



FATHER LEONARD VAN TIGHEN SCHOOL



25 Stoney Crescent West
Lethbridge, Alberta
T1K 6V5

Telephone: (403) 381-0953

Fax: (403) 381-0906

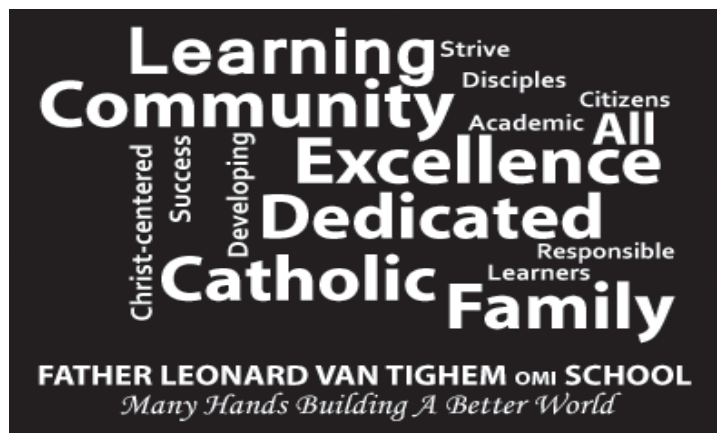
Website: www.holyspirit.ab.ca/flvt

Facebook: *Father Leonard Van Tighem School*

Instagram: *flvthawks*

Twitter: *@flvthawks*

Please check our website and the Principal's Blog (gregkostiuk.com) for the most up-to-date information on our Back to School entry plans.



VAN TIGHEM VIRTUES

Honest - I am sincere, truthful and trustworthy. (Tied to Prudence)

Accepting - I accept that everyone is unique and made in the image and likeness of God. (Tied to Fortitude)

Wise - I speak up for myself and others even when it may not be popular. (Tied to Justice)

Kind - I treat people with dignity and respect all rights and property. (Tied to Justice)

Spiritual - I follow the example Jesus taught us in how I think, speak, and act. (Tied to Charity)

SCHOOL PRAYER

In 2012, Mrs. Joan Rogers revised the prayer into a shorter version that reflects the attributes of a hawk.



God give me
clear eyes,
a faithful heart,
and courage to
soar.

Saint Kateri,
Pray for us.

PATRON SAINT



Saint Kateri Tekakwitha was canonized on September 21, 2012, by Pope Benedict XVI. She lived a life dedicated to prayer, penitential practices, and caring for the sick and aged. She is a patroness of the environment and ecology, and her feast day is July 14. In 2012, as part of our Faith Plan theme "Taking our Place at the Table," we adopted Saint Kateri as our patron saint.

SCHOOL LOGOS

The F.L.V.T. "F" Logo: The "F" was created for our school by Mrs. Hay the first year our school doors opened and represented our community values. All four letters of the school name F.L.V.T. are incorporated into the logo.



- The F was designed to look like a torch to represent excellence.
- The letters L, V and T combine to form a triangle representing the home, school and church working together for our children.
- The T was designed to represent a Cross and the hawk feathers, including our school mascot.



The F.L.V.T. Athletic Logo: The first year Father Leonard Van Tighem School opened, staff and students noticed a hawk had taken residence in our pond area. As a result, staff and students thought it would be a natural transfer to have our sports teams represented by such a magnificent bird.

The Hawks Virtues Logo: Our Van Tighem Virtues guide our code of conduct at the school, and we have rooted them in Jesus' words to us:

"This is my commandment, that you love one another as I have loved you" John 15:12. Each Van Tighem Virtue is tied to the cardinal and theological virtues of the Catholic Church. The Catechism of the Catholic Church states that a virtue is a habitual and firm disposition to do good. It allows the person to perform good acts and give the best of himself (1803).

To help remember our Virtues, we have used our HAWKS name as an acronym.



- **Honest** - I am sincere, truthful and trustworthy. (Tied to Prudence)
- **Accepting** - I accept that everyone is unique and made in the image and likeness of God. (Tied to Fortitude)
- **Wise** - I speak up for myself and others even when it may not be popular. (Tied to Justice)
- **Kind** - I treat people with dignity and respect all rights and property. (Tied to Justice)
- **Spiritual** - I follow the example Jesus taught us in how I think, speak, and act. (Tied to Charity)

FATHER LEONARD VAN TIGHEM, o.m.i.

