



## FATHER LEONARD VAN TIGHEM SCHOOL

25 Stoney Cres. W, Lethbridge, AB T1K 6V5

<https://flvt.holyspirit.ab.ca/>

Principal: Shannon Collier

Associate Principals: Justin Molas & Cason Machacek

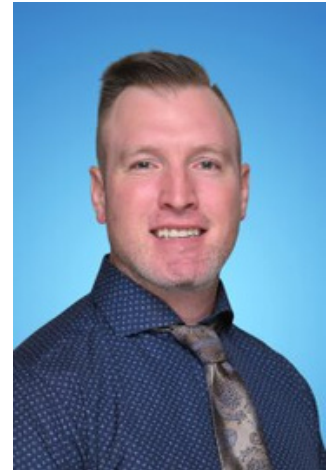
Phone: 403-381-0953 Email: [flvtooffice@holyspirit.ab.ca](mailto:flvtooffice@holyspirit.ab.ca)

## Administrative Message:

NOVEMBER 2025

As the calendar turns to November, the shift in season often invites us to reflect and seek warmth together. I first want to acknowledge that the past few weeks have been incredibly challenging, causing strain, concern, and uncertainty for many in our community. However, as we return to our operational routine, we are profoundly grateful to welcome back all, with our community spirit, resilience, and continuous faith. We have walked this difficult path together, and now, we look forward to the road ahead with renewed optimism, hope, love, and faith.

As we embrace this journey of striving, I've been reminded of powerful truths from sacred scripture that offer a profound framework for our continuous learning and growth. St. Paul reminds us in scripture that even when we are challenged, unsure, or anxious, the Holy Spirit intercedes for us (Romans 8:26), quietly guiding us. This principle can be extended throughout our school, teaching the value of trust and introspective prayer during unprecedented times. Encouraging one another to use these moments as an opportunity to pause, seek the Holy Spirit, and be open to different paths forward. Furthermore, St. Paul shares the promise that all things work together for good (Romans 8:28), assuring us that every struggle, setback, or challenging moment can be used as a formative experience for learning and growing. We will use this understanding recognizing that challenges breed opportunities for resiliency and growth, transforming challenging moments into meaningful lessons in perseverance and personal formation.



Our Lord calls us to "Strive to enter through the narrow door" (Luke 13:24), a direct instruction for continuous growth and renewed sense of optimism to approach things differently. The narrow gate represents the path of effort, commitment, and excellence in all we do—in learning, in teaching, and in supporting one another. For our school, this means we must strive daily to continue to be a community where every individual is supported, every lesson is meaningful, and every challenge is met with courageous faith and the collaborative efforts of the entire school community. As we start this new month, let us embody a spirit of Love and Faith in our classrooms, hallways, and homes. Let us encourage our students, staff, and one another to reflect on two inquiries:

- Where is the Holy Spirit leading me right now?
- How can I walk forward with faith, knowing that God is working for the good of our school and larger community?

We are truly blessed to have these words to lean into and learn from. Thank you for your grace, your unwavering support, and your commitment to our shared mission of education and faith formation. May November be a month filled with renewal, gratitude, joy, and the enduring hope found in Christ Jesus.

With God's Blessings,  
Cason Machacek

# PRAYER



**LEST WE FORGET**  
*Remembrance day*

Ever-living God, we remember those whom you have gathered from the storm of war into the peace of your presence; may that same peace calm our fears, bring justice to all peoples and establish harmony among the nations, through Jesus Christ our Lord. Amen.



