

DATES TO REMEMBER

Thursday, March 7th

Conference Manager Opens

<https://vantighem->

[leth.schoolsoft.com/](https://vantighem-leth.schoolsoft.com/)

[login.jsf](https://vantighem-leth.schoolsoft.com/login.jsf)

Monday, March 11

NO SCHOOL for students

Staff PD Days

Monday, March 11

Substitute Teacher Appreciation Day - THANK YOU SUBS!

Tuesday, March 19

School Council Meeting 7 p.m.

Thursday, March 21

Parent/Teacher Interviews

K-Gr 9 5:00-8:00pm

Easter Break

Friday, March 29 - Sunday, April 7

Coming in April

Grade 7 Parent Orientation

Heavenly Father,

Thank you for being a generous God and giving us so many good things.

We are sorry that we are not always generous with others.

Please help us this week to be kind, to do our very best, and to be generous when we are helping others.



LENT

prayer • fasting • almsgiving

Living Lent

Lent is a 40-day period of prayer, fasting, and almsgiving that starts on Ash Wednesday & ends on Holy Thursday. It's a time of preparation to celebrate the Lord's Resurrection at Easter. We seek Him by reading His Word; we help others through giving alms; and we practice self-control by fasting. Abstinence from luxuries is important, but true inner conversion of heart is key for faithfully following Christ's will during this sacred season of preparation. In the Lent season, we remember our baptism when we were born again into a new life in Christ, and died to sin and evil.

Fasting & Abstinence

Ash Wednesday and Good Friday are universal days of fasting and abstinence from meat. Anyone over the age of 18 and under the age of 59 are obliged to fast and abstain. **Fasting**, in the Latin Church, is the limitation of food and drink – typically to one main meal and two smaller meals (that together do not equal the regular meal in size), with no solid foods in between. **Abstinence** is the refraining from certain kinds of food or drink, typically meat. While all Fridays are days of abstinence from meat, in Canada “Catholics may substitute special acts of charity or piety on this day.” ~ *Ordo, note 29b and 29d.*



PARENT / TEACHER INTERVIEWS

**Conference manager opens
Thursday, March 7 at 6:00 a.m. & closes
Wednesday, March 20 at 9:00 p.m.**

Book your interview online @ <https://vantighem-leth.schoolsoft.com/login.jsf> starting March 7th.



Grades Kindergarten to Grade 9

Now that we are well into the school year, marks are getting established.

If you have concerns about your child's mark(s), please book an interview with the subject teacher.

Elementary: Parents have been invited to join the online Spaces Portal to review ongoing assessments of their students progress.

Junior High Parents: To access student marks and attendance, go to the FLVT website and click on the "P" (top right corner of page). Log in using the same username & password you used to register your child for school. You can also download the "PowerSchool Mobile" app. This app is very user friendly and gives you more information. If you need help with this, please call Mrs. Scott in the office.

Please note: If the teacher you would like to see is booked up or you are not able to make the available times, please email the teacher directly to make alternate arrangements.

VIRTUE VOUCHERS

When staff members notice a student displaying one of our Van Tighem Virtues, they can give that student a Virtue Voucher. The student fills it out and enters their name in the office for a monthly draw to receive a \$20 Indigo gift card. There will be three draws; K-3, 4-6 and 7-9. All names collected throughout the year will also be eligible for an end of the year draw of \$50 Amazon gift card (one for each division).

CONGRATULATIONS

February 2024 Virtue Voucher winners

Division 1 - Lucas W - 3A

Division 2 - Emelia M - 4C

Division 3 - Kinzley H - 7G

**HONEST
ACCEPTING
WISE
KIND
SPIRITUAL**

A graphic with a white background and a decorative border of green ferns, blue flowers, and red ladybugs. Two dark brown picture frames are shown. The top frame contains the text "SPRING PICTURES & KINDERGRAD PHOTOS" in red, underlined. The bottom frame contains the text "THURSDAY, APRIL 11" in red, underlined.