The school is named in honour of Father Leonard Van Tighem, a priest in the order of the Oblates of Mary Immaculate. He was born in Meulebeke, Belgium, on June 13th, 1851.

Leonard began his studies in M. Viaennes' boarding school but had to quit because of his parents' poverty and became a woodworker. Leonard then entered the novitiate in Lachine on October 31st, 1874, and subsequently went to St. Albert, Alberta (1875), where he restarted his novitiate on September 7th, 1875 and took vows on September 8th, 1876.

Wanting to be an ordained priest, Leonard studied theology at the St. Albert Grand Seminary at Lac-La-Nonne and Fort Saskatchewan; then, he entered the Scholasticate on March 18th, 1882 and took vows on March 19th, 1883. He was ordained a priest in St. Albert at the beginning of his novitiate on March 19th, 1882, by Vital-Justin Grandin o.m.i., Bishop of St. Albert.

Leonard's first assignment was in Fort MacLeod (1883-1888), and he became pastor of Lethbridge (1888-1889), with responsibility for Milk River and Warner (1908-1909) and Coutts (1887-1909). Leonard had already said the first Mass ever in Lethbridge in 1882, visited Pincher Creek in 1885, built the Church in Lethbridge in 1886 and became its first resident priest in 1887.

Father Van Tighem attended the general Chapter of 1904 in Rome; then, he was put in charge of the Strathcona [Edmonton] mission (1909-1911) and a Dutch colony. Leonard visited the Langdon House, where he built a residence in 1911 and became pastor (1911-1913), and from 1913 to 1917, he served as pastor in Taber. Father Leonard Van Tighem died suddenly in Taber, Alberta, on March 10th, 1917. He was buried in the Oblate Cemetery in St. Albert, and a memorial plaque has been erected in his memory in front of St. Patrick's Church in Lethbridge.

SCHOOL PROGRAMS

The school program at Father Leonard Van Tighem consists of three components: the Religious Program, the Academic Program and the Social Program. All three are essential to the student growth and development as responsible adults in our society.

A. THE RELIGIOUS PROGRAM

1. Religious Studies

All students attending Father Leonard Van Tighem will take Religious Studies as part of the regular school program. We support the parish in preparing students to receive the sacraments of Holy Eucharist, Reconciliation and Confirmation.

2. Daily Prayer

Each school day begins with a daily prayer. Classes may also pray before lunch and at the end of the day. At Father Leonard Van Tighem, we believe it is essential to celebrate the presence of God in our school through prayer, prayer services, and symbols of our faith.

3. Religious Celebrations

We follow the liturgical year and have weekly celebrations during advent and lent. We also incorporate social justice projects and student retreats throughout our liturgical year.

B. THE ACADEMIC PROGRAM

The Academic Program at Father Leonard Van Tighem follows the Alberta Education Program of Studies.

Honor Roll

In order to qualify for honor roll students are required to have a collective average of 89.5% or better in science, social studies, language arts, math and religion. As well, students must also have completed all assignments, projects, and fully participated in all courses including options.

Honor Roll with Distinction

In order to qualify for honor roll with distinction students are required to have a collective average of 95% or better in science, social studies, language arts, math and religion. As well, students must also have completed all assignments, projects, and fully participated in all courses including options.

1. Core Subjects

The core subjects are compulsory for each student and consist of Religious Studies, Language Arts, Social Studies, Mathematics and Science. In addition, students are required to take Physical Education and Health/Wellness.

2. Complementary Courses

We offer courses to complement the core subjects in both elementary and junior high. All elementary grades take music and art, while grades 4-6 take French as a Second Language. We offer a wide variety of complementary courses in junior high.

3. Student Supports

At Father Leonard Van Tighem School, we believe that all students can learn and achieve at a high level. We work with parents to create individualized program plans for student success. We also individualize programs through differentiated instruction of content, process, product, readiness, interest, and learning profile.

C. SOCIAL PROGRAMS

1. Co-Curricular Program

Father Leonard Van Tighem School has a variety of clubs and activities to meet our students' interests and diversified talents. These programs allow all our students to gain experience in various activities and provide an opportunity for worthwhile involvement after school. Students must attend school to be eligible to participate in an afterschool activity. Examples of activities are choir, scrapbooking club, book club and running/marathon club.

