

Daily Bell Times

Monday-Thursday
8:45-3:50
Friday 8:45-11:23

Dates to Remember

Sept 27– Oct 4
Food Drive

Monday Oct 9
Thanksgiving Day—No
School

Thursday, October 12
School Picture Day

Monday, October 23
No School—Divisional
PD Day

Tuesday, October 24
Intentional with Tech
School Council

Wednesday, October 25
CEC Board Meeting 6-
9pm

Tuesday, October 31
Dress up in PM

Happy Thanksgiving

Wear gratitude like a cloak, and it will feed
every corner of your life.

May your life be full of both
Thanks and Giving!

Let gratitude be the pillow upon which you
kneel to say your nightly prayer.

True forgiveness is when you can say,
'Thank you for that experience.'

I am happy because I'm grateful.
I choose to be grateful.

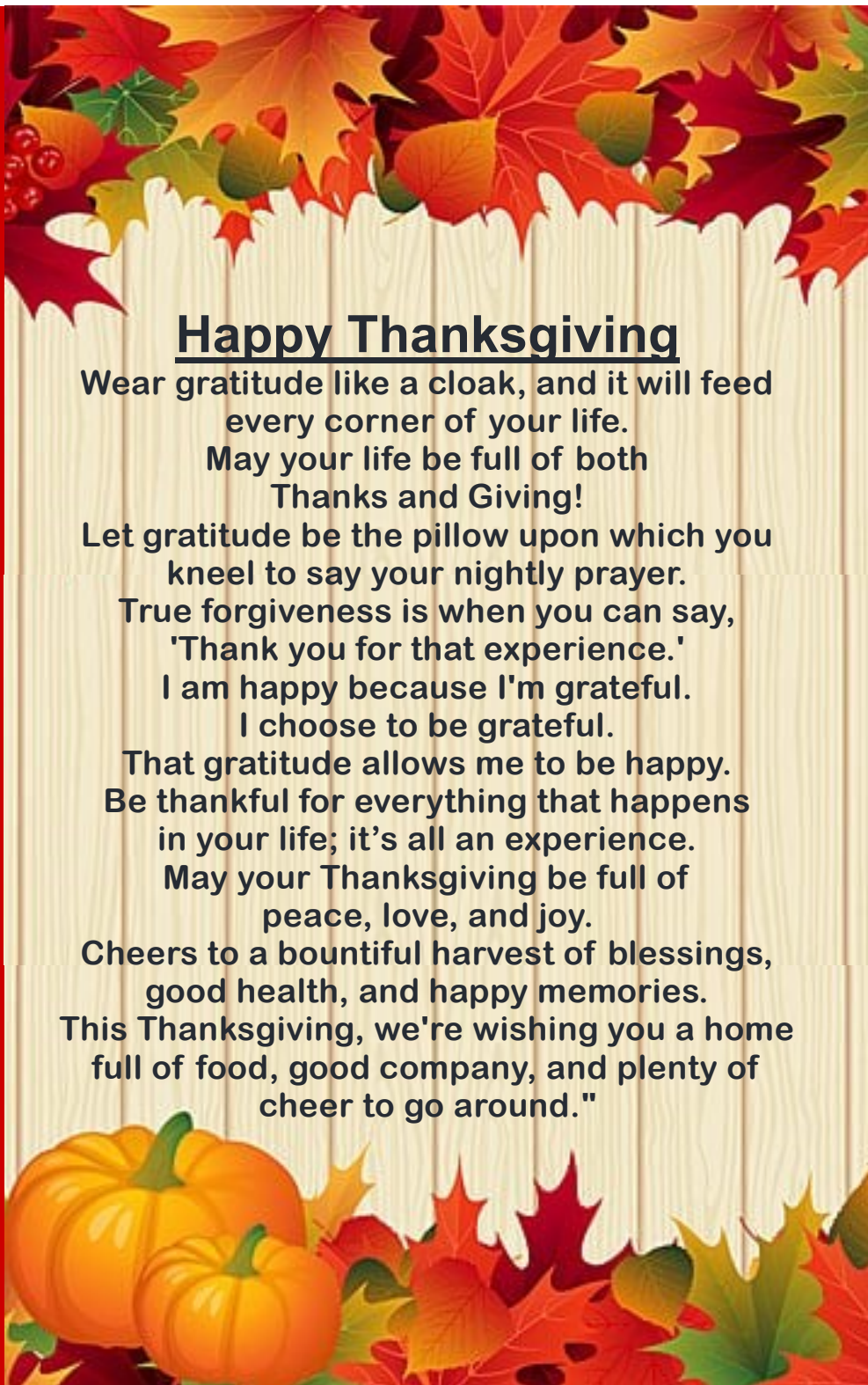
That gratitude allows me to be happy.