## REMEMBRANCE DAY Word Scramble

MRBERMEE \_\_\_\_\_

OMEP \_\_\_\_\_

YPOPP \_\_\_\_\_

ROSLESID \_\_\_\_\_

TVENARE \_\_\_\_\_

MERNOEVB \_\_\_\_\_

HRWATE \_\_\_\_\_

HOSERE \_\_\_\_\_

MTONEM FO LCEINSE \_\_\_\_\_

CPTERES \_\_\_\_\_

VBAER \_\_\_\_\_

NORHO \_\_\_\_\_

LMAEROMI \_\_\_\_\_

DPERI \_\_\_\_\_

ADLEMS \_\_\_\_\_

STLE EW GOTREF \_\_\_\_\_



**REMEMBRANCE DAY**  
**WORD SCRAMBLE**

## DATES TO REMEMBER...

# November 2025

- 4 School Council Meeting 7pm
- 5 Conference manager opens to book parent teacher interviews
- 6 Beautiful Blue Day
- 6 Remembrance Day Service 10:40am
- 6 JH Baking Booster (sign up required)
- 7 Last Day of JH Quarter 1
- 10 NO SCHOOL - Wellness Day
- 11 NO SCHOOL - Remembrance Day
- 12 Jr High Quarter 2 starts
- 13 World Kindness Day
- 13 Groovy Gray Day
- 13 JH Baking Booster (sign up required)
- 14 Rock Your Mocs Day
- 14-15 4J Girls Volleyball Zones @ FLVT
- 17 Wreath Fundraiser Ends
- 19 Junior High Academic Awards Night 7pm
- 20 Plaid Day
- 24 Shrek Bomb Bar Fundraiser Ends
- 25 Conference Manager Closes
- 26 1<sup>st</sup> week of Advent Liturgy 12:30pm
- 26 Panago Pizza Fundraiser Night - order supper from west side Panago
- 26 Parent Teacher Interview Evening 5-8pm
- 27 Wintery White Day
- 27 Parent Teacher Interview Evening 5-8pm

### **Recurring Weekly Events in November**

**Tuesday** - JH Drama Club 4-5pm

**Thursday** - JH CommuniTEA - during lunch break

**Friday** - Choir Grades 1, 2, 3 11:30-12:30 - pre-registration required  
- JH Games Club 11:30-1:00 - permission slip required

FOR THE MOST UP TO DATE INFORMATION -  
PLEASE USE OUR **ONLINE EVENTS CALENDAR**  
<https://flvt.holyspirit.ab.ca/calendar>

### **ADDITIONAL CALENDARS CAN BE FOUND**

<https://flvt.holyspirit.ab.ca/view-additional-calendars>

## NEED TO FIND INFORMATION FOR YEAR...

Please click on the following links for more information.

FLVT website: <https://flvt.holyspirit.ab.ca/>

Bell Times: [https://flvt.holyspirit.ab.ca/bell\\_times](https://flvt.holyspirit.ab.ca/bell_times)

Calendar (school based events): <https://flvt.holyspirit.ab.ca/calendar>

Co-curricular Athletics Calendar: [Athletic Calendar](#)

Co-curricular Performing Arts: [https://flvt.holyspirit.ab.ca/performing\\_arts](https://flvt.holyspirit.ab.ca/performing_arts)

Bussing Information: <https://flvt.holyspirit.ab.ca/transportation>

Fee Payments: <https://holyspirit.schoolcashonline.com/>

School Supplies: [https://flvt.holyspirit.ab.ca/supply\\_lists](https://flvt.holyspirit.ab.ca/supply_lists)

School Council Meeting Dates & Minutes: [https://flvt.holyspirit.ab.ca/school\\_council](https://flvt.holyspirit.ab.ca/school_council)

Divisional Website: <https://www.holyspirit.ab.ca/>

Facebook: <https://www.facebook.com/flvthawks/>

Instagram: <https://www.instagram.com/flvthawks/>

Student Handbook: [https://flvt.holyspirit.ab.ca/student\\_handbook](https://flvt.holyspirit.ab.ca/student_handbook)

**HONEST** **HAWKS** **KIND**  
**ACCEPTING** **WISE** **SPIRITUAL**  
**FATHER LEONARD VAN TIGHEN**

## STAY CONNECTED AND SCHOOL FEES ARE NOW DUE

WAYS TO CONNECT WITH US... stayed informed through our website, newsletters, emails and through our social media channels.