2. Intramural Activities

Students can participate in various intramural activities and gain points for their classroom for a year-end pizza party. Pizza parties are awarded by division in elementary and by grade in junior high. Students are encouraged to make suggestions to enhance this program through Student Leadership.

3. Interscholastic Team Activities

Father Leonard Van Tighem sponsors inter-school teams that compete with other Junior High and Middle Schools in Lethbridge and the surrounding area in various sports. These include:

Cross-Country running	(September and October)
Volleyball	(September to November)
Basketball	(December to March)
Badminton	(March and April)
Track & Field	(April and May)

Students are welcome to try out for the various teams before each sport schedule, but to defray costs, there is a user fee for those participating on teams.

4. Musical Production

Father Leonard Van Tighem School strives to perform a musical production in May at the University of Lethbridge Theatre. The production showcases junior high talent in acting, singing, and dancing. Auditions occur in the fall.

BELL TIMES

Elementary

Bell Times
2023-2024

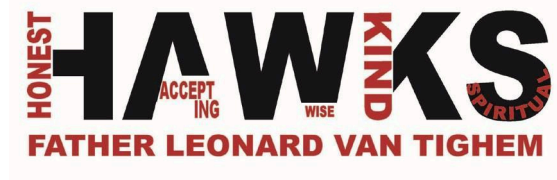
Monday-Thursday		Friday	
Warning Bell	8:45-8:50	Warning Bell	8:45-8:50
Homeroom	8:50-9:10	Homeroom	8:50-9:10
1	9:10-9:46	1	9:10-9:43
2	9:46-10:22	2	9:43-10:16
3	10:22-10:58	3	10:16-10:49
Nutrition Break	10:58-11:08	4	10:49-11:23
Recess	11:08-11:28	<div>Kindergarten Monday to Thursday AM 8:50 - 11:50 PM 12:50 - 3:50</div> <div>Early Learning Program Monday to Thursday AM 8:50 - 11:50 PM 12:40 - 3:40</div>	
4	11:28-12:02		
5	12:02-12:36		
6	12:36-1:10		
Nutrition Break	1:10-1:26		
Recess	1:26-1:41		
7	1:41-2:19		
8	2:19-2:57		
9	2:57-3:34		
Homeroom	3:34-3:50		

Junior High

Bell Times
2023-2024

Monday-Thursday		Friday	
Warning Bell	8:45-8:50	Warning Bell	8:45-50
1	8:50-10:11	1	8:50-9:39
2	10:14-11:34	2	9:41-10:30
Lunch	11:34-12:05	3	10:32-11:20
Warning Bell	12:05		
3	12:07-1:27		
Nutrition Break	1:27-1:42		
4 (Options)	1:42-3:06		
5 (AEP/Lit)	3:10-3:45		
Flex Dismissal	3:45-3:50		

FLVT School Virtues



HAWKS	All Areas	Classroom	Hallway	Gym	Outside
Honest	I am sincere, truthful and trustworthy	<ul style="list-style-type: none"> Be responsible for your learning and your behavior. Follow the classroom rules and procedures. 	<ul style="list-style-type: none"> If you find an item, turn it in to lost and found or in the office. 	<ul style="list-style-type: none"> Be a good sport and play fair. 	<ul style="list-style-type: none"> Stay in designated areas. Come in on time from breaks.
Accepting	I accept that everyone is unique and made in the image and likeness of God.	<ul style="list-style-type: none"> Listen to other people's answers, ideas, and opinions. 	<ul style="list-style-type: none"> Be considerate of the shared hallway spaces. 	<ul style="list-style-type: none"> Invite and encourage everyone to participate. 	<ul style="list-style-type: none"> Invite others to join you.
Wise	I speak up for myself and others even when it may not be popular.	<ul style="list-style-type: none"> Be respectful of the teacher and your classmates. Keep backpacks in locker. 	<ul style="list-style-type: none"> Set a good example for others by being mindful of language and actions. Keep backpacks in locker. 	<ul style="list-style-type: none"> Use the equipment responsibly and always return it. 	<ul style="list-style-type: none"> Exit and enter the building safely. Use crosswalks when leaving campus.
Kind	I treat people with dignity and respect all rights and property.	<ul style="list-style-type: none"> Help others when they need it. 	<ul style="list-style-type: none"> Greet people with a smile. Be courteous in the halls. 	<ul style="list-style-type: none"> Be respectful, follow the rules and play fair. 	<ul style="list-style-type: none"> Be respectful, follow the rules and play fair. Be considerate of people entering and exiting the building.
Spiritual	I follow the example Jesus taught us in how you think, speak and act.	<ul style="list-style-type: none"> Treat others the way you want to be treated. 	<ul style="list-style-type: none"> Be stewards of the environment and clean up after yourself. 	<ul style="list-style-type: none"> Treat others the way you want to be treated. 	<ul style="list-style-type: none"> Be stewards of the environment and clean up after yourself.

