# HAWKS HUSTLE

**FLVT School Newspaper** 

•Many hands telling our story •

January 2023

### ZERO-COVID PROTESTS IN CHINA



Image of the protests.

### By Tyson W.

Recently, mass protests have erupted in China amidst the Zero-Covid policies which implicated heavy restrictions and mass quarantines. The protests started after multiple people were killed in an apartment fire which they could not escape due to Covid restrictions.

The protests are not only against the regulations but against the Chinese government as well. Currently, many cities in China are taking steps to de-escalate the situation by softening the Covid restrictions and increasing vaccination.

Protests aren't just over restrictions in the country, but also the mass-quarantining of certain zones over a small number of cases, which lead to the death of the apartment residents. There is also frustration from protesters over the new and very costly testing strategy, that is costing Beijing a rapidly increasing amount of money.

These factors, in combination, have fueled the protests to be more anti-government, where the citizens are calling for mass political reforms and some even demanded that the Chinese President, Xi Jinping, step down. These protests across China are the most widespread since the Tiananmen Square pro-democracy movement of 1989. The Chinese government is responding harshly and swiftly, deploying police at key protest sites, calling protesters to warn them, and increasing online censorship. At the moment, it seems more cities will soften their restrictions.

# FLVT Senior Boys Basketball

By Avery H., Zen K., Juan M., and Blake B.

Basketball season is here and students are back in action. The senior boys basketball team kicked off the season with a win against Kate Andrews High school. Noah Gruninger and Kyler Loman combined for 40 total points.

The team is hoping to win a championship because it's been a while since this has happened.

Parker Jans is excited because he

thinks the senior boys will win the Medicine Hat tournament. He says they will come back with gold.

Noah also thinks the team is going to win the Medicine Hat tournament; he hopes that he will at least drop 30 points against Taber, the first game. The athletes are excited and it looks like everyone is going in with confidence.

The team is ready for any challenge and we hope that they get some big wins this basketball season.



Image of Pablo H. and Kyler L. in a close game against Chinook. Photo credit to Iri J.



### Zombie Virus Revived by Scientists

By Jaweel Y.

In a lake in Russia, scientists revived a 48, 500 year old "zombie virus" that was found frozen in ice.

The French National Centre for Scientific Research have revived 13 never seen before viruses from the Siberian permafrost. The viruses were frozen in ice for tens of thousands of years. These viruses fall under different types of subtypes of viruses. For example, one of those viruses is called the *Pandoravirus Yedoma*, *also* known as "zombie virus", which falls under the *Pandoravirus* subtype. It's also one of the oldest and has broken the record for oldest virus, where the second oldest virus was discovered in 2013 by the same researchers.

Researcher Jean-Marie Alempic, who led the study for the zombie virus, says that the virus is still infectious after all those years, but only affects single-celled organisms and shouldn't be a threat to humans. Additionally, the crew who led the studies say that further work needs to be carried out in order to evaluate the risks that could lie ahead from the danger of the other viruses that they found in the permafrost.

The French National Centre for Scientific Research says that as the weather changes it can cause the frozen landscapes to melt and other unknown viruses might be uncovered from the permafrost. "Covid-like viruses may be more common in the future as more unrevealed viruses reveal themselves," scientists who were on the mission say.

As global climate temperatures rise, and ice continues thawing, many viruses or unknown phenomena may begin to show themselves. This may cause tremendous effects, leaving the world struggling to adapt and find answers.

Many people around the world may not have heard of this event, considering the fact that many people don't have access to social media, newspapers or media outlets. Even the people who have heard about the virus seemingly haven't taken it seriously. Around the world, people have been making memes and jokes about the zombie virus, or simply did not believe it. When it comes to these viruses you could say that more jokes have been made than reputable articles.

The discovery of this zombie virus is a major event because it could have a large effect on the globe from different sides, such as the global economy and World Health Organization. Events such as these make us wonder, *what else could be hidden under the permafrost?* 

### **ROBLOX GAME REVIEW**

By Ryder C., Owen B., David A., and Sebastian C.

Roblox, created by David Baszucki, is a free, online, multiplayer game that millions of people play. Nearly half the children around the world play Roblox.