- Check out our website <https://flvt.holyspirit.ab.ca/> for access to calendars, school fees, newsletters, bell times... you name it, it's there!
  - Follow us on Facebook and Instagram
  - Download the PowerSchool App or bookmark it on your device for information about your child's progress (Jr High) and attendance.
  - Subscribe to our monthly (sometimes twice a month) newsletter.
  - Ensure your email information and phone numbers are up-to-date in PowerSchool by letting the office know as there are often call outs and frequent email updates. Please email us a [flvtooffice@holyspirit.ab.ca](mailto:flvtooffice@holyspirit.ab.ca) with any changes to phone numbers, addresses, contacts...
  - If all else fails, call the school at 403-381-0953 and someone will help you find the information you are searching for.
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## SchoolCash Online

**School Fees are now due** - please login to SchoolCash Online

SchoolCash Online and School Fees The Holy Spirit School Division uses School Cash Online which provides you with the convenience of paying online for school items such as school fees, trips, co-curricular fees, etc. Go to <https://holyspirit.schoolcashionline.com/> to register online. Once you have registered your child, you will be able to see all fees owing for your student. All fees are posted on the website, under the "Our School" tab on our main page and attached to this newsletter. Having troubles finding your child's student number for SchoolCash Online - send an email with your child's full name (and grade level) to [flvtooffice@holyspirit.ab.ca](mailto:flvtooffice@holyspirit.ab.ca)

## **Canteen Tab**

Parents can purchase \$20 canteen tab for use in the canteen. As your child buys lunch items, the amount of the purchase is deducted from the tab.

Canteen tabs can be purchased ...

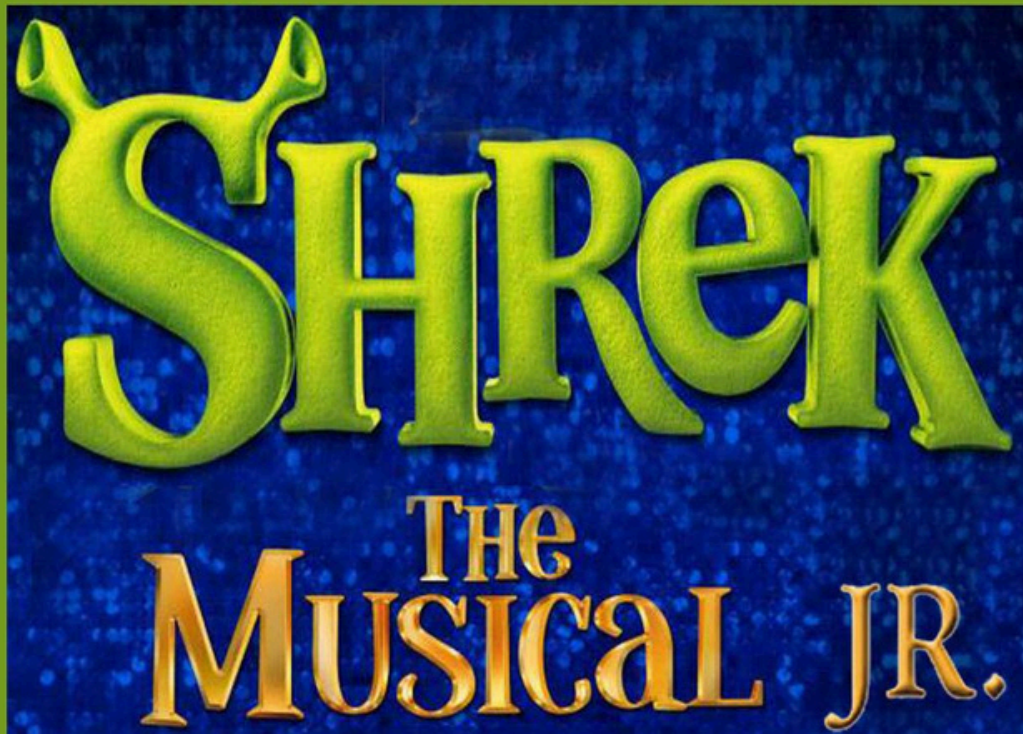
1. E-transfer to [kkchapman15@gmail.com](mailto:kkchapman15@gmail.com)
2. Cash/cheque or debit at canteen
3. SchoolCash-on-line (a .50 cent service charge will be added to this transaction)

Please always include your child's first & last name with all e-transfers.

Canteen Cards will be held in the canteen with deductions made each time your child 'purchases' food items.

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FLVT brings you...