Be thankful for everything that happens
in your life; it's all an experience.

May your Thanksgiving be full of
peace, love, and joy.

Cheers to a bountiful harvest of blessings,
good health, and happy memories.

This Thanksgiving, we're wishing you a home
full of food, good company, and plenty of
cheer to go around."





**Knights of
Columbus®**

Coats for Kids

Dear Families,

The Knights of Columbus of St. Martha's Parish are striving to help children in West Lethbridge by collecting and then donating gently used winter coats to students at the three Catholic schools located in West Lethbridge. Please do check your closets for fall/winter coats. If they no longer fit your children, please wash and then bring to the school and place in the box marked "K of C Coats 4 Kids Campaign". The collection of coats will happen until Thursday, October 19 with distribution to follow.

Your support in helping children stay warm this winter is very much appreciated.

If your child is in need of a coat this year, please contact FLVT School Office at 403-381-0953.

Carmen Mombourquette
Campaign Coordinator



Halloween Tuesday, Oct 31st

All students are encouraged to dress-up
FOR AFTERNOON CLASSES ONLY.

Please join us in the afternoon for our student costume parade & feel free to wear your costume as well. Seating will be available for parents in the mezzanine, exact parade time still to come.

Elementary teachers may choose to do Halloween activities in their classrooms following the parade.

Please talk to your homeroom teacher if you have any questions.

Please Note

Following the protocol of our school and as Halloween is meant to be a fun and safe time for children, we ask that students do not bring any form of weapons with their costumes, plastic, cardboard or otherwise. If a student does bring one with them, it will be taken and held in the office until the end of the day.

We wish all a
Happy Halloween!

Canteen Tab

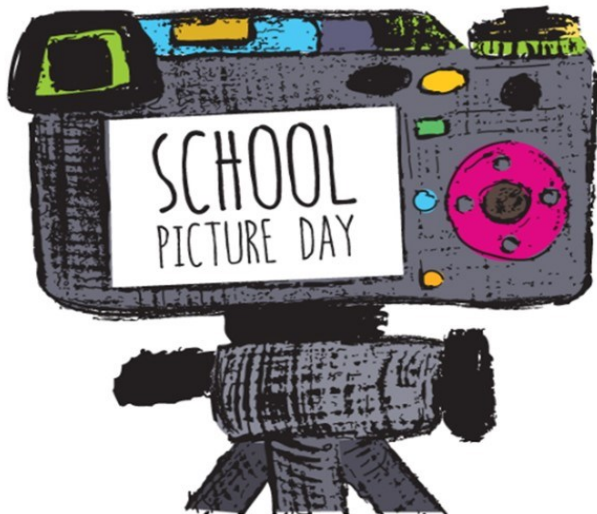
Parents can purchase \$20 canteen tab for use in the canteen. As your child buys lunch items, the amount of the purchase is deducted from the tab.

Canteen tabs can be purchased ...

1. E-transfer to kkchapman15@gmail.com
2. Cash/cheque or debit at canteen
3. SchoolCash-on-line (a .50 cent service charge will be added to this transaction)

Please always include your child's first & last name with all e-transfers.

Canteen Cards will be held in the canteen with deductions made each time your child 'purchases' food items.



**School Picture
Day
is
Thursday,
October 12th**



OUR SOUTHLAND RIDERS CAN USE...

MyBusStop



REAL-TIME SCHOOL BUS TRACKING FOR:

- ROUTE STOPS
- ROUTE SCHEDULES
- TRAFFIC
- BUS LOCATION
- BUS PROGRESS
- POSSIBLE DELAYS

FATHER LEONARD VAN TIGHEM SCHOOL'S CODE:
TLA1NE5GX1

For more information, visit: www.holyspirit.ab.ca/transportation/mybusstopapp



VIRTUE VOUCHERS

When staff members notices a student displaying one of our Van Tighem Virtues, they can give that student a Virtue Voucher. The student can then fill it out and enter their name in the office for a monthly draw to receive a \$20 indigo gift certificate. There will be three draws; K-3, 4-6 and 7-9. All names collected throughout the year will also be eligible for an end of the year draw of \$50 Amazon gift card (one for each division).

