



FATHER LEONARD VAN TIGHEM SCHOOL

25 Stoney Cres. W, Lethbridge, AB T1K 6V5

<https://flvt.holyspirit.ab.ca/>

Principal: Shannon Collier

Associate Principals: Justin Molas & Cason Machacek

Phone: 403-381-0953 Email: flvtooffice@holyspirit.ab.ca

Administrative Message:

MAY 2026

As we move through the beautiful month of May, we remain anchored in the light of Eastertide, celebrating the glorious Resurrection and the continued joy of the Easter season. This time of renewal in our liturgical calendar reminds us of our interior call to live **spiritually**, recognizing God's presence in our vibrant school community as the blossoms begin to bloom both inside and outside our school walls. In the coming weeks of May, we will express this faith together by actively praying the rosary throughout the month; it is a profound way to witness our students' **wisdom** as they lead in prayer and reflection, honoring Mary and the intercession she provides to our Father for our HAWKS family.

The energy within our halls is truly electric as we enter this time of year and approach the home stretch of the 2025-2026 school year. Our Fine Arts team, having worked fearlessly since September with incredible **acceptance** of one another's talents, and is ready to bring the magic of Disney's *Shrek* to life with our Junior High Fine Arts production. Their dedication is a testament to the love, **kindness**, and collaboration required to build something spectacular from the ground up in our aspiring students. Simultaneously, our Grade 6 students are preparing their final stages of planning their Gr. 6 experience, a pivotal journey that fosters independence, connection to the land, and a community spirit. Whether it is through the bravery shown on stage or the **honesty** and grit required as our athletes head into the sunny days of track and field season, our students are soaring.

We look forward to a month filled with growth, sunshine, and the continued implementation of our *HAWKS virtues* through a sense of gratitude, recognition, and appreciation for learning and spiritual formation. It is a profound privilege to lead and learn alongside your children, whose diverse gifts, talents, and unique personalities act as a constant source of inspiration to us all. We have a great privilege to witness the Holy Spirit moving through our students daily, embodying the truth that "you are the light of the world... let your light shine before others, that they may see your good deeds and glorify your Father in heaven" (Matthew 5:14-16). As we strive to fulfill our division faith plan to *Open Wide the Doors*, we remain committed to nurturing the divine light within every student, ensuring they are sent forth to share Christ's love through a life of knowing, loving, and serving God.

May the Lord bless and keep you,

Mr. Machacek

Based on the DreamWorks Animation Motion Picture and the Book by William Steig
Book and Lyrics by David Lindsay-Abaire
Music by Jeanine Tesori
Originally produced on Broadway by DreamWorks Theatricals and Neal Street Productions
Original Production Directed by Jason Moore and Rob Ashford
"I'm A Believer" by Neil Diamond



SHREK *Jr.* THE MUSICAL

Creative Director - Alexie Beaulac

Musical Director - Dana Larsen

Managing Director & Choreography - Michele Hammel

Set & Costume Design -

Jessica Johnson & Dina Henderson

Yates Theatre

6:30 pm showtime

May 5th & 6th, 2026

Tickets: \$12.75 general; \$2.50 children 5 and under

*Fees apply - available through the [VisitLethbridge.com](https://www.VisitLethbridge.com) Ticket Centre
Scan the QR code to purchase!

Limited matinee tickets may be available - contact the school for details



FATHER LEONARD VAN TICHEM PRODUCTION

Shrek the Musical JR. is presented through special
arrangement with and all authorized materials are supplied by Music Theatre International,
421 West 54th Street, New York, NY 10019

