REMEMBRANCE DAY EDITION

NOVEMBER 5, 2026

HAWKS HUSTLE

STUDENTS ON THE BEAT

Remembrance Day

For Those Who We Lost

Jerald, Bentley, Bryson

There are many holidays throughout the school year: Christmas, Halloween, Easter, and Orange Shirt Day, but one of these holidays is Remembrance Day. Some might not understand the importance of the day or its significance.

Remembrance Day falls on November 11th in any year. It was officially recognized on November 11th, 1931 after its predecessor called **Armistice Day**, a day taken off to remember the end of the WWI which killed 66,000 Canadian soldiers.

Today, Remembrance Day is a time to commemorate all people who gave up their lives to fight for Canada and pray for the families affected by the war, whether that was bombings or relatives who didn't return from service. We show respect through 2 minutes of silence, which is always at **11:00 am.**

A moment of silence is a big part of Remembrance Day but we also have symbols like the red poppy. The red poppy is worn to remember soldiers who served and died in war. Many might ask, "Why a poppy?" Poppies grew on battlefields during and after WWI and WWII. The color red represents sacrifice and loss to the war. The poppy is also a large symbol of peace, wearing a poppy can remind us to value peace and hope for a future without war. The poppy has a large Canadian connection and is a very important symbol of Remembrance Day in Canada.

The motto "Lest we forget" explains how the poppy helps to remember those who served and lost their lives for a future without war, ensuring that their sacrifices are never forgotten.

The famous poem "In Flanders Fields" is a memorial poem often associated with Remembrance Day. Written by a Canadian army doctor, John McRae, the poem reflects on the fields of poppies growing on the graves of fallen soldiers.

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In Flanders Fields

In Flanders fields the poppies blow
Between the crosses, row on row,
That mark our place; and in the sky
The larks, still bravely singing, fly
Scarce heard amid the guns below.

We are the Dead. Short days ago
We lived, felt dawn, saw sunset glow,
Loved and were loved, and now we lie
In Flanders fields.

Take up our quarrel with the foe:
To you from failing hands we throw
The torch; be yours to hold it high.
If ye break faith with us who die
We shall not sleep, though poppies grow
In Flanders fields.

INDIGENOUS ASPECTS OF REMEMBRANCE DAY

by Faith and Ayla

Francis Pegahmagabow

Francis Pegahmagabow was an Ojibwe soldier, father, leader, and political activist. Born on March 9, 1889, to the Anishinaabemowin name Binaaswi ("the wind that blows off"), he is the most highly decorated Indigenous soldier in Canadian military history, and is considered one of the deadliest snipers in history.

Like his fellow Indigenous veterans, upon his return to Canada, he was faced with the same persecution and poverty experienced before the war. Frustrated by the systematic neglect and mistreatment of Indigenous peoples and veterans, he became involved in local and federal politics and more than just a soldier. From 1921- 1925 and 1942-1945, he was chief of Parry Island Band, now known as Wasauksing First Nation, and a band councillor from 1933 to 1936.

At the same time, he would send letters to policy makers and the prime minister, demanding better treatment of Indigenous peoples. His ultimate goal was to have the authority of the band overrule the power of the representatives chosen by the Canadian government for first nations reserves, also known as the Indian Agents, though this goal was left unfulfilled. For these actions, Francis was an early activist in the national Indigenous rights movement.

Francis also played a part in a national delegation in 1943, served two terms as supreme chief of the National Indian Government-an early Indigenous political organization, and a member and co-founder of the Brotherhood and Canadian Indians.

In August 1952, at the age of 63, Francis Pegahmagabow passed away from a heart attack. He is remembered for his military service in the Great War and the role he played in the Indigenous right movement. Francis was a protector. He helped to save the lives of many Canadian soldiers as well as advocate for the rights and traditions of his people. Survived by his children and grandchildren, his legacy lives on.



For the land in which I bled,
For blood which stained soil red,
Still you treat me like a mutt,
And leave me here to rot.
A stain on the garments that you wear
The guilt you do not want to bear.

You can take away my land,
You can take away my hand,
You can take the other side,
But you will never take away my pride.

I will not stop.
Nor will I tire,
Till you give me that which I desire.

The wrath and fire from your fancy blade,
"Lest we forget" those who were betrayed.

-Faith & Ayla



ROCK YOUR MOCS DAY NOV. 15

by Grace & Valeria

Rock Your Mocs is a day where people wear their moccasins to celebrate Indigenous history and the Blackfoot blood in them. Many Blackfoot communities celebrate by dancing, wearing their moccasins, taking pictures while wearing their mocs, and by giving students in schools a lesson about their history, cultures, and background.

Teaching students about this could be really helpful so that they may not make fun of others, and it encourages Indigenous kids and children to feel proud and stand tall about their identity and accept who they are. It also keeps the tradition ongoing from generation to generation.

Rock Your Mocs is celebrated on November 15, which lands on a Sunday, but schools make sure to celebrate it on a day near school weeks.