Spring pictures, taken by LifeTouch, are a fundraiser for FLVT. It will be the same format as the beginning of the year pictures, where every student gets their pictures taken and proofs go home.

There is no obligation to parents to buy, but they may order pictures if they wish.

The school will receive \$2 for each child who has their picture taken.

With 700 plus students, this could mean \$1400 going to our school.

St. Patrick's Day Jokes and Riddles



Why shouldn't you borrow money from a leprechaun?
Because they're always a little short.



What does a leprechaun call a happy man wearing green?
A jolly green giant.

What is a leprechaun's favorite type of music?
Sham-rock 'n' roll

What do you call an Irish spider?
Paddy long legs

When does a leprechaun cross the street?
When it turns green

What's a leprechaun's favorite cereal?
Lucky Charms



What is good attendance?

Going to school on time, every day for the full day, is important. Consistent attendance will help children do well in school, college, and work. Good attendance is missing not more than 1 day of school a month, whether excused or unexcused. Arriving on time to school and staying for the full day is extremely beneficial for students as often the most important things of the day are discussed first thing in the morning or at the end of the day before students leave.

Why is good attendance important?

When students improve their attendance rates, they improve their academic prospects. Regular attendance ensures that:

- Preschoolers build skills and develop good habits for showing up on time
- Elementary students read well by the end of 3rd grade
- Middle & high schoolers stay on track for graduation

How many absences are too many?

Too many absences—excused or unexcused—can keep students from succeeding in school *and in life*. Students who miss more than 1 school day a month become at risk. For example:

- Half the students who miss two to four days in September go on to miss nearly one month of school;
- Chronically absent (2 days a month) students are more likely to drop out of high school;
- Chronically absent kindergartners score 20 percent lower in reading and math in later grades;
- Student absences in grade 8 are 8 can be foretelling of grade 9 course failure than test scores;

Chronic absenteeism in grade 6 is the strongest predictor of not graduating from high school.





School Fees are now past due! It is very important to log on to School Cash Online to pay fees. These fees go toward consumables that students use over the duration of the year. If fees are not paid, we run the risk of canceling classes and programs should budgetary deficits impact the various opportunities that we offer. We appreciate your prompt attention to this!

Based on the DreamWorks Animation Motion Picture

Book by
Kevin Del Aguila

Original Music
and Lyrics by
George Noriega
& Joel Somellán



Help support our musical production...Playbill Advertising spots now available for purchase on SchoolCash Online.

Tickets: \$12 general; \$2 children 5 and under
Available through Eventbrite
- scan the QR code!

*Limited matinee tickets may be available
- contact the school for details*

Directed by Michele Hammett & Alexis Beaulac
Musical Director: Dana Vboer
Stage Management: Jessica Johnson & Dina Henderson

FATHER LEONARD VAN TIGHEM PRODUCTION

MADAGASCAR
A Musical Adventure
JR.

Yates Theatre
6:30 pm showtime
May 7th & 8th, 2024

Madagascar: A Musical Adventure (M.A.) is presented through special arrangements with and all authorized licenses are supplied by Music Theatre International, New York, NY
©2019 MTI. All rights reserved.

No School

Monday, March 11
Divisional PD Day

March 29 - April 7
Easter Break

Grade 6 & 9 PAT Schedule

Grade 6 PAT's

as per the schedule in the GIB

Wed. May 15th ELA Part A - 9:00am to 11:00am
Wed. June 12th ELA Part B - 9:00am to 10:00am
Thurs. June 13th Math Part A - 9:00am to 9:20am
Friday, June 14th Math Part B - 9:00am to 10:10am
Wed. June 19th Social Studies - 9:00am to 10:00am
Thurs. June 20th Science - 9:00am to 10:00am

Grade 9 PAT's

Holy Spirit PAT Schedule:

Mon. May 13 ELA Part A - 9:00am to 10:20am
Mon. June. 24 ELA Part B - 9:00am to 10:15am
Tues. June 25 Math Pt. A & B - 9:00 to 11:00am
Wed. June 26 Social Studies - 9:00am to 10:20am
Thur. June 27 Science - 9:00am to 10:15am



Grade 10 Course Selection Forms

Grade 9 to Grade 10 CCH course selection forms are due back to your homeroom teachers by Thursday, March 7.