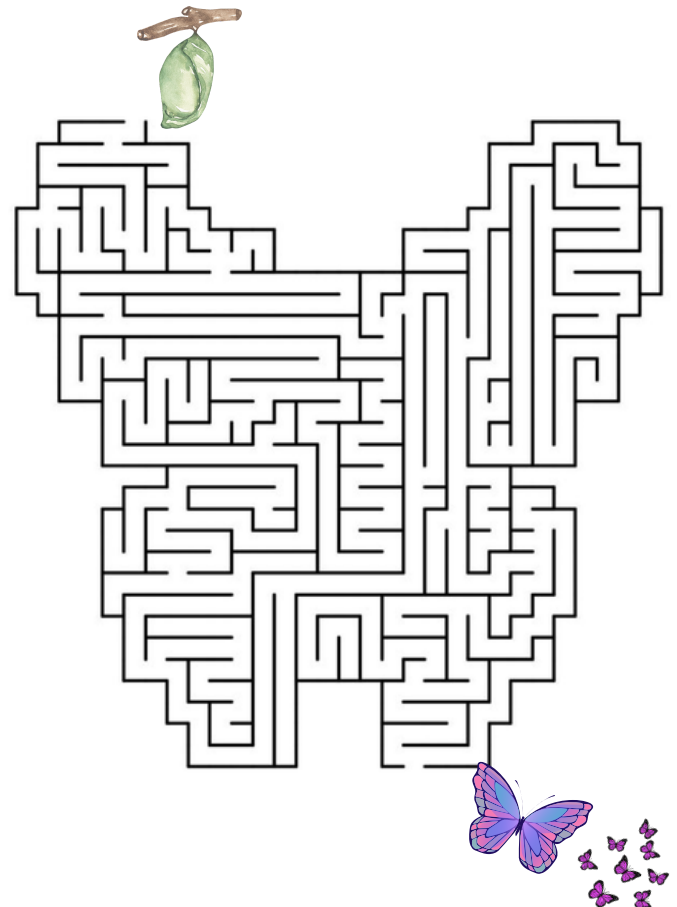
PRAYER



MAY ACTIVITY PUZZLES

H F H D C T M X I V S Z D R B T Y G J I A W B I F
R O W J A V B S Y F I K O I D B U A E E F U A I M
D A N N I F J F R R F O C G P M H L E R U K C L Z
U N Z E G X F R S R O R L L B Z W A I M A R N J K
Y R A S Y M F O E H T C K E R W F Q J P L N S Q C
W R V S G S Y Q D J B H D L T U F S P D B Z I I Y
Z R F R T H U T T I W I M A Z V U K W M Z E I U D
K Z X X D E G C H Q L D S Z I M G I Y I T Z I D M
S U S B X M R K K N O J U N U S H P D K Z H V K N
Y Q F F F L H T H L G L Q M L B Y K N K Q T C Y M
L P U P B W R F J Z E P A X I P N L V Z L I Q A A
G G A Z T L Q L B W C C P V G S H I O S W Y O I C
Y U X N R C H E J F D C A J E Q F L F S Q V G S B
O K W F S K N S W C C K Q J V N N Y J K Q M F W V
C Q M C Z Y N D Q T I B N F E S D W N W A S R P H
L M E E V X S Z O Z S K M J E A Q E T I E Y Q H F
Q O K Q R C E B V Y M Q X W R O S E R X N F T H W
G E L I X R B C I S Z Z W N C O P Z J D U J O X S
I X D J F O T X J W M A R I G O L D J X Z P B U F
P H F S L C B U Y B Q Y M T P H S Q X J A T J R Y
N L Z N M U B M S L E Z L S B L J Z Q I X P B P H
J C E P Z S C F V A R W Z P S V I T R J R R C X B
X R V J C H R Y S A N T H E M U M L A R Z F M B S
B J Q H S X Q T J Q F Y S T R D N B A P F W O K K
X T G A A J G M G S U N F L O W E R B C K E J B V

CHRYSANTHEMUM	LAVENDER	ASTER
HONEYSUCKLE	TULIP	VIOLET
SUNFLOWER	MARIGOLD	DAISY
LILAC	CROCUS	ROSE
DAFFODIL	ORCHID	PANSY
GERANIUM	LILY	



NEED TO FIND INFORMATION FOR THE YEAR?

Please click on the following links for more information.

FLVT website: <https://flvt.holyspirit.ab.ca/>

Bell Times: https://flvt.holyspirit.ab.ca/bell_times

Calendar (school based events): <https://flvt.holyspirit.ab.ca/calendar>

Co-curricular Athletics Calendar: [Athletic Calendar](#)

Co-curricular Performing Arts: https://flvt.holyspirit.ab.ca/performing_arts

Bussing Information: <https://flvt.holyspirit.ab.ca/transportation>

Fee Payments: <https://holyspirit.schoolcashonline.com/>

School Supplies: https://flvt.holyspirit.ab.ca/supply_lists

School Council Meeting Dates & Minutes:
https://flvt.holyspirit.ab.ca/school_council