... May 5 & 6, 2026

# FLVT School Council Meeting

“Many hands building a better world”

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## 2025-2026 Meeting Dates

**Next Meeting  
Date**



**Tuesday, November 4th , 2025 7:00 p.m.**

Tuesday, December 9th , 2025 7:00 p.m.

Tuesday, January 13th , 2026 7:00 p.m.

Tuesday, February 10th , 2026 7:00 p.m.

Tuesday, March 10th , 2026 7:00 p.m.

Tuesday, April 14th , 2026 7:00 p.m.

Tuesday, May 12th , 2026 7:00 p.m.

Tuesday, June 16th , 2026 7:00 p.m.



\*Dates subject to change. Please confirm with online FLVT Calendar

Contact your school council representatives at: [flvtschoolcouncil@gmail.com](mailto:flvtschoolcouncil@gmail.com)



# Knights of Columbus®

Deadline Extended

Dear Families,

The Knights of Columbus of St. Martha's Church is committed to ensuring that all children in our West Lethbridge Catholic Schools have a warm winter coat. As the weather has now turned cold and you are no doubt looking at winter coats for your own children please do consider coats for other children in need. To help make coats available for all children take a close look at the coats in your home - if they are still in really good shape but too small for your own children please launder and then consider dropping them off at the school in the K of C Collection box (you can drop them off even while the strike is ongoing). If you are buying new coats for your own children, and family economic circumstances allow, please consider buying an additional coat for a child whose family cannot afford one. Once children return to school the K of C in cooperation with the school will make arrangements to provide children in need with a warm winter coat.

If economic circumstances in your home are such that you would appreciate your child getting one of the donated coats please let the school know; age, gender & size, and once students return to school we will make the donation happen.

Sincerely,

Carmen Mombourquette, Campaign Chair





## Athletics are back on...

Please note for the most up to day information on schedules, game times, and dismissal time please see the [co-curricular calendar](#)

Basketball tryouts start the week of November 16th.



TAKE FLIGHT  
WITH THE  
HAWKS COMMUNITY!



# Parent Teacher Interviews are November 26 & 27 from 5-8pm

## Conference Manager Opens November 3

### Book online...



School + Faith + Academic Programs + Co-Curricular Programs + Parents & Students +

## Parents & Students

Registration



Transportation



School Council



Permission Forms & Notices



Parent Teacher Interview  
Link



Library Services



Technology & Digital  
Citizenship



Safe & Caring Schools



Health and Wellness

Privacy Provisions & FOIPP

Instruction

Student Handbook



Remembrance Day Service  
Thursday, November 6 @ 10:40am





## Junior High November Baking Booster Club...

...is offering 2 new events. Mrs. Roth is looking for 10-12 students to help bake/make items for our School Tournaments. For more information as well as permission forms please see Mrs. Roth in the foods lab. Please note this is on a first come first serve basis.

### 1. Cookies and Squares (1-After School Session)

**When: Thursday, November 6, 4:00 – 5:15 PM**

Learn the art of mixing, shaping, and baking cookies, as well as making simple squares.

### 2. Cake Pop and Cupcake Decorating (1-After School Session)

**When: Thursday, November 13, 4:00 AM–5:15 PM**

Learn the art of decorating cupcakes & cake pops.

We are also looking for **students and parents** to help run the **Bake Sale/Concession** tournament on November 14 and November 15. (tentative)

- **Friday, November 14, 1:00 pm - 7:00 pm**
- **Saturday, November 16, 10:00am - 5:00 pm**

**All Proceeds will go towards our FLVT production of SHREK**

# November No School Days

**Monday Nov. 10 - no school**

**Tuesday Nov. 11 - no school**



DREAMWORKS  
THEATRICALS

# SHREK

THE MUSICAL  
JR.



# Bomb Bar Fundraiser November 1-24th

Help support our school production while doing some Christmas shopping at the same time!

Bomb Bar products are reasonably priced, super cute and there is a large selection of products to choose from.

<https://tbb-flvt-shrek-jr-fundraiser.myshopify.com/password>

Password is: shrek



We encourage our FLVT community to check out the website, as there are a lot of cool stocking stuffers available for Christmas.

All orders will be available for pick up at the school, during the second or third week of December ( before Christmas).

Exact dates and times TBA.