CONGRATULATIONS

September Virtue Voucher winners

Division One -

Division Two -

Division Three -



MEDIC ALERTS — NO CHILD WITHOUT PROGRAM

The *No Child Without* program offers a free Medic Alert membership to students who attend our school and are between the ages of 4 up to their 14th birthday. If your child has a medical condition, allergy or is required to take medication on a regular basis then you should consider a Medic Alert membership through this program.

Further information is available in the office or visit www.nochildwithout.ca. To register your child you will need a “*No Child Without*” brochure from the office.

If your child is already part of the *No Child Without* program and there have been changes to their medical condition, medications or emergency contact information, call Medic Alert at 1-866-679-3220 Ext 1 to update your child’s file.

FLVT FOOD DRIVE



The grade 5 classes will be heading the "I'm Thankful! How About You?" Food Drive again this year.

Students are asked to bring donated items to their homerooms classes the week of October 3rd to 7th.

All donations will be going to the Interfaith Food Bank.

September 27 - October 4

**Most wanted
food items**

Non-perishable Food Items

Canned fruit/vegetables
Canned meats/salmon/tuna
Canned soup and soup mixes
Canned pasta/stew
Spaghetti sauce
Unsweetened juices
Baby food in jars
Infant cereal
Boxed cereal
Baby formula with iron
Canned pork & beans
Peanut butter
Jam
Macaroni & Cheese
Hamburger Helper

FLVT ANNUAL AWARDS EVENING

"Celebration of Excellence"

**DATE AND TIME TO BE ANNOUNCED IN THE UPCOMING WEEKS
IN THE SCHOOL GYM**

We invite you and your family to attend this celebration and join us in honouring those students who have excelled spiritually, academically, artistically and athletically. They have worked very hard to achieve this level of excellence.

Thankful



Grade 5 Food Drive

Wednesday, September 27 - Wednesday, October 4



- Most Wanted Items:
- Non-Perishable Food Items
 - Canned Fruit/Vegetables
 - Meat/Salmon/Tuna (Canned)
 - Soup (Cans & Mixes)
 - Canned Pasta/Stew
 - Spaghetti Sauce
 - Unsweetened Juices
 - Baby Food in Jars
 - Boxed Cereal
 - Perishable Food Items
 - Pork & Beans (Canned)
 - Peanut Butter
 - Jam
 - Macaroni & Cheese
 - Hamburger Helper



Save the Date!

**Madagascar:
A Musical Adventure Jr**

May 7 & 8

The poster has a dark green background with white outlines of leaves. On the left is a cartoon lemur, and on the right is a cartoon lion's head.

Daily Bell Times
Monday-Thursday 8:45-3:50
Friday 8:45-11:23



HAPPY
Thanksgiving!



Elementary Choir

Grades 4-6

The Elementary Choir is back! Miss Visser will be bringing an elementary choir back into FLVT this year. Students will have an opportunity to sing in masses and liturgies, as well as a year-end concert and the Kiwanis Music Festival. Given the high demand of students interested in choir, this year we will only have students in grade 4-6 able to sign up, but don't worry! Students in grade 1-3 will have opportunities to share their gifts and talents in other aspects of our school.

As our Monday-Thursday school days are already quite long and students are really needing their nutrition breaks and recesses as brain breaks, we have decided to offer choir on Fridays after school from 11:30-12:30. As this is outside of school hours, students will need to arrange a pick up for themselves for 12:30 pm, as the buses will no longer be running. There will also be a small fee of \$10 attached to any participating students to cover the cost of music, choir folders and a bus for the music festival.

We are extremely excited for our very first choir rehearsal since before Covid, which will be next Friday, September 22, 2023 from 11:30-12:30. We look forward to hearing our talented students share their gifts!

What do you call a live turkey the day after Thanksgiving??

Lucky!!



LET THE GAMES BEGIN
GAMES CLUB
JUNIOR HIGH!

Join us for fun and games every
Friday 11:30am - 12:30pm
in Room 26

Students and Guardians are responsible for arranging a way home from the school after games club is complete.

Please note: Younger siblings are not permitted to stay in the school for above designated afterschool clubs.

Childcare is not provided.