Divisional Website: <https://www.holyspirit.ab.ca/>

Facebook: <https://www.facebook.com/flvthawks/>

Instagram: <https://www.instagram.com/flvthawks/>

Student Handbook: https://flvt.holyspirit.ab.ca/student_handbook



STAY CONNECTED AND SCHOOL FEES ARE NOW DUE

SchoolCash Online

School Fees are now due – please login to SchoolCash Online

SchoolCash Online and School Fees The Holy Spirit School Division uses School Cash Online which provides you with the convenience of paying online for school items such as school fees, trips, co-curricular fees, etc. Go to <https://holyspirit.schoolcashonline.com/> to register online. Once you have registered your child, you will be able to see all fees owing for your student. All fees are posted on the website, under the “Our School” tab on our main page and attached to this newsletter. Having troubles finding your child’s student number for SchoolCash Online – send an email with your child’s full name (and grade level) to flvtoffice@holyspirit.ab.ca



WAYS TO CONNECT WITH US... stayed informed through our website, newsletters, emails and through our social media channels.

- Check out our website <https://flvt.holyspirit.ab.ca/> for access to calendars, school fees, newsletters, bell times... you name it, it's there!
- Follow us on Facebook and Instagram
- Subscribe to our monthly newsletter and weekly updates
- Ensure your email information and phone numbers are up-to-date in PowerSchool by letting the office know as there are often call outs and frequent email updates. Please email us a flvtoffice@holyspirit.ab.ca with any changes to phone numbers, addresses, contacts...
- **When in doubt please email us first** and if all else fails, call the school at 403-381-0953 and someone will help you find the information you are searching for.

PLEASE WELCOME

Please Welcome Emma Westbrook



My name is Emma Westbrook, I am currently getting my diploma in Child and Youth care at the Lethbridge Polytechnic and I will hopefully continue on to get my masters in Child and Youth care at the University of Victoria.

I am a huge animal lover, I currently have a three year old English Mastiff named Ollie. Finally I am a huge fan of any outdoor activity! I will happily sign up to go camping, hiking, or even just a nice walk!

Please Welcome Alex Pasquotti

Alex Pasquotti has joined our FLVT staff as Administration Support. Alex will be covering for Mrs. Weighill while she is away.



ELEMENTARY MARATHON CLUB DATES



Thursday, May 28th
(Wear your Little Souls shirt)

	Monday	Wednesday	Friday
April 13-17	8:10am First Day	8:10am	8:10am
April 20-24	8:10am	8:10am	8:10am <u>Dress like a Minion</u>
April 27-May 1	8:10am	8:10am	8:10am
May 4-8	8:10am <u>Star Wars Day</u>	8:10am <u>Donut Dash</u>	8:10am
May 11-15	8:10am	8:10am	8:10am
May 18-22	NO SCHOOL	8:10am	8:10am
May 25-27	8:10am Last Day	Little Souls Race Meet at 6:10pm at Chinook High School (Wear your FLVT shirt)	COLOR RUN <u>11:25am</u> (wear white clothing, glasses/goggles & bring a towel for the drive home)

ANY PARENT VOLUNTEERS FOR THE COLOR
RUN, PLEASE CONTACT JUDY KOSHUTA
(KOSHUTAJ@HOLYSPIRIT.AB.CA)

NEW DATE!!!

- Students to arrive no earlier than 8:00am (no supervision till 8am) but need to be ready to run for 8:10 (warm ups at 8:05). Please be sure to have running shoes and water bottle!
- Register for the the Little Souls Race & the final leg of the Marathon. Race is Wed, May 27 at 6:30pm at Chinook High School (259 Britannia Blvd W). Students to meet at 6:10pm.
- PLEASE NOTE: FAMILIES ARE RESPONSIBLE TO REGISTER FOR THE RACE ONLINE AT AS WELL AS PICK UP RACE PACKAGES
- 2026 REGISTRATION IS OPEN! [HTTPS://RACEROSTER.COM/EVENTS/2026/115863/LITTLE-SOULS-](https://raceroster.com/events/2026/115863/little-souls-)

FLVT Track Meets

Grade 6-9 – Friday, May 8th (FLVT & SF)

Grade 9 – Monday, May 25

Grade 6-8 – Tuesday, May 26

Grade 7-9 (SZJHAA Zones) – Tuesday, June 2

At the U of L Community Stadium

4415 University Dr



Family Dance
May 14th
6-8pm

All families from FLVT, St. Martha's, and St. Pat's
Fine Arts are invited!