# Welcome to Our Winter Fundraiser

Order Dates: Oct 30-Nov 17  
Tentative Pick up: Dec 3



New Item

Plushies (2) - \$35. Poinsettia - \$15. Indoor Planter - \$35. Wreath - \$35. Hanging Greenery - \$35. Outdoor Arrangement - \$50.

Thank you for supporting FLVT events and celebrations that our School Council provides for us...see link for all the great things School Council provides!



Taco in a Bag Day is  
Wednesday, Nov 19

All orders are to be paid for on  
School Cash online by  
Thursday, Nov 13



Friday, December 5, 2025 at 1 PM – 4 PM

## WhoVille Dental - Photos with the Grinch!

6 Aquitania Boulevard West #10, Lethbridge, AB, Canada



## 2025 Student Transportation Association Safety Week Poster Contest

**Theme:** My driver is my super hero

Submission Deadline: November 15, 2025

**Submit to:** STAA, 683 Wye Road, Sherwood Park, AB T8B 1N2. Alternate postal service advised at this time (ex. UPS)

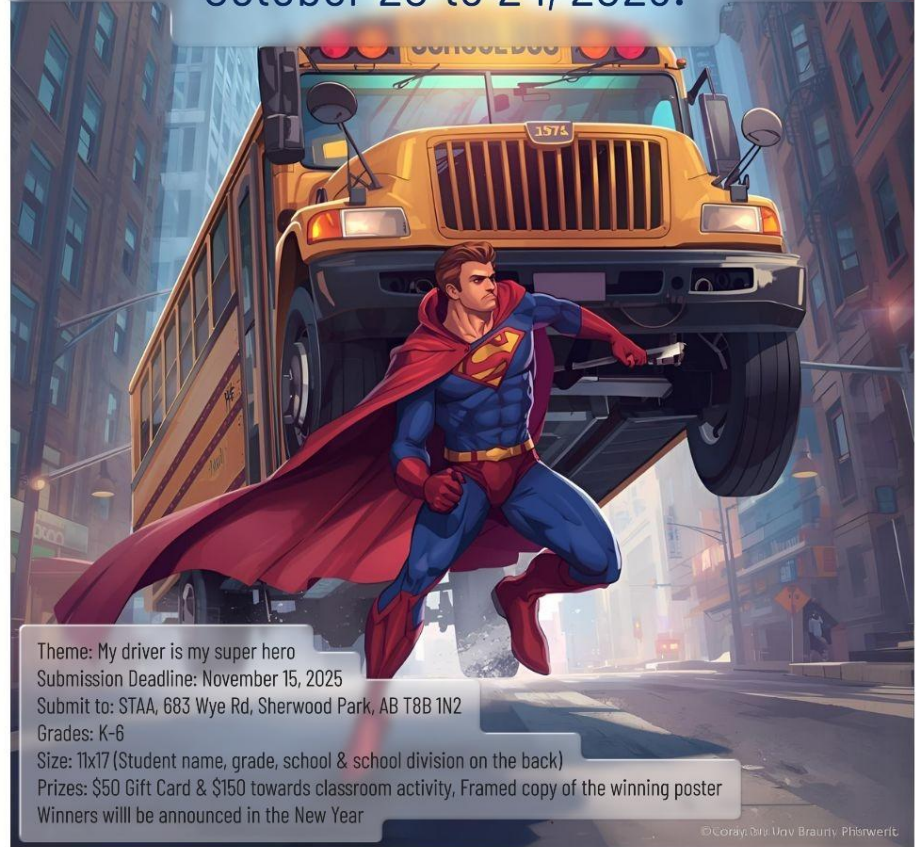
**Grades:** K to 6

**Size:** 11x17 (Student name, grade, school & school division on the back)

**Prizes:** \$50 gift card, \$150 towards classroom activity, framed poster of winning poster

**Winners will be announced in the New Year.**

## School Bus Safety Week Poster Contest October 20 to 24, 2025!



Theme: My driver is my super hero  
Submission Deadline: November 15, 2025  
Submit to: STAA, 683 Wye Rd, Sherwood Park, AB T8B 1N2  
Grades: K-6  
Size: 11x17 (Student name, grade, school & school division on the back)  
Prizes: \$50 Gift Card & \$150 towards classroom activity, Framed copy of the winning poster  
Winners will be announced in the New Year



## Upcoming West Side Panago Pizza Choir Fundraiser Evenings

November 26th  
December 17th  
January 21st  
February 25th  
March 25th  
April 22nd  
May 20th  
June 17th



**Mark Your  
Calendar**

Thank you for supporting the arts in our school.  
Money raised will be used for our choirs!