Around 16 years old, Roblox makes millions of dollars a month because of advertisement revenue. You can even make your very own games on Roblox. The game even pays the players that make the mini game's on their app up to 500 million a year.

A positive of the game is that many people can enjoy the game and can make a lot of money by creating their own games within Roblox. You can also virtually play games with your friends and stay in contact with them by messaging them or voice chatting with them. They also have toys in the game that are interesting. One that is particularly fun is the bulderman toy. It has a hammer that is fun to use while playing the game.

Something to be mindful of when playing Roblox is that there are guns in this game, which may not be the best thing for young children. Another thing to consider is that you may not know who you are playing with. It is important to be safe while playing games online and to not share personal information or meet up with people you do not know. We suggest that you only play and interact with people you know in real life. This way, you can make sure that your Roblox experience is a safe one.

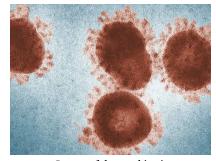


Image of the zombie virus.

### FIFA World Cup Qatar

### By Sebastian S. and Easton B.

The FIFA World Cup began in November and concluded December 18th. According to our polling sample, roughly 70% of FLVT students were watching and following the World Cup. We asked what each student's favourite World Cup soccer team was and the top picks were Canada, USA, Argentina, Japan and Brazil. Ultimately Argentina was the champion team, beating France in a close game, becoming the team to win the FIFA World Cup.

### The History of Basketball

### By Kunmi O. and Nun B.

Basketball was invented in Springfield, Massachusetts, United States in 1891. It was invented by a man named James Naismith. Naismith wanted to create a game that you can play in the gym during the winter. He placed two peach baskets that were hung from the gym balconies. The first basketballs were actually soccer balls until 1894, when actual basketballs were made by a bicycle manufacturing company. In 1906, people changed from using peach baskets to metal baskets with holes in the bottom. Holes were added so they could poke the balls out of the basket. Finally, in 1913, a hoop with a net was added so the basketball could flow freely to the ground. After the hoop was added, the ball could move faster and speed of the game increased to look more similar to it was today.





Image of the first basketball net. Photo credit to National Geographic.

### Influenza Virus

### By Amy N.

There are 4 types of influenza viruses, type A, B, C, and D. Usually type A and B viruses can cause seasonal epidemics of illness. Influenza A viruses are the only viruses known to commonly occur and cause flu pandemics, mostly global epidemics of flu and flu-like illnesses. This is usually known as the flu season and it occurs almost every winter in areas like Canada and the United States.

It is important to take cold and flu season seriously, encouraging hand-washing and proper hygiene. Margaret Chan, former Director-General of the World Health Organization, says "influenza [pandemic] must be taken seriously precisely because of their capacity to spread rapidly to every country in the world." Many people in our community and students in our school have recently called in sick, due to flu and other illnesses. Because of the many symptoms of type A and B influenza viruses, it can take about 5 days for a person to recover. For a younger child or person with a low immune system, symptoms may last longer, taking about 1-2 weeks for them to fully recuperate from leftover symptoms such as feeling weak and coughing. Usually, it takes about a week for the symptoms to start to kick in, so some people may be carrying it without even knowing. It will likely take the whole winter season for the whole influenza to clear out roundly.

In conclusion, it is important to take care of yourself and keep yourself healthy as best as you can. If you ever find yourself with cold or flu-like symptoms [fever or feeling feverish or chills, cough, sore throat, runny or stuffy nose, muscle or body aches, headaches, fatigue (tiredness)], you should probably stay home and rest, and avoid getting other people sick. Take care of yourself this winter season and stay safe.



Picture of flu shot

### **Taekwondo**

### By Hannah F.

Taekwondo was first developed in the 1940s and 1950s by multiple Korean martial artists. It is a mixture of various indigenous Korean fighting styles, with some other martial arts influences like karate, judo, and kung fu. Taekwondo is actually a combination of three Chinese/Korean words: "Tae" means to kick or jump; "kwon" means fist or hand, and "do" means "the way". Taken all together, the word taekwondo is sometimes loosely translated to "The Way of the Hand and Foot".