If parents are interested in a school tour prior to
the dance, please contact our office!

Students are required to have a parent with them
at the dance in order to attend!

To enter, please bring a donation for the door!
(the recommended donation is \$5-\$10 per family)





Grade 6-7 Morning Orientation

Thursday, May 14th, 2026



We are welcoming students from Children of Saint Martha's and Saint Patrick Fine Arts to join our FLVT grade 6 students for a morning orientation!

The orientation will run from 9:15-11am in the Gymnasium!





Grade 9 Farewell Date

Please Note:
Grade 9 Farewell has
been scheduled for
Wednesday, June 24th

Henderson Pool Gr. 1-6 Elementary Year End Swimming Field Trip



Date: Wednesday, June 24th, 2026

Departure: Busses will transport students at 9:30 a.m. from the school to Henderson pool

Pool Time: 10:00 a.m. – 12:00 p.m.

Return: Busses will transport students back to FLVT at 12:15 p.m.

Cost: \$8.00 per student (pay using school cash online or contact our main office)



The Permission form for this field trip needs to be completed prior to your child attending. If you have yet to receive the form, please contact your child's homeroom teacher.



Parents/Guardians that would like to meet us at the pool and volunteer please contact your child's home room teacher. There is no cost for those parents/guardians that would like to come and help with this field trip!



2026 PAT Schedule

Grade 6

- May 22, 2026: Grade 6 English Language Arts Part A
- June 10, 2026: Grade 6 English Language Arts Part B
- June 11, 2026: Grade 6 Social Studies
- June 12, 2026: Grade 6 Science
- June 15, 2026: Grade 6 Math Part A
- June 18, 2026: Grade 6 Math Part B

Grade 9

- May 21, 2026: Grade 9 English Language Arts Part A
- June 9, 2026: Grade 9 English Language Arts Part B
- June 16, 2026: Grade 9 Math Part A
- June 19, 2026: Grade 9 Math Part B
- June 22, 2026: Grade 9 Social Studies
- June 23, 2026: Grade 9 Science



Holy Spirit Catholic School Division

...where students are cherished and achieve their potential

Dear Parents/Guardians,

We at the Holy Spirit Catholic School Division are happy to share with you some of the important dates to note for the upcoming 2026/2027 school year, including start/end dates, Christmas Break and Easter Break.

- First day of school - **September 1, 2026**
- Last day of classes before Christmas Break - **December 18, 2026**
- First day back from Christmas Break - **January 4, 2027**
- Last day of classes before Easter Break - **March 25, 2027**
- First day back from Easter Break - **April 5, 2027**
- Last day of school for Elementary & Junior High students - **June 25, 2027**
- Last Diploma for High School students - **June 28, 2027**

A finalized calendar for the 2026/2027 school year will be made available to all Holy Spirit Catholic School Division families and staff following the May 2026 Board of Trustees Meeting.

Sincerely,

Chantel Axani, Superintendent of Schools

STAY SAFE AROUND THE SCHOOL BUS

WAIT FOR THE BUS TO LEAVE – THEN CROSS SAFELY.

**DON'T CROSS
IN FRONT OF
THE BUS.**



The driver may not
see you.
It's not safe.



**OTHER DRIVERS
CAN'T SEE YOU
IF THE BUS
IS STILL THERE!**



 **DO WAIT**

**FOR THE BUS
TO LEAVE.**

When the bus leaves
and you can see
the road in both
directions, then
cross safely.



MAKE SURE THE ROAD IS CLEAR.



**LOOK
LEFT**



**LOOK
RIGHT**



**THEN
CROSS**



BE PATIENT. BE ALERT. BE SAFE.
WE ALL GET HOME SAFELY. ❤️



**LOOK OUT
FOR EACH
OTHER**



**RESPECT
THE DRIVER**



**BUCKLE UP
EVERY TIME**



**SAFE CHOICES
EVERY DAY**



STORY WEAVERS TWEEN WRITING CLUB

**Tuesdays April 14 - May 26 | 4:30 - 6 p.m.
Main Branch**

Join our writing club to hone your skills and create a short story, which will be published in a zine at the end of the program! For grades 5 - 8.

