordinary Time  
Luke 1:1-4; 4:14-21





# JANUARY

| Sun   | Mon   | Tue  | Wed   | Thu  | Fri  | Sat                 |
|---|---|--|---|--|--|---------------------|
| <p><i>The New Year stands before us, like a chapter in a book, waiting to be written. Write a good one, full of love, laughter and opportunity!</i></p> |   |  |   |  |  | 1<br>New Year's Day |
| 2   | 3<br><b>No School</b><br><b>Christmas Vacation</b>  | 4<br><b>Classes Resume</b>                                   | 5<br>Taco & Mexi Fries \$4  | 6<br><b>Terrific Teal Day</b><br>Chicken Burger \$4  | 7<br>AM Kindergarten                           | 8                   |
| 9   | 10<br>Cheesy Garlic Fingers \$4                     | 11<br>School Council Mtg. 7 p.m.<br>Mini Pepperoni Pizza \$4 | 12<br>Loaded Nachos \$4   | 13<br>Hawaii Day <br>Chicken Burger \$4 | 14<br>PM Kindergarten                          | 15                  |
| 16  | 17<br>Cheesy Garlic Fingers \$4                     | 18<br>Mini Pepperoni Pizza \$4                               | 19<br>Chicken Nuggets with Veggies \$4  | 20<br><br>Chicken Burger \$4           | 21   | 22                  |
| 23  | 24<br>Cheesy Garlic Fingers \$4                     | 25<br>Pre-order Taco in a Bag \$5.25                         | 26<br>Mini Cheese Pizza \$4   | 27<br>Quarter 2 Ends<br>Career Dress Up Day<br>Chicken Burger \$4  | 28<br><b>No School</b><br><b>School PD Day</b> | 29                  |
| 30  | 31<br>Quarter 3 Begins<br>Cheesy Garlic Fingers \$4 |  | <br><b>Career Day</b> |  |  |                     |

**HONEST  
ACCEPTING  
WISE  
KIND  
SPIRITUAL**



| Sun | Mon  | Tue                                   | Wed                 | Thu  | Fri   | Sat |
|-----|--|---------------------------------------|---------------------|--|---|-----|
|     |  | 1<br><br>Mini Pepperoni<br>Pizza \$4  | 2                   | 3<br><br>BACKWARDS<br>DAY<br><br>Chicken Burger<br>\$4   | 4<br>AM<br>Kindergarten<br><br>Blue and<br>Orange for<br>World<br>Cancer Day<br><br>Smoothies \$3<br>Kraft Dinner<br>\$2.50 | 5   |
| 6   | 7<br><br>Cheesy Garlic<br>Fingers \$4  | 8<br><br>Mini Pepperoni<br>Pizza \$4  | 9                   | 10<br><br>Pajama Day!<br><br><br>Chicken Burger<br>\$4        | 11<br><br>PM<br>Kindergarten<br><br>Smoothies \$3<br>Kraft Dinner<br>\$2.50   | 12  |
| 13  | 14<br>Red/Pink for<br>Valentines<br>Day<br><br>Gr. 9 -CCH<br>visit in a.m.<br><br>Cheesy Garlic<br>Fingers \$4 | 15<br><br>Mini Pepperoni<br>Pizza \$4 | 16                  | 17<br>Pink Shirt<br>Day<br><br><br><br>Chicken Burger<br>\$4 | 18<br><br>Smoothies \$3<br>Kraft Dinner<br>\$2.50   | 19  |
| 20  | 21<br><br>No School<br>Family Day  | 22<br><br>No School                   | 23<br><br>No School | 24<br><br>No School<br>SWATCA  | 25<br><br>No School<br>SWATCA   | 26  |
| 27  | 28<br><br>Cheesy Garlic<br>Fingers \$4   |                                       |                     |  |   |     |