

GRADE 7 OPTION COURSE DESCRIPTIONS:

Art 7:

Art 7 is designed to provide students with basics in compositional skills and elements of Art. This class will provide students with an introduction to the visual arts, as well as, experiences in creating 2-dimensional art. [Fee: \\$5](#)

Basketball 7:

This introductory basketball option allows students to familiarize themselves with the game of basketball. Athletes will work on skill development through drills, games, and an understanding of basic FIBA/LSAA rules. There will be cooperation, competition, challenge and fun!

Blackfoot 7:

Enhance your knowledge of Blackfoot language and culture! Students will learn about traditional and contemporary aspects of the Blackfoot culture including tribal territories, traditional meals, clothing, shelter, drumming, storytelling, singing and games.

Choir 7/8/9 (2 credit option):

Choir will **span 2 quarters** and is intended for anyone in grades 7,8 or 9 who is interested in singing, whether you think you can sing or not! Choir is a safe place to explore your voice and to tackle a wide range of repertoire that spans from classical to pop. Students will learn the fundamentals of singing through vocal warm-ups, harmony, ear-training exercises and singing a variety of compositions. The option will take place in quarter 2. Students will be **expected to attend after school practices** to polish their pieces for performance season. There will be an opportunity to go on a performance based choir trip. [Fee \\$25](#)

Computers 7:

Computers 7 explores the use, application and impact of technology on individuals and communities. Students will have the opportunity to hone a variety of practical skills. Google applications, email etiquette, typing skills, internet safety and digital citizenship are some of the topics that will be covered.

Drama 7:

Step into the spotlight and discover a whole new world in Introduction to Drama! Students will learn the basics of acting and character development through game play and interactive activities. They will explore different types of theatre including mime, tableaux, shadow theatre, improvisation and more. This course will be instrumental in developing self-confidence, public speaking skills, effective communication techniques and collaboration.

Food Basics 7:

Food Basics provides students with the skills and knowledge to plan, prepare, and cook a variety of meals, appetizers and desserts. Students will have the opportunity to practice kitchen safety and sanitation, become familiar with food preparation terms, demonstrate correct measurement techniques and create awesome dishes. [Fee \\$50](#)

French 7:

In this option, Grade 7 students will explore a number of topics through a series of authentic communicative activities involving listening, reading, writing and speaking. Students who take French will have the opportunity to go to Quebec in Grade 9!

Guitar 7:

Guitar is the number one instrument people around the world want to learn, for good reasons. It is affordable, portable, versatile and suitable for most genres of music. This course will cover guitar fundamentals, including chords, scales and proper playing techniques. All skill levels will be accommodated. [Fee \\$10](#)

Indoor Golf 7/8/9:

Improve your game, regardless of the weather! Students will be bussed to Drop Zone where they will augment their golf skills using simulators. They may also have the opportunity to try their hand at a round of mini golf! No previous golf experience is required. If you have clubs, please bring them. Fee: \$200 for golfing and transportation

Literacy Booster 7:

This option is intended for students entering Grade 7 who could benefit from honing their fundamental literacy skills in a fun and supportive environment. Reading, writing and word work will be the focus. Readers's theatre, reading circles, games and interactive activities will be used to promote literacy skill development.

Martial Arts 7/8/9:

Students will be transported by bus to The Progressive Fighting Academy where they will learn the fundamentals of Muay Thai and Jiu Jitsu. Students will work on many skills including sweeps, locks, holds and escapes ideal for self defence, empowerment or criminal justice career pathways. Athletic clothing is required. [Fee: \\$160](#)

Math Booster 7:

This option is intended for students entering Grade 7 who could benefit from honing their fundamental math skills in a fun and supportive environment. Drills, games, puzzles and challenges will be used to augment addition, subtraction, multiplication & division skills of students and set them up for success in standardized math classes.

Multisport 7:

Students will be provided with the opportunity to try a number of different sports. In addition to participating in the various sports, students will learn the rules, equipment, etiquette and safety required for each sport.

MVP Hockey 7/8/9 - (2 credit option):

This option is for grade 7,8 and 9 students and will span **two quarters**. It is intended to further augment the skills of competitive hockey players through drills and scrimmages. Students must have the full complement of equipment and be **registered in league play** outside the school setting. [Fee: \\$200 \(\\$100/quarter\)](#)

Soccer 7:

Successful soccer players possess a combination of physical and mental characteristics, including speed, strength, communication, technical skills, adaptability, and a positive mindset. Key aspects also include the ability to dribble, pass, receive, and shoot the ball with precision and control. If you are interested in developing as a soccer player, this option is for you!

Spanish 7:

The goal of this course is to provide students with a strong understanding of basic Spanish language skills. The class will focus on the four strands of language learning - reading, writing, speaking and understanding. Students will also be introduced to various aspects of culture in Spain and Spanish-speaking Latin American countries.

School Musical 7/8/9 (2 credit option):

Students in this option will perform in the school's spring musical production. Every student who wishes to be in the musical, will be given a role following tryouts. This option will **span two quarters** and include students from grades 7, 8 and 9. Students will rehearse for the musical, practicing vocals, acting and choreography. Students who take this course will also be **expected to attend after school practices** to prepare for their performances at the Yates Theatre. Fee discussed at the fall meeting.

Woodworking 7:

Students will have the opportunity to develop woodworking skills and to create wood-based projects. They will be taught to properly and safely use and care for woodworking machinery (machine and hand tools). Projects may include puzzles, woodburning, penny hockey tables and decorative objects. [Fee \\$20](#)