Registration is open at lethlib.ca/events and is for the entire 7-week run.



RITA'S RUN 2026

5KM & 10KM

Saturday May 9, 2026 @ 9:00AM

Elks Compound
Lethbridge, AB

RUN FOR THE CAUSE
SUPPORTING MENTAL HEALTH

Registration Opens February 24!
www.ritasrun.weebly.com



ATTACK ELITE LEAGUE

U13-14 & U15-17

May 31 - June 28, 2026



 attackvlllybll@gmail.com
 <https://bit.ly/ATTACKStore>
 www.attackvolleyball.ca
 [@attackvlllybll](https://www.instagram.com/attackvlllybll)

André De Lacerda & Ard Biesheuvel

 403-382-0441

 403-393-2732

CAMPS • CLINICS • LEAGUES • PRIVATE LESSONS • BOOK YOUR SESSION TODAY!

30 MINUTES OF SKILLS AND 90 MINUTES OF GAMEPLAY EVERY SESSION!
REGISTER AT ATTACKVOLLEYBALL.CA

PLAY FREE AS A ROLLER HOCKEY GOALIE!



**SIGN UP
NOW AND
SKATE FOR
FREE**

exclusive goalie

OFFER!

Contact Info

www.rollerhockeylethbridge.ca

info@rollerhockeylethbridge.ca





FOR ALL GRADE 9 - 12 STUDENTS

YOUTH NIGHTS

JOIN US: SUNDAYS
7:15 PM - 9:00 PM

HOSTED AT: ASSUMPTION HALL





FOR ALL GRADE 6 - 8 STUDENTS

YOUTH NIGHTS

JOIN US: WEDNESDAYS
6:15 PM - 7:30 PM

HOSTED AT: ST. MARTHA'S PARISH





"Share the Mission" Award CALL FOR NOMINATIONS

Recognizing Those Who Inspire – Nominate Someone Today!

Do you know someone who makes a difference in our school community? The **Share the Mission Award** is your opportunity to recognize those who go above and beyond to serve, lead, and inspire!

This prestigious award honors community members, parents, students, and school staff who:

- **Go the Extra Mile:** Provide outstanding service for our students, schools, and community.
- **Lead the Way:** Rise to challenges and set new standards for others to follow.
- **Strengthen our Faith:** Enhance the Catholic atmosphere of our schools and parishes.
- **Serve the Community:** Show exceptional leadership in community/parish organizations.
- **Embody our Mission:** Reflect the heart of the division in everything they do.

Nominations are open until **Friday, June 5, 2026**. If you know someone who deserves to be recognized, submit your nomination today! The recipient will be honored at the division's Opening Mass.

Nominate now! Use the [online nomination form](#) or if you have any questions, contact Rhonda Kawa at kawarh@holyspirit.ab.ca for more details.

Let's celebrate those who truly make a difference!

CELEBRATE our GIFT of the EUCHARIST
come WALK the streets WITH JESUS . . . as we Walk
and PRAY for PEACE



June 7, 2026 ~ Feast of Corpus Christi

“let us celebrate with particular devotion the Solemnity of Corpus Christi, with its traditional procession. Our faith in the God who took flesh in order to become our companion along the way needs to be everywhere proclaimed, especially in our streets and homes, as an expression of our grateful love and as an inexhaustible source of blessings”

Pope St. John Paul II 2005 Apostolic Letter Mane Nobiscum Domine

PARENTS AND STUDENTS OF HOLY SPIRIT SCHOOL DISTRICT

You and your families are invited to join us on this special day to walk in a procession as we bring the Holy Eucharist to the streets of Lethbridge.

This is a great way for the children and their families to profess their faith and belief in the Body, Blood, Soul and Divinity of our Lord, Jesus Christ. For many of us our memories of the special times in our church life are what helps keep our gift of faith during the times when we find it challenging. This is one of those occasions and this is our wish for you.

It is suggested that we wear white, or red (second choice) which represents the Body or the Blood of Christ. **School students are invited to wear any clothing that represents their CATHOLIC schools.** Younger children and Elementary school age children must be accompanied by a parent(s).

The procession is a reverent and respectful procession with joyful song and prayer as we process with the Monstrance we show our adoration for the Body of Christ in the Eucharist.