JOIN THE CANADIAN CANCER SOCIETY CIBC RUN FOR THE CURE VOLUNTEER COMMUNITY

Volunteer to help fund innovative breast cancer research
and support programs in your community



Register to volunteer on October 1st, 2023



Canadian
Cancer
Society

CIBC 

**CIBC  RUN
FOR THE CURE**

Get involved now

cancervolunteer.ca | 1-888-939-3333





Prairie Baseball Academy



14 Week Winter Camp

Nov 13th- Mar 8th (early bird pricing until Sept 30th)

About Our Camp

The Prairie Baseball Academy is excited to once again be offering our Winter Camp to youth baseball players in the Lethbridge and surrounding areas. This will be the 13th year PBA runs their Winter Camp, and our coaching staff is striving to continue to provide the best instruction possible for your children. Every night, we will provide at least one current PBA coach and 6-8 current players in the program to provide instruction. Our goal as a coaching staff is to work on improving all necessary baseball skills while maintaining a fun and safe learning environment. Baseball in Lethbridge continues to grow year after year, and we want to make sure PBA does it's part to help continue that growth. The hard work campers have put in during the winter months over the last 13 years has directly correlated to the success Lethbridge has had at the national level.

Camp Focus

- Efficient Warm Up** → Ladder / Agility / Footwork / Speed
- SAFE Indoor Throwing Program** → Builds arm strength (Radar Gun)
- Proper Hitting Technique** → For all ages and skill levels
- Infield/Outfield Technique** → Emphasis on footwork/Glove action
- Introduction to Pitching** → Starts after winter break. Used as a complete introduction for some. More experienced campers will receive more advanced pitching instruction.
- Games** → Our staff likes to conclude most camp sessions with some sort of competitive game. These games force kids to use the skills they're learning in camp.

Coaches

- TODD HUBKA**
Head Coach PBA Varsity
- RYAN MACDONALD**
Assistant Coach PBA Varsity
Assistant Coach Lethbridge Bulls
- RHETT FESER**
Pitching Coach PBA
- AIDAN GEHRING**
JV Head Coach PBA
- JOSH BURGMANN**
Pitching Coach PBA
PC Lethbridge Bulls
- TATE PEARCE**
JV Assistant Coach

Camp Times

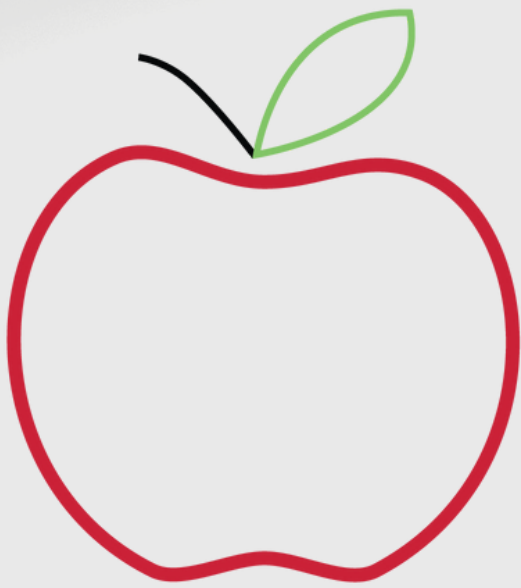
- Mon/Wed**
6:00-7:30pm Ages 9-12
7:45-9:15pm Ages 13-17
- Tues/Thurs**
6:00-7:30pm Ages 9-12
7:45-9:15pm Ages 13-17
- Friday**
6:00-7:30pm Ages 5-8

	Early Bird Until Sept 30th	Regular Price After Sept 30th
1 Night/Week 21 Hrs Instruction	\$420	\$498.75
2 Night/Week 42 Hrs Instruction	\$551.25	\$630
Beginner Camp 19.5 Hrs Instruction	\$236.25	\$315

All prices include GST

Please etransfer pba@telus.net

Email pba@telus.net if you have any questions



MINDFUL MUNCHIES

DRIVER'S NEEDED!



Could you spare a couple of hours a week to be a volunteer driver for an incredible school lunch program?

Call our volunteer coordinator to find out more:
403-320-1879 ext 4



LETHBRIDGE
FOOD BANK

FEED THE NEED.



A Public Health school nursing team will be immunizing at Father Leonard Van Tighem School on the morning of Wednesday October 25th for Grade 6 students.

Immunizations are only provided to those students that returned a signed parental consent form or for those parents who provided verbal telephone consent during this current school year, or the last school year (2022-2023) *if* the series was not completed fully last school year.