These moccasins are made of soft-leather from a piece of hide, they wrap it around the foot and it's stitched at the top with a puckered seam or a separate panel called a vamp. They can be made of moosehide, deerskin, or buckskin. Pretty much any animal hides. To sew it they use animal sinew or plant-based fibres. They decorate the shoe/slipper (depending how they make and sew it), with beads and porcupine quillwork, embroidery, or silk ribbons.

In 2011, a 19 yr old girl named Jessica, from Laguna Pueblo, New Mexico went on Facebook urging people to wear their mocs on November 15th. This attracted a lot more people than she was thinking.



To this day we celebrate it on November 15,2026. I feel like we should accept people for who they are.

For Those Who We Lost

(continued from page 1)

Another significant theme about Remembrance Day is sacrifice. As we remember soldiers who gave up their safety, time with their family and many with their lives for our country. This reminds us to be grateful for the freedoms and peace we have today. Wearing a red poppy is one small way we can show our respect and remember those who served.

So as this holiday is coming up, remember that it isn't a free day for no reason, it's a way to show respect to fallen soldiers. So take time out of your day to reflect, maybe even participate in the 2 minute silence and wear a poppy as well.

CURRENT EVENTS

Alberta October 19 Referendum

by Treina, Mateo, Valeria, Nathan, Jarah



The Alberta separation referendum will have taken its next steps as the 10 question ballot will contain a question on Albertan separation. This was a pivotal vote for the movement.

The question on the ballot was "Should Alberta remain a province of Canada, or should the Government of Alberta commence the legal process required under the Canadian Constitution to hold a binding referendum on whether or not Alberta should separate."

This is a loaded question but in essence it is asking should Alberta stay or is it worth the time and money to hold an actual vote on whether or not we should separate. Under the Alberta Citizen initiative law Albertans are able to request the Government for a referendum.

As it was pre-referendum only 18% to 20% of Albertans actually wanted to separate while roughly 70% wanted to stay. While this is a crushing statistic for the separatist there is still much discontent with the Federal Government, 86% of Albertans feel that the Government is treating Alberta unfairly.

On October 19 the referendum vote was held. Over 3.5 million people voted at the polls. Across 10 questions and a record-breaking 1.3 million advanced and special ballots came in. A staggering number of voters and most of the results came in and in terms of the separation the results show a divided 70% against 25% for separation.

As it stands Alberta will not be separating from Canada but an overwhelming 84% are upset and feel mistreated by the federal government. How the government will react to the changing economy and the new changes brought about time will only tell.

FINE ARTS



by Alex

Art is a fun, creative experience, with many forms at FLVT, such as painting and stage design. We went to talk with Ms. Pelletier, the main art options teacher.

She got into art when she was small. She wanted to be creative, and to use that art is an awesome way to express yourself as you are.

What's challenging about teaching art for Ms. Pelletier is motivating kids who think that they're not good at art. That gets in their minds, and then makes them not good. I have such experience. Fortunately, many students come into the quarter already with an appreciation for art. The hope is that the ones who didn't, leave with it.

Ms. Pelletier's favourite art option to teach is painting. She loves teaching that part of art. Her favourite form of art is abstract painting, as it can be anything you want it to be, and there's no "wrong" way to paint abstract.

In conclusion, Ms. Pelletier is a busy teacher, and she's WAY more than the Grade 7 science teacher. Art is a very busy experience here at FLVT and tons more schools.

FINE ARTS

SPONGEBOB REHEARSALS AT FLVT

By Alex



SpongeBob rehearsals started on October 29th, and boy, there's a lot of info rushing in.

Firstly, the first ever rehearsal was on October 29th, and was a walkthrough of the script. The parents were also invited for a brief meeting regarding info and times for rehearsals and show times. The read-through was from 4:00-6:00, while the parent meeting was from 6:00-6:30.

Secondly, it is the SECOND time in a row that a Grade 8 student is cast as a main character. Last year, it was Donkey in the Shrek play, and this year, it's the titular, happy-go-lucky yellow sponge. Are they THAT good? Apparently so.

Finally, the showtimes for the musical are in April. Rehearsals start in October-December. However, there are no rehearsals YET to be scheduled in November. Why? I don't know. If you have the same questions as I do (maybe more), ask your directors-Ms. Beaulac, Mrs. Larsen, or Mrs. Hammel.

In conclusion, the musical is sure to be a fun, chaotic experience, full of imagination.

GUITAR OPTION

by Maketa, Grace, Chloe and Tory

Why is guitar important? Guitar is important because you can learn to play the instrument, get a new hobby and if you do it at a concert you could get some money.



You get into the guitar option by signing up for it and there is a chance that you may get it or not. Now if you are new to guitar they teach you from the very start what the strings are called, how to properly hold the instrument, and some wonderful songs! But if you are not new to guitar you can learn some new skills and songs and help some people out in the guitar class.The teacher who teaches this option is Mrs. Larsen, the music teacher.