Please ensure online registration update (re-registration) forms have been completed.

Year End Elementary & Junior High Choir Concert



Thursday, April 25 @ FLVT
6:30-7:30pm

Grade 6 Camp Fundraisers...Coming Soon!!
Ben's Beef Jerky and Kernels Popcorn
Feb 26th - March 15th



Elementary Marathon Club

Marathon club starts Monday, April 8th at 8:05am and runs Monday, Wednesday, Fridays - Please check calendar for all the specific details.

Please see information sheet on our website for all the details, under Resources & Publications, Field Trip Permission Forms & Notices.

T-shirt orders are due by March 12th.

Opting in for breakfast? Orders and payment are due by March 22nd.

Be sure to register for the final 2km

<https://runnersoul.com/event/little-souls-kids-marathon/>.

Registration opens April 1st.



Based on the DreamWorks Animation Motion Picture

Book by
Kevin Del Aguila

Original Music
and Lyrics by
George Noriega
& Joel Someillan



MADAGASCAR

A Musical Adventure

JR.

Yates Theatre
6:30 pm showtime
May 7th & 8th, 2024

Tickets: \$12 general; \$2 children 5 and under
Available through Eventbrite
- scan the QR code!

*Limited matinee tickets may be available
- contact the school for details*



Directed by Michele Hammel & Alexie Beaulac
Musical Director: Dana Visser
Stage Management: Jessica Johnson & Dina Henderson

FATHER LEONARD VAN TIGHEN PRODUCTION

Madagascar - A Musical Adventure JR. is presented through special arrangement with and all
authorized materials are supplied by Music Theatre International, New York, NY
(212) 541-4684 mtishows.com

CATHOLIC CENTRAL THEATRE
presents

The Wizard of Oz

By L. Frank Baum Directed by Braden Dalton
With Music and Lyrics by Harold Arlen and E. Y. Harburg

Background Music by Herbert Stothart

Dance and Vocal Arrangements by Peter Howard Orchestration by Larry Wilcox

Adapted by John Kane for the Royal Shakespeare Company

Based upon the Classic Motion Picture owned by Turner Entertainment Co.
and distributed in all media by Warner Bros.

Matinée performances
March 9, 10, and 16 at
1:30 p.m.

Evening performances
March 8, 13, 14, 15, 16
at 7:00 p.m.

**Tickets are \$22.50 and
available through the
CCH website**



THE WIZARD OF OZ is presented by arrangement with Concord Theatricals on behalf of Tams-Witmark LLC.
www.concordtheatricals.com

VAN TIGHEN FINE ARTS PRESENTS...

2024 YEAR-
END CHOIR
CONCERT



THURSDAY, APRIL 25

6:30-7:30 IN THE FLVT GYM

FEATURING THE ELEMENTARY CHOIR
AND JH CHOIR

(I)SWAG Presents:

ADHD - UNDERSTANDING THE DIAGNOSIS AND TREATMENT STRATEGIES

Ft. Aleigha from True Balance Counselling

5:30pm to 8pm March 20th, 2024

Join us as Registered Psychologists Aleigha and Ashley from True Balance Counselling presents on ADHD while we enjoy a complimentary dinner and the chance to win some door prizes at a fun night of learning.