We are not giving any COVID or Influenza vaccine at school this school year.

For more information on the school-aged routine vaccine schedule and the vaccine information please visit the Alberta AHS website: ahs.ca/immunize. If you have any questions or concerns, please contact your local Public Health office to speak with a nurse.

Access your [local Community Health Center](#)

For more information on vaccines please visit [AHS Immunization | Immunization \(immunizealberta.ca\)](#)

Thank you,
AHS Public Health
South Zone



ALBERTA
EDUCATION

*Office of the Minister
MLA, Calgary - Bow*

September 18, 2023

Letter to parents – Resuming engagement on draft Social Studies curriculum

Dear Alberta parents and guardians:

Alberta's government heard clearly from Albertans that the province needs a strengthened approach for developing and engaging on curriculum, particularly Social Studies. I am pleased to share that we are returning to Albertans with an open, transparent and collaborative engagement process that reflects what we have heard.

Feedback received from Albertans and education partners during previous engagement on draft K-6 Social Studies curriculum indicated common areas for improvement, including volume of content and learning progression, developmental appropriateness, pluralism, diversity and inclusion, local and Alberta context, current events and First Nations, Métis and Inuit perspectives.

Using Albertans' valuable feedback, Alberta Education will be re-drafting the K-6 Social Studies curriculum to ensure content builds students' critical thinking and communication skills, enhances Indigenous and francophone perspectives and is age and developmentally appropriate. To inform the re-drafting process, the ministry is resuming engagement with Albertans, through a comprehensive and phased approach.

Phase one – Preliminary engagement

As part of the first engagement phase, we are gathering information about what Albertans, including parents, would like students to learn in Alberta's Social Studies curriculum through a survey and discussion guide on [Alberta.ca](https://www.alberta.ca).

We have provided a discussion guide that can be used as a tool to facilitate conversations within your community and to help you organize your feedback before completing the survey. The survey will remain open until **October 16, 2023**, and I encourage you to share it within your networks.

Phase two – Targeted engagement

Starting this fall, Alberta Education will meet with diverse education partners, teachers, multicultural organizations, Indigenous and francophone communities and other education specialists to inform development of the scope and sequence of K-12 Social Studies curriculum and content of draft K-6 Social Studies curriculum.

.../2

Feedback from phase one and two of the engagement process will be used to inform the draft K-6 Social Studies curriculum before it is released for further engagement in phase three.

Phase three – Public engagement

In winter 2024, Albertans, including parents, will have the opportunity to provide feedback on key learnings within K-12 Social Studies curriculum and view the draft K-6 Social Studies curriculum to provide additional feedback. I look forward to sharing more information in early 2024 about how you can participate in this process.

Collaborating with education partners and Albertans at each stage of the engagement process will ensure their valuable knowledge and perspectives are considered at the right time. This targeted approach will allow government to hear from a diverse range of stakeholders and to leverage their areas of expertise and responsibilities for curriculum development and implementation.

Once again, I encourage everyone to visit [Alberta.ca](https://alberta.ca) to view the discussion guide and complete the survey by **October 16, 2023**.

Parents have an important role to play in curriculum development, along with diverse education partners, teachers, multicultural organizations, Indigenous and francophone communities, and other education specialists. I am confident that together, we will build an inclusive, diverse and comprehensive curriculum that sets up our students for lifelong learning and success.

Best,

A handwritten signature in black ink, appearing to read "Demetrios Nicolaidis". The signature is fluid and cursive, with a long horizontal stroke at the end.

Demetrios Nicolaides ECA PhD
Minister of Education



Holy Spirit Catholic School Division

(I)SWAG

(Indigenous) Student Wellness Access Guide

#STRONGERTOGETHER

(I)SWAG PRESENTS

UNDERSTANDING MENTAL HEALTH AND TAKING AWAY THE STIGMA

Join us as Kim Clark from Elite Training Solutions will present while you enjoy your complimentary dinner and the chance for door prizes at a night of great learning.