Choi Hong Hi, the South Korean army general who founded the International Taekwon-Do Federation, based many of the principles of the martial arts discipline on physics. For example, General Choi drew on Isaac Newton's (a famous scientist) laws of motion to determine that speed is more important than size when striking an opponent. Choi's "theory of power" is still important in taekwondo today.

Taekwondo is one of two martial arts sports that are in the Olympics! Taekwondo was featured in the opening ceremony of the 1988 Summer Olympics in Seoul, and in 2000, taekwondo became an official medal event.

As you continue the sport and move through the "grades" of taekwondo, you move through different belt colours. White is the first belt, signifying innocence and the newness to the sport. The highest rank of belt is a black belt, which shows you are a true student of taekwondo. Usually it takes around 3-4 months to move up a rank.

Taekwondo has many physical and mental benefits, including increased muscle strength, flexibility, concentration, and confidence. It can also help you better handle stress and improve respect towards peers, instructors and people outside of the sport as well. If you are looking for a new sport, taekwondo is a great option to improve not only your physical health, but also your mind!



#### By Lovaiah B.S.H.

The Nike Air Jordan 1 is the original and oldest Jordans ever made. The shoes were initially made only for Michael Jordan by Nike designer Peter Moore in 1984.

Today there are 35 different Air Jordan shoes available. This is not counting special collaborations, limited editions or retro versions of the shoe. It seems that there are Jordans for every style or event.

Jordans most popular Jordan shoe today is the Air Jordan 3 Fire Red. The level of nostalgia that the Air Jordan 3 Fire Reds delivers to the old sneaker generation, and introduces to the Gen Zs, easily makes this one of the top Jordan releases of this year. What makes them even more appealing is their accessibility.

A personal favorite Jordans is the Fire Red Jordan 4s because you can pair them with multiple 'fits such as some black jeans, a red BAPE sweater and a BB belt, or a red Nike Tech jacket.

Another favorite Jordans is the Air Jordan Cherry 11s. You may not be able to pair them with as many outfits as you could with the 4s but they are still fire. The colourway is just better than Jordan 4s and they are more simple and less dramatic, so could just pair them with something simple.



Image of some black belts.

WHITE	
YELLOW	
ORANGE	
GREEN	
PURPLE	
BLUE	
BLUE SR.	
BROWN	
BROWN SR.	
RED	
JR. BLAGK	PER INTERNAL
BLACK	

Image of the order of taekwondo belts. Most taekwondo schools use an order similar to above, but some schools use different variations. Photo credits to LawOfTheFist.



Image of the first Jordans. Photo credit to New Atlas.

### **Riddles**

### By Iri J. and Madison G.

The first riddle to ever be discovered was 4000 years ago. Riddles are often used for entertainment purposes and challenges. Now here are some riddles!

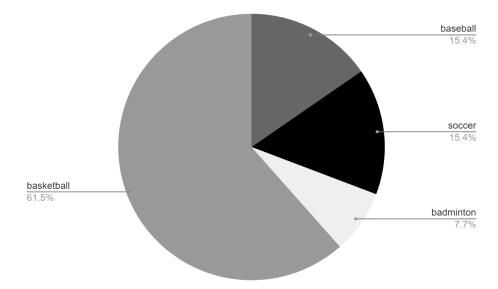
- 1. What is easier to get into then out of?
- 2. If you're running in a race and you pass the person in second place, what place are you in?
- 3. I'm taller when I'm younger, and shorter when I'm older. What am I?
- 4. Where does Thursday come after Friday?

Answers:

1. trouble, 2. second place, 3. a candle, 4. the dictionary

# What is your favourite sport?

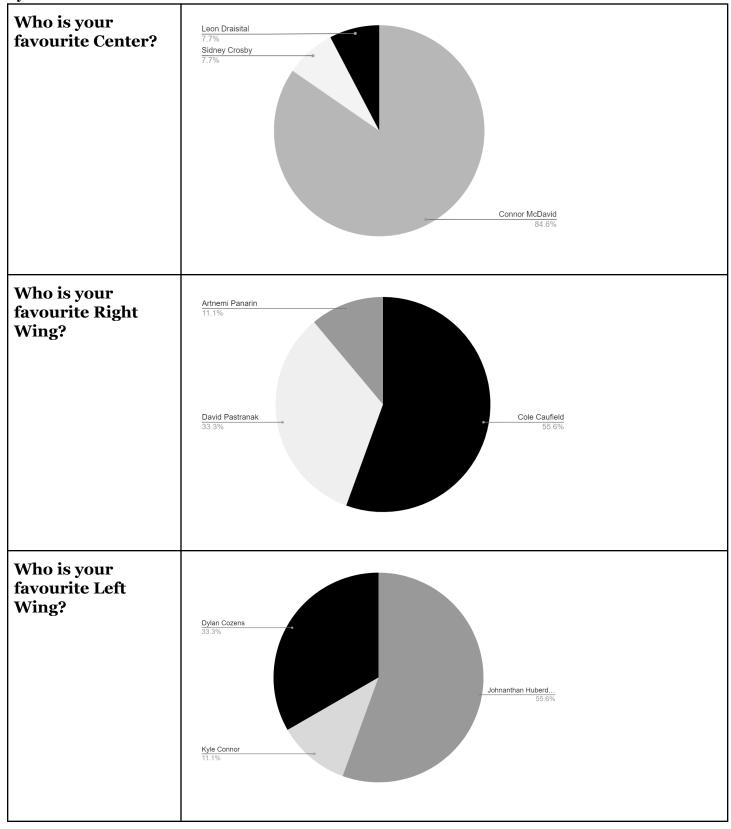
### By Asher H.

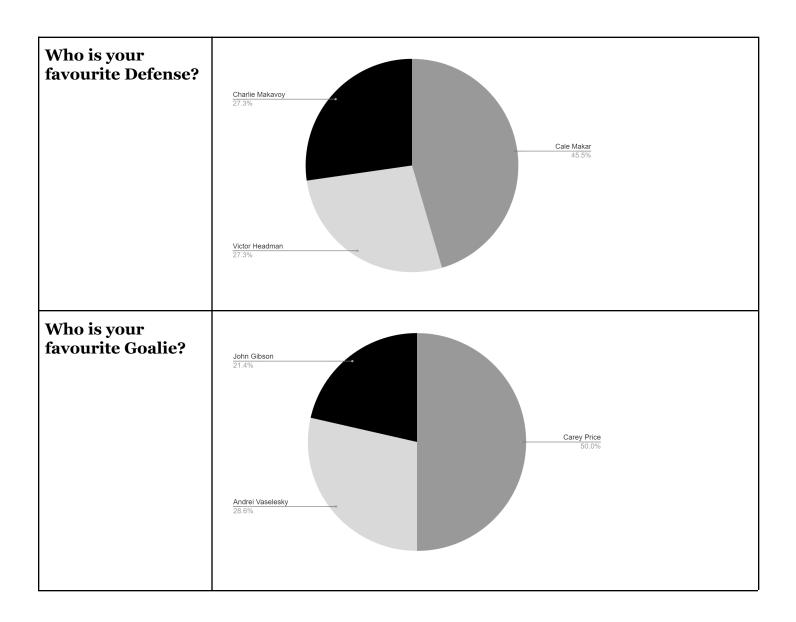




# Who is your favourite hockey player?

By Ethan V.





## Sports Trivia

By Nolan B.

### Question:1

What soccer team does Cristiano Ronaldo play for?

a. England b. Argentina

c. Portugal d.United States of America

### **Ouestion: 2**

What team won the last NBA championship?

a. Golden State Warriorsb. Toronto raptorsc. Los Angeles Lakersd. Brooklyn Nets

### **Question: 3**

Who is not on the Edmonton Oilers?

a. Connor McDavidb. Derek Ryanc. Klim Kostind. Auston Matthews

Answers:

Answer 1. Portugal, Answer 2. Golden State Warriors, Answer 3. Auston Matthews

## Airplane

By Sebastian S.





## **World Word Search**

Ν C F Η L Ε W 0 K R Α O R Α X S D K C Ε W M M Ε P P X C Ν G Α Ν Α Α Α N Ν R 1 Ν D M P L Ν K Α Α Н Α Y Z X I U Q M G R Q В R 0 S Y В U S O F Ε Ε Α D Q G Α W M Τ X Α C Α Ν Α Ν R D Ε Japan Rome Canada Nicaragua Niger USA Libya Spain France

Made by Luisa C.

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