Please RSVP @



<https://www.surveymonkey.com/r/7R9L8CC>

Location:

THE ESSIE'S BALLROOM

Sandman Signature,
320 Scenic Drive S,
Lethbridge AB



Emily Williston



SWAG
Student Wellness Access Guide
Holy Spirit Catholic School Division
willistone@holyspirit.ab.ca
(403)308-2445

Billy Woitte



ISWAG
Indigenous Student Wellness Access Guide
Holy Spirit Catholic School Division
woitteb@holyspirit.ab.ca
(403)635-2415

ALEIGHA ARKSEY

True Balance Counselling

Aleigha is a Registered Psychologist who specializes in working with youth, anxiety, and grief and loss, but does work with individuals of all ages. Working with an open heart and open mind, Aleigha draws from a variety of approaches including Cognitive-Behavioural Therapy, Mindfulness, Play Therapy, Person-centered Therapy, Strength-based, and Solution focused.

This is a **FREE** event
Intended audience: parents, guardians, caregivers, aunts, uncles, grandparents, childcare providers, all school staff, bus

drivers, parishoner's

Please RSVP @

<https://www.surveymonkey.com/r/7R9L8CC>





2024 Lethbridge Cougars Basketball Club TRYOUTS

***IF YOU ARE ENROLLED AT A HOLY SPIRIT
ELEMENTARY, JUNIOR HIGH, or HIGH SCHOOL YOU
ARE INVITED TO COME TRY OUT FOR, *Lethbridge
Cougars Basketball Club!* TRYOUTS WILL BE HELD AT:**

Catholic Central High School - EAST CAMPUS: 405-18th Street South

<p>Girls U11/13/15 TRYOUTS MON. MAR. 18 & WED. MAR. 20</p>	<p>Boys U11/13/15 TRYOUTS TUES. MAR. 19 & THUR. MAR. 21</p> <p>Boys/Girls U17 TRYOUTS FRIDAY MAR. 22</p>
<p>GIRLS U11 5:00 - 6:30 PM</p>	<p>BOYS U11 5:00 - 6:30 PM GIRLS: 1:00 – 3:00 PM</p>
<p>GIRLS U13 6:30 - 8:00 PM</p>	<p>BOYS U13 6:30 - 8:00 PM BOYS: 3:00 - 5:00 PM</p>
<p>GIRLS U15 8:00 - 9:30 PM</p>	<p>BOYS U15 8:00 - 9:30 PM</p>

IMPORTANT NOTES FOR TRYOUTS:

***PLEASE TRY TO ENSURE YOU ARE AT BOTH TRYOUT DATES.**

***PLEASE ARRIVE AT LEAST 15 MINUTES**



EARLY FOR REGISTRATION

***BRING YOUR RUNNING SHOES, SHORTS,
AND LCBC JERSEY IF YOU HAVE ONE.**

**EVERYONE IS WELCOME TO COME & TRY
OUT. SEE YOU THERE!**

**CONTACT lethbridgecougarsbasketball@gmail.com
for more information!**

Deadline to Sign up: SUNDAY, MARCH 17th

*** TO SIGN UP FOR TRYOUTS: LETHBRIDGECOUGARS.CA**



Building foundations and inspiring athletes to excellence on and off the court.