OCTOBER

19

5:30 - 8:00PM

THE CEDAR ROOM

Sandman Signature
Lethbridge Lodge
320 Scenic Drive S,
Lethbridge, AB

Please RSVP at:

<https://www.surveymonkey.com/r/7R9L8CC>





(I)SWAG Mental Health Learning Sessions

Understanding Mental Health & taking away the stigma

Ft. Kim Clark from Elite Training Solutions

Oct
19
2023

Nov
16
2023

How do we support our children when they might not be okay

Ft. Kim Clark from Elite Training Solutions

Resiliency and Self-Care

Ft. Lethbridge Family Services

Jan
16
2024

Feb
15
2024

Healthy Relationships

Ft. Lethbridge Family Services

ADHD - Understanding the Diagnosis and Treatment Strategies

Ft. Aleigha and Ashley from True Balance
Counselling

Mar
20
2024

Apr
18
2024

Emotional Regulation - How to Help Our Kids When They Have Big Feelings

Ft. Allie and Bailee from True Balance Counselling

Digital Detox

Ft. Lethbridge Family Services

May
14
2024

LOCATION

All sessions will have dinner served at 5:30pm, with the presentations running from 6-8pm at the Sandman Signature Lethbridge Lodge at 320 Scenic Drive S, Lethbridge, AB

Please RSVP at

<https://www.surveymonkey.com/r/7R9L8CC>



October 2023

<u>Sun</u>	<u>Mon</u>	<u>Tue</u>	<u>Wed</u>	<u>Thu</u>	<u>Fri</u>	<u>Sat</u>
1 Food Drive 	2 Food Drive Cheesy Garlic Fingers \$5	3 Food Drive Mini Pepperoni Pizza \$5	4 Food Drive Taco & Mexi Fries \$5	5 Yummy Yellow Day Chicken Burger \$5	6 Thanksgiving Celebration 9am 	7
8 	9 Thanksgiving Day No School  Happy Thanksgiving	10 Mini Pepperoni Pizza \$5	11 Bouncing Brown Day Cross Country Zones Loaded Nachos \$5	12 School Picture Day  Chicken Burger \$5	13 Elementary Choir Gr 4-6	14
15	16 Cheesy Garlic Fingers \$5	17 Mini Pepperoni Pizza \$5	18 Kinders to Fire Stations Kraft Dinner \$3	19 Coats for Kids Deadline Perfect Pink Day Chicken Burger \$5	20 Elementary Choir Gr 4-6 Senior Hawks Classic Vball Tourney	21 Senior Hawks Classic Vball Tourney 
22	23 No School Divisional PD Day 	24 Intentional with Tech (School Council) 7:00pm Taco in a bag (pre-order) \$6.25	25 CEC Board Meeting 6-9pm Chicken Nuggets w/fries \$5	26 Powerful Purple Day Chicken Burger \$5	27 Elementary Choir Gr 4-6	28
29	30 Senior Vball City Champs Cheesy Garlic Fingers \$5	31 Halloween Mini Pepperoni Pizza \$5	Please see our co-curricular calendar for all performing arts and athletic schedules.			

November 2023

<u>Sun</u>	<u>Mon</u>	<u>Tue</u>	<u>Wed</u>	<u>Thu</u>	<u>Fri</u>	<u>Sat</u>
			1	2 Beautiful Blue Day	3 Elementary Choir Gr 4-6	4
5	6	7 School Council 7pm	8	9 Bold Black Day Remembrance Day Service 10:40 Picture Retake Day Jr High Q1 Ends	10 No School Day in Lieu - Nov 11 	11 Remembrance Day
12	13 No School Non-operational Day  Kindness Day	14	15	16 Groovy Grey Day	17 Elementary Choir Gr 4-6	18
19	20	21	22	23 Terrific Teal Day	24 Elementary Choir Gr 4-6	25
26	27	28	29 CEC Board Meeting 6-9pm	30 Wintery White Day		

December 2023

<u>Sun</u>	<u>Mon</u>	<u>Tue</u>	<u>Wed</u>	<u>Thu</u>	<u>Fri</u>	<u>Sat</u>
					1 First week of Advent Cel 10:45  Elementary Choir Gr 4-6	2
3	4 No School PD Day 	5 2nd week of Advent Cel 3:15pm 	6	7 Super Silver Day	8 Elementary Choir Gr 4-6	9
10	11	12 School Council 7pm	13 3rd Week of Advent Cel  11am	14 Glittering Gold Day	15 Elementary Choir Gr 4-6	16
17	18	19 Christmas Hat Day	20 Christmas Sock Day CEC Board Meeting 6-9pm	21 4th week of Advent Cel  Red & Green Day	22 Christmas Sweater Day Last Day before Christmas Break	23
24 Christmas Eve	25 Christmas Day	26 Boxing Day	27 Christmas Break	28 Christmas Break	29 Christmas Break	30