We leave from St. Basil's at 12 noon, after the 11:00 am Mass. The Eucharist is placed in the Monstrance, and then on the carrier. Those wishing to walk follow the procession moving south on 13th Street with a prayer stop at the corner of 2nd Avenue before continuing to CCH. You are invited to take turns carrying the carrier.

At Our Lady of Assumption procession begins with a prayer service at 11:45 am. Once the Monstrance is on the carrier we walk east to Mayor Magrath Drive, where we turn north. After a prayer stop at 8th Avenue we continue walking along Mayor Magrath to 6th Avenue, then we turn left and continue walking to 20th Street. We turn right at Ecole St. Mary's and continue until we reach CCH field.

You are invited to walk with us all the way (with the prayer stop it will take about 1 hour), or join us at one of the prayer stations. If you cannot walk join us at Catholic Central High School, East campus on the field.

At CCH we will have Benediction on the field, weather permitting. In bad weather we will gather in the cafeteria. This will be followed by a social lunch and a soccer game with Father Santiago (weather permitting).

There are three major processions in the life of the church, including Corpus Christi: the Sunday after Trinity Sunday when we remember the institution of the Eucharist at the Last Supper, Holy Thursday. A prominent aspect of this feast is the procession which is to follow the Mass...The procession should be seen as a public declaration of the parish community's faith.....Processions are a very important part of our Catholic identity. We are a pilgrim people on a journey, a journey of growth in faith and self-awareness. We are called to be followers of Jesus, to walk with Him.

For more information please go to the parish website – AllSaintsLethbridge.org



Neighbourhood Play Program

འཁྱེད་ཀྱི་སྐབས་ལྷན་སྐྱེད་པའི་ཁྱེད་ཀྱི་ཆུང་མ་ 6-12

६-१२ वर्षका लागि निःशुल्क गर्मी कार्यक्रम

برنامج صيفي مجاني للأعمار 12-6,

PROGRAMA DE VERANO GRATUITO PARA EDADES DE 6 A 12

LIBRENG PROGRAMA SA TAG-INIT PARA SA EDAD 6-12

PROGRAM ONLY AVAILABLE IN ENGLISH

WHAT IS THE NPP?

A free, outdoor, drop-in summer program for children ages 6-12 at various parks across the city!

WHEN DOES IT RUN?

JULY 2 - AUGUST 14

WHERE WILL IT BE HELD?

Dr. Probe School

Ecole Agnes Davidson

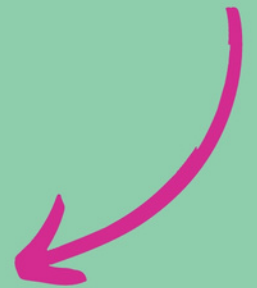
Nicholas Sheran

Dr. Robert Plaxton

Legacy Park

Senator Buchanan

LEARN MORE HERE



YWCALETHBRIDGE.COM

University of Lethbridge
Conservatory of Music

Wonderful Wizarding World Summer Camp

For Ages 8 – 12

Monday – Friday, 9 – 4 | Location: Casa (230 8 St S)
July 6 – 10 | July 13 – 17 | July 20–24 | July 27 – 31

Join us for a week-long wizarding world experience filled with creativity, laughter, and hands-on fun. Campers will craft their very own custom wands, compete in spellbinding wizard games, design imaginative creature companions, mix mysterious potions, and practice casting spells, all while discovering the magic of music woven into every enchanting activity. These camps disappear faster than a vanishing spell - **Register today!** →



Contact us:
E: music.conservatory@uleth.ca
T: 403-329-2304

Share Your Voice!

**Musical Theatre and
Recording Sessions**

August 10-14, 2026

AGES 9-12 (9 - 1 P.M.)

AGES 13-20 (1 - 5 P.M.)

5 days of intensive training,
lessons, workshops and
recording studio access.

Located at the U of L
Centre for the Arts



PHOTO BY STRUDELBRAND



MUSIC.CONSERVATORY@ULETH.CA
403-329-2304


MUSIC CONSERVATORY
UNIVERSITY OF LETHBRIDGE

How well can your child see?

You can't see the world through your child's eyes, but your optometrist can.