HAWKS	All Areas	Celebrations	Lunch	Mezzanine	Bathrooms
Honest	I am sincere, truthful and trustworthy	<ul style="list-style-type: none"> Leave cell phones and hats in the classroom. 	<ul style="list-style-type: none"> Line up in the hallway outside the canteen door. Consume food in designated areas. 	<ul style="list-style-type: none"> Consume food and drink before entering the mezzanine. 	<ul style="list-style-type: none"> Go directly to and from the bathroom.
Accepting	I accept that everyone is unique and made in the image and likeness of God.	<ul style="list-style-type: none"> Be mindful of the occasion and organizer(s) of the celebration. 	<ul style="list-style-type: none"> Invite others to join you. 	<ul style="list-style-type: none"> Make room for and encourage everyone. 	<ul style="list-style-type: none"> Respect the privacy of others.
Wise	I speak up for myself and others even when it may not be popular.	<ul style="list-style-type: none"> Participate in an appropriate manner. 	<ul style="list-style-type: none"> Use the microwave appropriately. Keep backpack on campus and in locker. Be mindful of your blessings. 	<ul style="list-style-type: none"> Safely enter and exit the mezzanine and the risers. 	<ul style="list-style-type: none"> Wash your hands before leaving. Report issues requiring immediate attention to the office.
Kind	I treat people with dignity and respect all rights and property.	<ul style="list-style-type: none"> Show appreciation for the organizer(s) by holding your applause for the "thank yous" at the end of the celebration. 	<ul style="list-style-type: none"> Use proper manners. Respect the allergy table. 	<ul style="list-style-type: none"> Stay seated so everyone can watch. 	<ul style="list-style-type: none"> Wait your turn politely. Flush toilet after use.
Spiritual	I follow the example Jesus taught us in how you think, speak and act.	<ul style="list-style-type: none"> Prepare your heart as you quietly follow the lantern bearers. Listen reverently to the message of the celebration. 	<ul style="list-style-type: none"> Say Grace. Be stewards of the environment and clean up after yourself. 	<ul style="list-style-type: none"> Treat others the way you want to be treated. 	<ul style="list-style-type: none"> Be stewards of the environment and clean up after yourself.

STUDENT SERVICES

A.L.E.R.T. PROGRAM (Assisted Learning Environment Response Team)

- This cooperative Health Project between Father Leonard Van Tighem School, Chinook Health Region and the Lethbridge Regional Police Service. A Public Health school nurse and a school resource officer are working with the school, staff, students, parents and community agencies to address health and safety issues.
- The nurse and school resource officer's roles and responsibilities are to be positive role models, provide information and resources, be available for referrals and counselling, and act as a liaison between students, families, staff and the community.

COUNSELING SERVICES

- The Family School Liaison Counselor Program creates a valuable link between home, school and other agencies. These services are free and available to any family with students attending FLVT. The role of the FSLC is to work closely with students and families experiencing difficult situations. The program primarily intends to provide students with personal counselling, support and mentorship. The FSL Counselor can professionally assess the student's needs and make a referral (if needed) to the appropriate community resource.

FIRST NATIONS METIS INUIT PROGRAM LEADER

- Our First Nations Metis and Inuit Worker supports our school and our First Nations families by mentoring our FNMI students, assisting the staff in understanding traditions and culture, linking families to community support, and assisting staff in communicating with families.