Guitar is also important because you learn to play music, hang out with your friends and help people who don't understand it. Guitar is a great instrument and it is fun to play. From my point of view and my friends that are in the option they say it is really fun. I don't have the opportunity to be in the option but what I hear about it, it is a good opportunity. I have a friend who said it was a good option and said had fun so she's doing the option again. I know she will have a great time.

SPORTS

NBA PRESEASON

by Zach



With the NBA being back, it always starts with the Preseason. There are some new and familiar faces on other teams. With it starting, I am writing this article 5 days after the first 17 games have been played. I'm going to list some games that have been played.

- The first game of the preseason was Heat vs Raptors. The Raptors took the loss only 24 points behind the Heat (129-105). The Heat's newest player Giannis Antetokounmpo has scored only 14 points for having 19 minutes of playing time. Representing the Heat Tim Hardway JR scored 14 points and Raptors RJ Barrett scored 15 points.

- The Timberwolves vs Bucks was a great game. The newest player on the Wolves LaMelo Ball, in only the 1st quarter and 2 seconds into the game, he hit a logo shot to start his career and made it in, Unfortunately the basket did not count. Skip forward to the end of the game with the Timberwolves taking the win against the Bucks of 116-97 final score

- We got the Minnesota Timberwolves again versus the 2025 NBA finalist Indiana Pacers. With Tyrese Haliburton back after 16 months recovering from a torn achilles, It will be tricky for the Timberwolves. Tyrese scored 7 points coming back. Leading scorer for the Pacers being Aaron Smith scoring 19 points, and for the Timberwolves Anthony Edwards also scoring 19 points. The Indiana Pacers has taken the win 123-112 final score

- The next game we got is the 2026 NBA Champions NY Knicks against the newly rebuilt 76ers. Even though Lebron James wasn't playing for the sixers. The new player Jaylen Brown had 22 Points becoming the leading scorer for the 76ers and the game. For the Knicks leading scorer being OG Anunoby and Jalen Brunson both scoring 12 points. The 76ers took the win 120-97 final score.

BASKETBALL AT FLVT

COMING SOON



SPORTS

LIONEL MESSI RETIRES FROM ARGENTINA

by **Eko**

Lionel Messi, widely regarded as one of the greatest players in history, has really retired. On October 6th, Messi played his final game for Argentina against Benin, scoring 1 goal and getting 2 assists. He is still active at club level. Some don't want to believe it, but it's true, after 128 goals, 67 assists, a World Cup, 8 Ballon d'Or, 2 golden balls only for Argentina, Lionel Messi is deserving of the title of one of the greatest players.





Lionel Messi made his debut with Argentina in 2005, at only 18 years old, and scored his first goal in 2006 against Croatia. He became the youngest player to represent and score for Argentina in the 2006 World Cup. In 2009, Messi was given the number 10 shirt. At 24, Messi was named the captain, but over the next several years,could not lead them to a trophy. He retired, but was convinced to join again. In 2021 Argentina beat Brazil for the Copa-America, and in 2022, Argentina won the World Cup against France. In 2026, Argentina lost the World Cup against Spain, though Messi had a historic run, and on October 6th, Messi played his final game against Benin.

Achievements

Fifa World Cup (2022)
Copa America (2021, 2024)
Finalissima (2022)
World Cup Golden Ball (2014, 2022)
World Cup Silver Ball (2026)
World Cup Silver Boot (2022, 2026)
Copa America Golden Ball (2015, 2021)
Copa America Golden Boot (2021)
Argentine Footballer of the Year (16 times)
Argentine Spokesperson Of The Year (2011, 2021, 2022, 2023)
Most goals for Argentina (142)
Most Apps for Argentina (231)



THIS AND THAT

FAVOURITE RECIPE

by Tory

Rice Krispies® Original Squares

Microwave Version

Ingredients

50 ml or 1/4 cup margarine or butter
1.25 L or 5 cups miniature or 40 regular (250 g pkg) marshmallows
2 ml or 1/2 tsp vanilla extract
1.5 L or 6 cups Rice Krispies cereal

Directions

1. Lightly grease a 9x13" pan. Line with parchment paper for easy removal. Set aside.
2. Add the marshmallows and butter to a large microwave safe bowl. Microwave on HIGH for 2-3 minutes or until melted, stir until smooth.
3. Stir in the vanilla extract and add the Rice Krispies® cereal. Stir until well coated and empty the bowl into the prepared pan. Press into the pan using a lightly buttered spatula. Allow them to cool for 5-10 minutes before cutting into bars.



Note: Microwaving in intervals prevents the marshmallow from quickly overcooking and becoming rock hard.

Created by Jace, Riley, Mateo,



THIS IS THE FINAL ISSUE OF THE HAWKS HUSTLE.. AT LEAST FOR NOW. WE HOPE YOU'VE ENJOYED READING IT AS MUCH AS WE'VE ENJOYED CREATING IT.

