

# Family School Liaison Counselling (FSLC)

## Program Services



The Family School Liaison Counselling Program creates a valuable link between home, school and other agencies. The Program provides services directly for children and families. These services are free and available to any family with students attending schools within the Holy Spirit Catholic School Division.

### 1. Counselling:

\*The primary role of the Family School Liaison Counsellor is to provide individual or small group counselling sessions with children.

### 2. Prevention/Educational Programming:

\* Supporting safe and caring school initiatives.

\* Facilitating presentations/workshops on identified areas of need for students, families and school personnel. These may include supporting Safe & Caring Schools initiatives & faculty presentations within the community.

### 3. Community Liaison:

\* Family School Liaison Counsellors provide liaison with community agencies and links between school personnel and appropriate community agencies' personnel.

### 4. Crisis Intervention:

\*Risk / Threat assessment and post-crisis intervention

## **Counselling Philosophy**

School Counselling Services are an integral and essential component of the educational process for our students. The need of these services is dictated by the complexity of the human growth process, the demands on youth and the ever-changing nature of society.



## **Accessing Counselling Services**

Counselling services can be accessed through several means. Students /families can talk to school personnel (teacher, principal, associate principal or the Inclusive Education Liaison) or talk to the counsellor directly (drop into the counsellor's office, leave a note in the counsellor's mailbox or call the counsellor directly at the school).

## **The Counselling Process**

When a referral is made, the counsellor identifies needs and options. If the presenting concerns require long term help or a specific service, the counsellor will refer to other professionals for assistance. Counsellors will assist teachers and Inclusive Education Liaisons with behavioural management plans for special needs students. Counsellors are also available to provide training sessions on a variety of topics for students, teachers and parents.

## **Student / Family Rights**

The Student and/or family members have the right to ask questions or get clarification at any time in the counselling process. In addition, because involvement in the Family School Liaison Program is completely voluntary, the student and/ or family members have the right to stop receiving counselling sessions at any time, upon notifying the counsellor.

## **Confidentiality**

Information related to children, youth and their families shall be treated as confidential information and shall not be published, released or disclosed to unauthorized persons or agencies without signed parental consent. Family School Liaison Counsellors in the Holy Spirit Catholic School Division are bound by each individual's professional association.