Want to go on the 2026 Choir Trip?

## JOIN JH CHOIR!!

Planning for March/April 2026

Cost applied Fundraising opportunities

BUILD COMMUNITY! CREATE MEMORIES! MAKE FRIENDS!



JOIN THE 2025-2026

# FLVT CHOIR PROGRAM



**NEW THIS YEAR!!  
3 CHOIRS!**

### LOWER ELEMENTARY CHOIR

(GRADES 1-3)

REHEARSALS ON FRIDAYS 11:30-12:30  
SEPTEMBER-DECEMBER

### UPPER ELEMENTARY CHOIR

(GRADES 4-6)

REHEARSALS ON FRIDAYS 11:30-12:30  
JANUARY-JUNE

### JUNIOR HIGH CHOIR

(GRADES 7-9)

REHEARSALS IN OPTION TIMESLOT  
DURING QUARTER 2 & 3

**FINAL CONCERT IN  
EARLY JUNE!**

**PERFORMANCES! TRIPS! LEADERSHIP! PARTIES! FUN!**

**SEE MRS. LARSEN IF YOU HAVE ANY QUESTIONS!**





# PARKING

Please DO NOT park in front of the accessible ramp leading to the school from the parking lot. Parking here prevents fair accessibility for our community members who require use of the ramp. It is also a safety hazard for students and families leaving the school.

We also ask that you please do not block residential driveways and intersections.

Thank you for helping us be great neighbours!

# STORY WEAVERS

## TWEEN WRITING CLUB

AGES 10 - 14

TUESDAYS IN THE CURIOSITY CORNER  
6:00 PM - 7:30 PM

**SEPTEMBER 16 -  
NOVEMBER 4**

\*NO PROGRAM ON SEPT. 30\*

\*REGISTRATION REQUIRED\*

Register online at [lethlib.ca/events](https://lethlib.ca/events)  
or scan the QR code below














# November

**HONEST  
ACCEPTING  
WISE  
KIND  
SPIRITUAL**



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
PURCHASE BATH BOMBS & MORE TO SUPPORT SHREK & SUPPORT SCHOOL COUNCIL CELEBRATIONS & EVENTS WHILE DECORATING YOUR HOME FOR CHRISTMAS						1 All Saints Day
2 All Soul's Day  Daylight Savings Fall Back 	3 Regular School Day  Cheesy Garlic Fingers \$5	4 JH Drama Club 4-5pm 7pm School Council Meeting School Council Meeting Mini Pepperoni Pizza \$5	5 Conference Manager Open to book Parent Teacher Interviews Shrek Parent Meeting 6pm Mac and Cheese \$3 & Pulled Pork \$3	6 Beautiful Blue Day Remembrance Day Service 10:40am JH CommuniTEA JH Baking Booster Club Chicken Burger \$5	7 Last Day of JH Q1 Choir Gr 1,2,3 11:30-12:30 Jr High Games Club 11:30-1:00	8 Wreath Fundraiser is on! 
9 Shrek Bomb Bar Fundraiser is on! 	10 Wellness Day NO SCHOOL 	11 Remembrance Day NO SCHOOL 	12 First Day JH Q2  Taco & Mexi Fries \$5	13 Groovy Gray Day JH CommuniTEA JH Baking Booster World Kindness Day Chicken Burger \$5	14 Vball 4J Girls Zones @FLVT Choir Gr 1,2,3 11:30-12:30 Jr High Games Club 11:30-1:00 Rock your Mocs Day 	15 Vball 4J Girls Zones @FLVT Bake Sale/Concession Friday 1-7pm Saturday 10am-5pm All Proceeds will go towards our FLVT production of SHREK
16 Basketball Tryouts Start this week. See our co curricular calendar for tryout times. 	17 Wreath Fundraiser Ends 	18 JH Drama Club 4-5pm 	19  JH Academic Awards Evening  Taco in a bag \$6.50 PRE ORDER	20 Plaid Day  JH CommuniTEA Chicken Burger \$5	21 Choir Gr 1,2,3 11:30-12:30 Jr High Games Club 11:30-1:00 Gr 6 Year End Vball Jamboree 	22
23 	24 Shrek Bomb Bar Fundraiser ends today Cheesy Garlic Fingers \$5	25 Conference Manager Closes JH Drama Club 4-5pm Mini Pepperoni Pizza \$5	26 Advent Liturgy 12:30pm Panago Pizza Fundraiser Night! Parent Teacher Interviews 5-8 3-6pm Holy Spirit Board Meeting Loaded Nachos \$5	27 Wintery White Day  JH CommuniTEA Parent Teacher Interviews 5-8 Chicken Burger \$5	28 Choir Gr 1,2,3 11:30-12:30 Jr High Games Club 11:30-1:00	29
30	The most up to date events calendars can be found on our website <a href="https://flvt.holyspirit.ab.ca/">https://flvt.holyspirit.ab.ca/</a> The most up to date co curricular calendar can be found on our website <a href="#">Co-curricular Calendar</a>					