LIBRARY SERVICES

The Library Clerk works to assist students in finding materials and information. Students are welcomed and encouraged to use the library.

- Loan periods are two weeks for books and one week for magazines.
- Kindergarten-Grade 2 students may borrow up to 2 items.
- Grade 3-4 students may borrow up to 4 items.
- Grade 5-9 students may borrow up to 5 items.
- Items can be renewed as needed unless another student has placed a hold on the item.
- Students are responsible for their borrowed materials, including textbooks assigned to Junior High students. Lost or damaged book fines will be assessed on an individual basis.
- Late or lost materials will lose borrowing privileges until the material(s) are returned or paid for.

GENERAL INFORMATION

ATTENDANCE

- It is the belief of this staff that there is a strong relationship between regular, punctual attendance and success in school. Thus, we expect students and parents to assume the responsibility for regular, punctual attendance. The school realizes that due to illness, medical appointments or family reasons, students may have to miss some school.
- In the event of an absence or late, please phone the school so we can keep accurate attendance records. We will call home if your child is marked absent and has not received information.
- Students are responsible for the class material missed and will be required to make up assignments or tests as needed.
- Students who arrive after the bell will go to the office to record their names and get a welcome slip.

- Students leaving the school during the day need parental permission. Parents may call the office or come in and sign them out, so we have a record of them going.

BUSES

- Junior High students living south of Whoop-Up Drive (2.4 km or more) are eligible to ride the bus to school. Some exceptions do apply for bussing eligibility. Maps showing bus routes, bus stops and eligibility are available on our school website.
- Depending on the distance from school, some elementary students are eligible to ride the bus to school at a user cost.
- Elementary students being transported to BLAST are also eligible to ride the bus for a \$20 a month user fee.

CANTEEN

- Our canteen serves a variety of hot and cold items with special items each week. Menus are published in our newsletter each month.
- Parents can purchase \$20 clip cards which stay in the canteen. As your child purchases items, the monetary value is clipped. These cards can be used for any item in the canteen, or parents can specify if only certain things are to be purchased, i.e. Milk only, no ice cream, etc.

COMMUNICATION

- Website: <http://www.holyspirit.ab.ca/flvt/>
- From our website, follow us on Facebook, Instagram: flvthawks and Twitter: @flvthawks
- From our website, sign up for electronic delivery of our monthly newsletter under the Newsletter Signup link. It is available on our website under the Forms and Newsletters Link if you missed an issue.
- School Calendars and Events can also be found on the FLVT website under the Calendars & Events tab.

DRESS CODE

- Dress by our faith and the following guidelines: students are to use good social judgment, including knowing what is appropriate to wear (clean, neat, modest clothing). Clothing will not include or contain profane gestures, inappropriate language, advertise alcohol and drugs or promote gang activity (perceived or not). Shoulders are covered or partially covered, clothing must cover waistlines (front and back) and buttocks, and underwear cannot be visible. Please contact the school if you require more information.

DRUGS, ALCOHOL & TOBACCO

- Smoking, vaping or tobacco products are not allowed in the building or on the property. Students found on school property under the influence or possessing drugs, alcohol, or tobacco will be suspended from school. The parents/guardians and the Lethbridge Regional Police will be notified.

FIELD TRIPS

- Throughout the school, various grades will embark on the field or sports trips. Parent involvement is encouraged, and staff supervision will be present.
- Individual permission forms and information will be sent home with the student for the parent to sign.

FINAL EXAMINATIONS

All students in Grades 7 & 8 will write the final examination in all academic subjects.

- Students not writing an exam will receive a mark based on their course work.
- Grade 9 students write Provincial Achievement Tests. If a parent wishes to excuse their student from writing the PATs, the student will write a school final instead.
- We do understand that there may be reasons why a parent may want to excuse or re-arrange exams. Please inform the principal so we can work together to arrange exams or a school final.

FIRE DRILLS/LOCKDOWNS

- Fire drill evacuations are practiced throughout the year to ensure a quick, safe evacuation routine in case of fire. Emergency lockdowns are reviewed annually. Students must wear proper footwear to proceed outdoors in any weather.