During your child's eye exam, your optometrist will assess:

- ★ Visual acuity (how well they can see)
- ★ Lazy eye, crossed eyes
- ★ Nearsightedness, farsightedness and astigmatism
- ★ Colour vision
- ★ Eye coordination, tracking and depth perception
- ★ Eye health

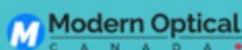
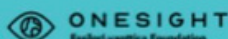
Kindergarten Students



For more information about
Eye See...Eye Learn™

contact Alberta Association of Optometrists
at 1-800-272-8843 or visit
optometrists.ab.ca/ESEL

EYEWEAR PARTNERS



Eye See...Eye Learn™ is funded in part by the Government of Alberta



optometrists.ab.ca/ESEL

Alberta Association of Optometrists



Your child's vision and eye health are essential.



Eye See...Eye Learn™

is a program that ensures children starting kindergarten have the vision they need. The Alberta Health Care Insurance Plan (AHCIP) provides partial coverage towards an annual eye exam for children under the age of 19. If required, kindergarten-aged students can also receive a free pair of eyeglasses through the Eye See...Eye Learn™ program.

How kindergarten-aged students participate*

STEP 1

Parents can find a participating optometrist at optometrists.ab.ca. Click on Find an Optometrist and check the box for Eye See...Eye Learn™, then enter your postal code to find a doctor close to you. Call or go online to book an appointment.

STEP 2

See your optometrist for the eye exam. Have your health card ready. Through Alberta Health Care, there is partial coverage towards your child's annual eye exam up to the age of 19.

STEP 3

If required, kindergarten-aged students will receive a free pair of eyeglasses. Ask to see the frame selection available. The optometrist will order your glasses for you.

*Free glasses are covered by a one year manufacturer's warranty.



Who can participate?

Eye See...Eye Learn™ is available to all kindergarten-aged students in Alberta. It's important to address eye health and vision problems before children begin school. Children are eligible to participate in the program from the July before they start kindergarten until August 31 of the next year before they enter Grade 1.

Eye exam coverage

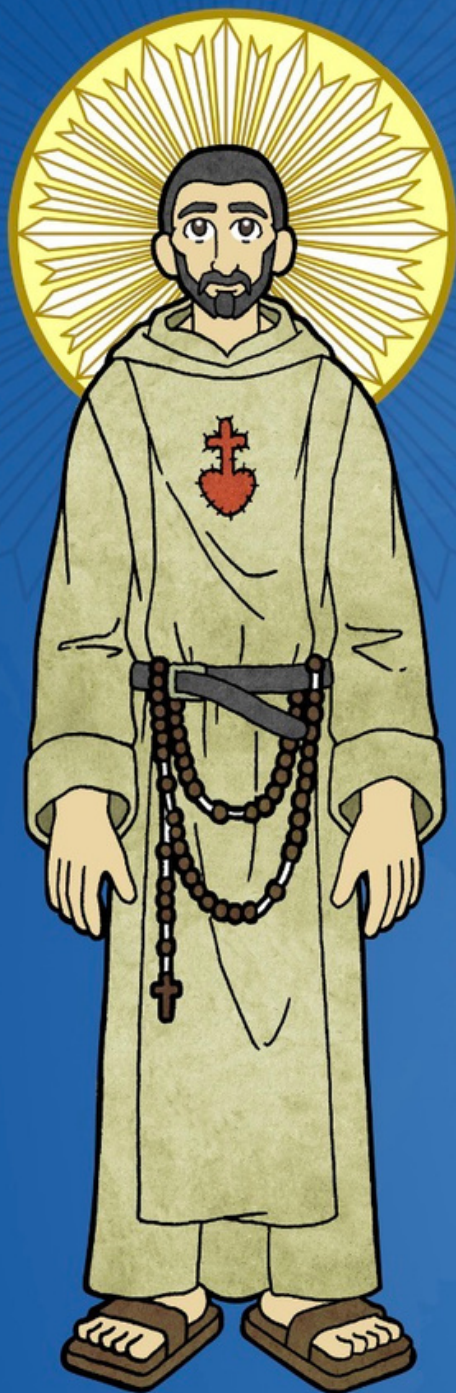
The Alberta Health Care Insurance Plan (AHCIP) provides partial coverage towards an annual eye exam for children under the age of 19. Eye exams are a painless, non-invasive process that could change their lives and help them reach their full learning potential.