# Father Leonard Van Tighem 2025-2026 SCHOOL YEAR CALENDAR

Aug 25 First day for staff  
 Aug. 26 New Teacher Orientation  
 Aug 27/28- First Aid/SIVA for those interested  
 Aug 29 Opening Mass - Division

AUGUST '25						
S	M	T	W	Th	F	S
					1	2
3	4	5	6	7	8	9
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31						

SEPTEMBER '25						
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21	22	23	24	25	26	27
28	29	30				

Sept 1 Labour Day  
 Sept 2 First day for students  
 Sept 24 Div. Board Meeting  
 Sept 29 PD Day  
 Sept 30 National Day for Truth and Reconciliation

Oct 13 Thanksgiving Day  
 Oct. 14 -Spiritual Development Day  
 Oct. 15 - Divisional Collaboration Day  
 Oct 22 - Div. Board Meeting

OCTOBER '25						
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NOVEMBER '25						
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30						

Nov 10 Wellness Day  
 Nov 11 Remembrance Day  
 Nov 26 Parent Teacher Interviews  
 Nov 27 Parent Teacher Interviews  
 Nov 26 Div. Board Meeting

Dec 17 Div. Board Meeting  
 Dec 19 Last day before break  
 Dec 20 Christmas break  
 Dec 25 Christmas Day  
 Dec 26 Boxing Day

DECEMBER '25						
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JANUARY '26						
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18	19	20	21	22	23	24
25	26	27	28	29	30	31

Jan 1 New Year's Day  
 Jan 5 First day after break  
 Jan 26 Leth School PD Day  
 Jan 28 Div. Board Meeting

Feb 16 Family Day  
 Feb 17 + 18 - Non-operational  
 Feb 19 & 20 SWATCA  
 Feb 25 Div. Board Meeting

FEBRUARY '26						
S	M	T	W	Th	F	S
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15	16	17	18	19	20	21
22	23	24	25	26	27	28

MARCH '26						
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15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

Mar 13 Div. Collab Day  
 Mar Div. Board Meeting  
 Mar 25 Parent teacher Interviews  
 Mar 26 Parent teacher Interviews

Apr 2 Last day before Easter break  
 Apr 3 Good Friday  
 Apr 6 Easter Monday  
 Apr Easter break  
 Apr 13 First day after break  
 Apr 29 Div. Board Meeting

APRIL '26						
S	M	T	W	Th	F	S
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MAY '26						
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31						

May 18 Victoria Day  
 May 19 Lethbridge Schools PD Day  
 May 27 Div. Board Meeting

Jun 24 Div. Board Meeting  
 June 25 Last day students  
 June 26 Last day for teachers

JUNE '26						
S	M	T	W	Th	F	S
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28	29	30				

JULY '26						
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12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

No students  
 Stat Holidays or Other Holidays  
 School PD/Div. PD/Spiritual  
 Dev./Collab. Days  
 Div. Board Meetings  
 First and last days for students  
 First and last days for teachers