March 2024

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1 Elementary Choir Gr 4-6 Jr High Games Club	2
3  Grade 6 Camp fundraiser starts for Kernels Popcorn and Ben's Beef Jerky 	4 Cheesy Garlic Fingers \$5	5 4pm Elementary Science Sizzle (Pre-registration) Mini Pepperoni Pizza \$5	6 9:30am Third week of Lent  12:00pm CCH Wizard of Oz (Production students)  Taco & Mexi Fries \$5	7 Jr High Communita Conference Manager opens to book Parent Teacher Interviews Chicken Burger \$5	8 Elementary Choir Gr 4-6 Jr High Games Club 12:30-2pm Jr High Choir Banff trip - rehearsal Grade 6 Basketball Jamboree - Location TBD	9
10  FINAL WEEK for Kernels Popcorn and Ben's Beef Jerky 	11 No School Divisionz' PD Day  Sub- Teacher Appreciation Day 	12 8:55am Aladdin All Kinder, Gr 1, 4, 6 & Drama Prod students 4:00pm EL Science Sizzle (Pre-registration) Mini Pepperoni Pizza \$5	13 8:55am Aladdin @ St. Francis - Gr 5  Twin/Triplet Day Twin/Triplet Day Twin/Triplet Day Kraft Dinner \$3 add pulled pork \$2	14 6:45am Ski Trip Gr 5, 6 & Winter Pursuits  8:55am Aladdin @ St. Francis - Gr 2 & 3 Jr High Communita Chicken Brgr \$5	15 4th week of Lent 9:45am Liturgy  Elementary Choir Gr 4-6 Jr High Games Club	16
17	18 For St. Patrick's Day - Wear Green  Cheesy Garlic Fingers \$5	19 Kinder - Helen Schuler Field Trip Elementary Science Sizzle (Pre-registration) School Council 7pm Mini Pepp Pizza \$5	20 9:30am Elementary Choir Music Festival  5th week of Lent 3pm  Chicken Nggts w/fries \$5	21 9:30 First Nations Dancing Jr High Communita 5-8pm Parent Teacher Interviews Chicken Burger \$5	22 Elementary Choir Gr 4-6 Jr High Games Club 12:30-2pm Jr High Choir Banff trip - Rehearsal	23
24 Madagascar Rehearsal ALL CALL 1:00-4:00	25 3:15 Palm Sunday Cheesy Garlic Fingers \$5	26 Elementary Science Sizzle (Pre-registration) Taco in a bag (pre-order) \$6.25	27 CEC Board Meeting 6-9pm Loaded Nachos \$5	28 Holy Thursday Stations of the Cross  Last Day before Easter Break Jr High Communita Chicken Brgr \$5	29 Good Friday  	30 Holy Saturday
31 Easter Sunday	1 Easter Break	2 Easter Break	3 Easter Break	4 Easter Break	5 Easter Break	6

April 2024

<u>Sun</u>	<u>Mon</u>	<u>Tue</u>	<u>Wed</u>	<u>Thu</u>	<u>Fri</u>	<u>Sat</u>
	1 Easter Break	2 Easter Break	3 Easter Break	4 Easter Break	5 Easter Break	6
7 Madagascar Rehearsal ALL CALL 1:00-4:00	8 First Day back after Easter Break Logan Boulet Green Shirt Day Cheesy Garlic Fingers \$5	9 Mini Pepperoni Pizza \$5	10 8:05am Elementary Marathon Club	11 Spring Pictures & Kinder Grad Photos Chicken Burger \$5	12 8:05am Elementary Marathon Club Jr High Q3 Ends Elementary Choir Gr 4-6 12:30-2pm Jr High Choir Banff trip - Rehearsal	13
14 Jr High Choir - Banff Trip	15 8:05am Elementary Marathon Club Jr High Choir - Banff Trip Cheesy Garlic Fingers \$5	16 Jr High Choir - Banff Trip School Council 7pm Mini Pepperoni Pizza \$5	17 8:05am Elementary Marathon Club Jr High Choir - Banff Trip	18 Chicken Burger \$5	19 8:05am Elementary Marathon Club Elementary Choir Gr 4-6	20
21 Madagascar Rehearsal ALL CALL 1:00-4:00	22 8:05am Elementary Marathon Club Cheesy Garlic Fingers \$5	23 Mini Pepperoni Pizza \$5	24 8:05am Elementary Marathon Club "Flag Frenzy" CEC Board Meeting 6-9pm	25 Choir Final Concert - Elementary/Juni or High Chicken Burger \$5	26 8:05am Elementary Marathon Club Elementary Choir wrap up 11:30-2pm Madagascar Hair and Makeup Trials	27
28	29 8:05am Elementary Marathon Club Cheesy Garlic Fingers \$5	30 Mini Pepperoni Pizza \$5				