Check with your optometrist to determine if there are any additional costs prior to your appointment.



Did you know?

- ★ Up to 80% of learning is visual.
- ★ 1 in 4 school-aged children has a vision problem.
- ★ An eye exam detects health problems such as crossed eyes or lazy eye.
- ★ Children with vision problems are often misdiagnosed as having learning or behavioural disabilities.
- ★ The earlier an eye health or visual problem is identified, the more likely it can be corrected and the less likely it is to impact learning.
- ★ Children often don't know they have a vision problem, as they believe what they are seeing is normal.
- ★ It is not uncommon for parents to believe they would know if their child has a vision problem. However, these issues can be hard to spot, particularly if there is a problem in only one of the eyes.



Open Wide the Doors!

Sent To Share Christ's Love

St. Charles de Foucauld

Feast Day: December 1

Father,

I abandon myself into your hands,
do with me what you will.

Whatever you may do, I thank you:

I am ready for all, I accept all.

Let only your will be done in me
and in all your creatures.

I wish no more than this, O Lord.

Into your hands, I commend my soul;

I offer it to you with all the love of my heart;
For I love you, Lord, and so need to give myself:

To surrender myself into your hands
without reserve and with boundless confidence.

For you are my Father.

St. Charles de Foucauld - Pray for us!



HONEST
ACCEPTING
WISE
KIND
SPIRITUAL

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	The most up to date events calendars can be found on our website: https://flvt.holyspirit.ab.ca/calendar The most up to date co curricular calendar can be found on our website Co-curricular Calendar Elementary Marathon Club				1 Choir Gr 4-6 11:30-12:30 Jr High Games Club 11:30-1:00	2
3 Shrek Dress Rhrs! CAST/CREW	4 May the 4th be with you Star Wars Day MAY THE 4TH BE WITH YOU Cheesy Garlic Fingers \$5	5 SHOWTIME! Elem. to attend Shrek the Musical @Yates Kona Ice 10-12:30pm KONA ICE Mini Pepperoni Pizza \$5	JH to attend Shrek the Musical @Yates Hats on for Mental Health HATS ON Marathon Club Donut Dash Mac and Cheese \$3 & Pulled Pork \$3	7 JH CommuniTEA 6L & 6W Field Trip to City Hall Chicken Burger \$5	8 Gr 6-9 Track Meet @UofL Choir Gr 4-6 11:30-12:30 Jr High Games Club 11:30-1:00	9
10 Mother's Day Happy Mother's Day Catholic Education Week	11 Cheesy Garlic Fingers \$5	12 School Council Meeting Mini Pepperoni Pizza \$5	13 Gr 6-9 Face2Face Half day Retreat JH Drama Club 4-5pm Chicken Nuggets \$5	14 Catholic Education Day - Wear Blue JH CommuniTEA Gr 6-7 Morning Orientation 9:15-11:15 Family Dance 6-8pm Chicken Burger \$5	15 Choir Gr 4-6 11:30-12:30 Jr High Games Club 11:30-1:00	16
17	18 Victoria Day No School No School	19 School PD Day No School No School	20 JH Drama Club 4-5pm Panago Pizza Fundraiser Night! Loaded Nachos \$5	21 Gr 9 ELA PAT Pt A Dress Up for World Day for Cultural Diversity JH CommuniTEA Chicken Burger \$5	22 Gr 6 LA PAT Pt A Choir Gr 4-6 11:30-12:30 Jr High Games Club 11:30-1:00	23
24	25 Last Session LSAA Gr 9 Track & Field @Uof L Cheesy Garlic Fingers \$5	26 LSAA Track Meet Gr 6-8 @UofL Gr 4 Field Trip to Fort Macleod Mini Pepperoni Pizza \$5	27 Kinders to Early Learning Centre 3-6pm Holy Spirit Board Meeting @CEC JH Drama Club 4-5pm Little Souls Race Day @Chinook at 6:10pm Taco in a bag \$6.50 PRE ORDER	28 Western Wear Day JH CommuniTEA Year-End Choir Concert @FLVT Gym 6:30-7:30 Chicken Burger \$5	29 Elem Marathon Club Colour Run at 11:25 AFTERSCHOOL Jr High Games Club 11:30-1:00	30
31						