INCLEMENT WEATHER

- During extreme cold (-15°C) or rainy weather, the students will stay indoors. Parents are asked to ensure that their children come appropriately dressed for the weather, i.e. coats, gloves, boots, snow pants, etc.

INFIRMARY

- Students who are ill should remain at home until they are recovered. However, if students become ill at school, they may request to use the infirmary. Please note that the school will not administer medication to students unless special arrangements are made with administration and all the proper forms are completed.

LOCKERS

- All students are assigned a school locker, and for the Junior High students, a gym locker as well. Students sign an agreement each year that they will abide by Holy Spirit School Division policy on student use of lockers.
- Early Learning through Grade 3 students do not require locks, but all other students need to lock their lockers. Combination locks are available at the office at the cost of \$8.00.
- Students should not leave valuables in their lockers or the gymnasium change room. The school cannot be responsible for property lost or stolen. Students can arrange to have valuables kept in the office, if necessary.

LOST AND FOUND

- All items placed in the Lost and Found bin, located in the office, will be displayed in the gathering space during parent-teacher interviews. Any unclaimed items will be donated to charity one week following parent-teacher interviews and after the June final exams.

MEDICAL ALERTS (Accidents, Procedures and Ambulance)

- Medical Alerts/conditions must be provided to the school at the beginning of the school year or when parents become aware of conditions or changing requirements.
- In an emergency, the school will attempt to contact parents. If parents or emergency contact persons cannot be reached and an ambulance is deemed necessary, the school will call 9-1-1. For this reason, we ask that contact information be kept up-to-date for parents or emergency contact persons.
- No Child Without is a charitable program that offers all elementary school-aged children with medical conditions or allergies free MedicAlert protection regardless of their financial resources. Pamphlets are available in the office or go to www.medicalert.ca/nochildwithout.

SCHOOL COUNCIL

- The council meets monthly and encourages all parents to attend and become involved in the school. For further information, please see the school website and look under the heading "School Council." There is also a School Council board in the gathering space with more information.

PARENT VOLUNTEERS/DRIVERS

- Parents are encouraged to become involved in our school.
- Parents who volunteer to drive for school functions must complete and submit the following documentation before driving: Copy of Current Driver's License, Driver Authorization Form, Driver's Abstract, Proof of \$2,000,000.00 liability (Certificate of Insurance, Letter from Insurance Company, or a copy of the current insurance policy), and a Criminal Record Check.
- Parents who volunteer and could be alone with students must submit a Criminal Record Check.
- These forms must be completed each school year and are available in the office.

REPORT CARDS

- Student progress is measured on an ongoing basis through teacher tests, standardized tests, assignments, homework, in-class participation, activities and attitude.
- Progress is formally reported three times a year in the elementary grades and four times per year in junior high. We do not send report cards home in junior high as students and parents can check PowerSchool to monitor progress.
- PowerSchool can be accessed on the school website using a password. For information on how to register for PowerSchool, please get in touch with the office.
- Scheduled interviews are held along with reporting periods. Interviews are booked through our online Conference Manager and can be accessed through our links on our web page.
- Parents may request conferences at other times throughout the year by contacting the teacher.

UPDATING SCHOOL RECORDS

- It is vital to us and perhaps critical to your child's well-being, in an emergency, for us to have up-to-date information regarding your address, home, work and cell phone numbers, e-mail and emergency contact people. Please keep us informed if your information changes

STUDENT CONDUCT

PHILOSOPHY

- Father Leonard Van Tighem School operates on the philosophy that all students have the right to learn and grow in self-discipline. We want to foster student responsibility for behaviour and self-direction.
- The home and the school share the responsibility for teaching appropriate and acceptable behaviours that enhance learning. Father Leonard Van Tighem's students are expected to follow reasonable rules that are established for the benefit of the entire student body. They must recognize that any behaviour that disrupts or distracts from the school's educational climate is unacceptable.
- The teacher establishes classroom rules and procedures that promote responsibility and self-direction. As an instructional leader, the teacher handles most of the day-to-day discipline in the classroom.
- The staff and administration will be fair and consistent when dealing with student behaviour according to the Conduct/Consequences document in the Info for Parents section on our website. Students will be subject to natural and logical consequences for behaviour choices. Repeat offences will result in more severe consequences. As a situation arises, parents will be contacted, and a plan of action will be formulated.